fra-results-deanbarwickdash2026

Competitor Name	Category	Club	Time
Zak Knill	MSEN	Ambleside AC	00:46:56
Felix Barker	MSEN	Ambleside AC	00:47:57
Tom Watt	MSEN	Ambleside AC	00:49:00
Matthew Clark	MSEN	Ambleside AC	00:51:59
Paul Upton	M40	Helm Hill	00:53:37
Will John Sisson	M40	Kendal AC	00:53:47
Chris Roberts	M40	Ambleside AC	00:53:53
Peter Rigby	M40	Helm Hill	00:54:35
Jonathan Coney	MSEN	Helm Hill	00:54:58
Chris Owens	MSEN	Ambleside AC	00:55:30
Alex De-Vito	MSEN	Ambleside AC	00:56:07
Rob Powell	M40	Bowland Fell Runners	00:56:50
Paul Riley	M40	Helm Hill	00:57:15
Katie Sandham	FU21	Ambleside AC	00:57:41
Rob Harper	M50	Ambleside AC	00:58:01
Matthew Rooke	MSEN	Black Combe Runners	00:58:21
Dan Bell	MSEN	Ambleside AC	00:58:38
Kelli Roberts	FSEN	Helm Hill	00:59:04
Phil Riley	M50	Helm Hill	00:59:27
Burgaliners	MSEN		00:59:39
Geoff Dawson	M60	Bowland Fell Runners	00:59:41
Matt Hoyle	MSEN	Lyon Equipment	0:59:45
Tim Lofthouse	M60	Bingley Harriers	01:00:13
Jack Robinson	MSEN	Ambleside AC	01:02:15
Hannah Thomas	FSEN	Ambleside AC	01:02:19
Sarah Sigsworth	FSEN	Ambleside AC	01:02:28
Chris Hemsley	M40	Helm Hill	01:04:04
Katrina Hemingway	FSEN	Ambleside AC	01:04:24
Paul Revell	M60	Howgill Harriers	01:04:47
Stephanie Crampin	FSEN	Ambleside AC	01:05:31
David Banks	M60	Ambleside AC	01:06:21
Sean Robinson	M40	Howgill Harriers	01:06:27

Shawn Jackson	M50	Altrincham	01:07:23
Suzanne Boughay	F50	Ambleside AC	01:07:26
Jim Tyson	M50	Ambleside AC	01:07:49
Peter German	M40	Helm Hill	01:08:09
Cillian Hennesey	MSEN		01:10:21
Bec Weir	F40	Ambleside AC	01:10:31
Pat McIver	M60	Howgill Harriers	01:10:52
Mark Braithwaite	M60	Ambleside AC	01:10:56
Jane Reedy	F50	Ambleside AC	01:11:34
Steve King	M50	Helm Hill	01:11:35
John Maddy	M40		01:11:45
Chris Moss	M40		01:11:50
Angie Hulley	F60	Ambleside AC	01:12:08
Chris Charwley	M50	Horwich RMIH	01:12:22
Rebekah Beadle	F60	Ambleside AC	01:13:19
Brooke Vaninsbergh	FSEN		01:13:46
Victoria Upton	F40	Helm Hill	01:13:59
David Bates	M60		01:15:17
Danyele le Mottee	FSEN		01:15:35
Suzanne Budgett	F60	Horwich RMIH	01:15:37
Michael Smith	M50	Dallam RC	01:15:56
Andrew Leach	MSEN	Howgill Harriers	01:16:16
Claire Wilson	F40	Helm Hill	01:16:27
Sophie Owen	FSEN	Ambleside AC	01:17:31
Anna Penn	FSEN		01:18:29
Don Kershaw	M70	Ambleside AC	01:19:37
Andy Dickinson	M60	Ambleside AC	01:20:23
Colin Valentine	M60	Keswick AC	01:21:07
John Gomersall	M70	Ambleside AC	01:21:49
Craig Partridge	M50	Ambleside AC	01:22:02
Angela Brand-Barker	F60	Helm Hill	01:22:20
Michael Jewell	M60	Black Combe Runners	01:23:37
Keith Butterworth	M60	Clayton-le-Moors Harrie	01:24:12
Susan Woods	F60	Ambleside AC	01:25:00

Zoe Robinson	F40	Howgill Harriers	01:25:57
Amy Turner	FSEN	Bowland Fell Runners	01:28:28
Stephen Murdoch	F60	Lonely Goat AC	01:32:04
Ffion Harris	FSEN		01:32:54
Lisa Whelter	F50		01:35:22
Sonja Vietoris	F60	Dallam RC	01:35:46
Denise Tunstall	F60	Dallam RC	01:38:20
Chris Roberts	M60	Black Combe Runners	01:53:36
David Wilson			DNF
Thomas Penn			DNF
Rachel Bates			DNF