

# Ambleside Athletic Club

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## Committee Meeting Minutes 5/9/2023

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The meeting started at 8.15pm with apologies from Ben, Jon, Cath, Antonia, Jack and Sara Mc.

Attendees were Chris H, Chris G, Helen, Dan, Joe, Paula and Jim Tyson. Krystal on video call.

1. **Relays.** We have already had accepted, FO, MO, FV40 MV40 categories. Ben has also applied for a further 6 teams in the second wave of applications, LV50, MV50, WO(B), MO(B), V60 Mixed and Mens C team.

It was agreed to have further discussions at a later date about future representation and how we decide what teams get entered. It will go on the AGM agenda and then at the June 24 committee meeting we decide which teams.

### 2. Race Safety & Emergencies.

- i. Guidance has now been put in place following a meeting with Ben, Dan, Chris H and the FRA...this is to help AAC RO's when organising out annual races. It has been kept to one side of A4 and a flow chart of actions to follow in an emergency for all the Marshals. It is clear, concise and hopefully leave no one in any doubt of what to do if an incident occurs. There will be laminated copies for marshals to take with them to their checkpoints... as well as new rain covers for mobile phones.
- ii. We will look to possibly have one or two 'Marshal' meetings a year and possibly a series of 'how to' videos for things such as how to use the race radios, emergencies and checking/counting runners.

### 3. RO's.

- i. Selwyn is stepping down from Blisco and 3 Shires after many years. Thanks Sel for a great job. Keeping Blisco in the family, Jack will take this on.
- ii. Dan is stepping in as RO for 2024 as a one off as Blisco will be a Championship race. Thanks Dan. Provisionally Sat 27<sup>th</sup> July 24.

iii. We need a new 'Team' for 3 Shires as there has been a few issues arising (parking and comms) so 2 or 3 people required rather than just 1. We need to decide on format/start/finish venue/parking/route to mention a few.

Joe Fisher has expressed an interest so far.

4. **Autumn Social....** All booked for Tuesday 24/10 at Force Forge Café. Usual format of 6pm run and food from 7.30pm onwards. £20 cost but Club agreed to subsidise £5 per head, so £15 for 2 courses to members.
5. **Xmas Bash....**all booked and deposit paid. Same venue as last year...Bowness Bay Brewery, Kendal, 9<sup>th</sup> December. £20 per person, but again Club will subsidise £10 per person.
6. **Membership.....**The Club has decided, with agreement from Krystal our Membership Secretary and Chris Giles, our Treasurer, that we are going to switch over to SI to manage our membership. This will hopefully make life a little easier in the long run with details cross referencing for SI managed events and England Athletics. Hopefully this will happen from 1/1/24. There is a fee for this approx. £330 per. There will be communication in the October newsletter to all members about cancelling old subs and how to do the new system. A follow up will be done for all those who don't open the email (Chris and Krystal can see who you are)!! Thanks Chris G and Krystal in advance, for a tough few months ahead!
7. **Media Role ...** Charlie is sadly stepping down from this due to other commitments taking up his time. Thank you for a truly brilliant job Charlie. Much appreciated. Krystal will be taking over the Newsletter, with the next on appearing end of October to cover Relays, Langdale and Shires results. Joe Fisher and Sam Green already do Instagram and Dan Bell Twitter. These will continue. Joe already manages an outward facing facebook page for the club and again, this will continue. Joe will also look to group the various Whatsapp groups under a 'Community' so easier for everyone to manage and all groups can be seen within the club.
8. **Juniors.....** We have 71 kids, 4 coaches, 50 kids regularly turn up each week, 22 under 9yrs, 28 under 11yrs, 17 under 13yrs, 10 under 15yrs, and 3 under 17yrs. Fantastic. We have 30 on the waiting list with 5 of those under 7yrs old. The coaches are stuck with taking 12 per group on training runs, but this feels like the right number. There are 5 people who have expressed an interest to be trained up to be coaches ...Jim Tyson, Jez Lefton (who has helped Michelle for some time already), Ian Penney, Jonathon Wren and Mark Taylor. All are parents with children attending. The Club will fund any through the

relevant coaching courses. Ideally we need more coaches but these 4 will give us one spare to cover holidays, absence etc. All courses are online at the moment, so much easier to arrange to attend online.

**AoB.**

Jim Tyson mentioned an exhibition next year at the Armit Museum called 'Running Int Fells' by Pete Todhunter. It was felt it would be good for AAC to contribute to this as a couple of other local clubs are also doing (Keswick and CFR). We will be asking people to seek any old club memorabilia/trophies/paperwork/photos etc for possible use in the exhibition. Jim T will liaise for the time being.

The meeting closed at 9.45pm.