AAC Committee Meeting

050526

8pm

Attendees

Sophie Owen - Chair
Katie Percival
Rob Harper
Chris Roberts
Chris Hodgson
Paula Bowen
Antonia Fan
Jo Shelmerdine
Matt Elkington
Cath Mussetti
Joe Fisher

3 Peaks Update – Cath M

Cath thanked the club for paying relay entries fees. Everyone loved being part of this event. Both teams did well with the men's team coming in 10th, and the women's team winning 1st place.

Eskdale Relays – Soph O

Bec Weir and Bobby GS will be captains this year. Entries are not open yet.

We note it's a good idea to have reserves on stand by for each team.

Socials – Katie P reads Helen H's notes

Overall, Helen has focused on keeping low costs and facilitating a good time for all.

Summer Social will take place Sat 22 August at Rydal Hall Barn, 6pm.

Cost: max £12 per head.

2-course meal via Wilfs outside catering. Veggie/vegan & meat options + pudding.

Drinks: BYO (alcohol & soft drinks)

Music: Playlist + Bluetooth speakers.

Accommodation: Camping available for members to book directly with Rydal Hall. £22.50pp/night. Campervan spaces available at nearby Crow How.

Location is well served by public transport

Bobby GS was nominated to make a playlist for the summer social.

Juniors will not join the summer social this year, it was difficult to organise a suitable date for a joint junior/senior social. We will look at putting this together for next year.

Christmas Social will take place on Fri 11 Dec at a venue in Ambleside

Food by Wilfs (different to summer social menu)

Live band + annual awards (incl. Red Flag)

BYO drinks

England Athletics Registration – Katie P

- We have 25 members affiliated to EA through AAC.
- Members can sign up and pay using a link.
- Anyone wanting EA affiliation can ask for this link.
- Members pay £23 fee directly to EA via stripe.
- No charge to AAC for this service.
- Less admin faff than the previous system

Comms – Joe F

Newsletter is being sent in two batches due to mailchimp limitations.

Social media posting is going well and being well received.

Website services page is live.

Jow will spend time further tidying up the website over the next couple months.

We have got rid of committee member individual email addresses from the website, instead there is one comms email address. This inbox is monitored by Joe, who will triage messages and forward to the right people.

Committee discussed should we display direct email addresses for welfare officers? At the moment, Joe monitors the comms inbox very frequently and will forward/ take action immediately should there be a welfare issue. Paula to think on this and we can change the system as needed.

Juniors – Paula B

Junior training averages 60 attendees weekly.

There is now no waiting list.

We have had some new parent volunteers and numbers are now looking strong.

Paula questions if we still need Sarah McCormack to sign off training plans, even if only small changes are made to existing plans. The answer is yes, all junior training plans must be signed off by a qualified Athletics Coach.

Some junior coaches and volunteers may be interested in undertaking a first aid course. Paula asked if the club is planning another course? Jo Shelmerdine answers, for races we don't need more first aiders so are not planning a course currently. Courses need 10-12 attendees to be viable. Chris H suggests a joint course with Keswick and Helm. Paula will find out how many junior coaches/volunteers want to do the course.

45 juniors competed in Kendal winter league, with 6 top 3 finishes.

AOB

Navgation training – Jo S

Jo is looking at times/dates to organise nav training. Jo suggests informal nav workshops in the summer, possible on Thursday evenings. Chris H will talk to Jo S about when this could start.

Club Holiday – Chris H and Soph O

We will go again in 2027 with a club trip. This will likely be a new location but possibly we could return to Calpe. A working group is putting together a plan for this

AOB – Chris H

Chris has arranged a social run with Helm Hill. Tuesday 2nd June from Staveley. There will also be a social run with with Keswick at some point over the summer.

Finances - Rob H

We have £3000 income from subs for 2026, this matches number of members.

Loughrigg Race may not break even, therefore the entry fee should be increased next year. SI or Sportsident cost is £5 per runner.

Chris H pointed out that entry numbers are down across races this year – nationwide, not just for our club. Race organisers should be mindful of this and the impact on race finances.

Next year's entry fees should be decided by Autumn to meet an FRA calendar deadline. Rob H will get details on loss/surplus and numbers from race organisers.

We will discuss race finances again in the September committee meeting.

AOB

Some members have not received a newsletter. Katie P will check SI Entries to make sure email addresses are up to date. Soph O will check with Andy Griffiths that the newsletter has been sent to all.

For the next committee meeting – we will use a google meet link to avoid the 45 minute limit on zoom meetings.

Meeting finished 9pm

Minutes taken by Katie Percival, Club Secretary