

Ambleside Athletic Club

Committee Meeting Minutes 17/1/2023

The meeting started at 8pm with apologies from Antonia, Cath, Charlie, Dan and Sara Mc

1. **Transport & accommodation guidelines.** The club already has a policy in place for subsidising travel to British/English Champs races and the Relays. It was agreed that this will continue only if this is offered to all club members. Fuel costs for travelling in cars is not to be subsidised currently.
2. **Club equipment & lending out.** Again, policy in place and to continue. Loan of club equipment

Club equipment will be loaned out to any of the following:

- Any Ambleside organised club race or event
- Anyone outside the club who wishes to borrow gear for a fell running event
- Any AAC club member who wishes to borrow equipment for a personal social event
- A local charitable event

All such loans are subject to the agreement of the club committee. AAC will not loan or hire kit out to non-AAC members for social events. All AAC kit is loaned out on the basis it is returned in the same good condition it was taken, and immediately after it has been used.

3. **Women's Vets Team.** Chris H spoke to Cath to ask her if she is happy to be the Captain of all Lady Vets over 40, and not just those over 50. Cath has agreed to this for 2023 and will review at the end of the year
4. **40th Anniversary Celebration.** Agreed to repeat the route of the 25th anniversary, proposing Brathay as venue again. Helen H to gather a team of people to get this event sorted! Dates to be considered initially 8/7 and 24/6. HH to contact Brathay, or other possible venues if they are full.
5. **Xmas 2023 bash.** Sarah Mc reported that Hawkshead Brewery no longer offer this as an option so it was decided we would look at the same venue as 2022, but source different food options. Look at similar dates in December ie; Sat 9th December?

6. **Sedbergh Training.** This relates to an all round sports camp headed by former decathlete Dean Macey, based at Sedbergh School in the summer holidays. Previously we have subsidised 3 junior members. While agreed it ignites an interest and passion of sport in the younger members, it was felt it was not specific enough to 'fell running' for AAC to continue to offer subsidy going forwards
7. **EA requirements.** England Athletics now require all affiliated clubs to meet certain standards and have various policies and procedures in place. Chris H introduced the Constitution at the AGM in December which meets one of the 7 standards. HH has now taken over the Secretary role and driving forward the completion of the other 6 standards. It is a thankless task and takes hours of personal time. We are well on the way to meeting 3-4 of the standards, so please note, if you are asked for any info....a timely response would be appreciated. HH will circulate anything that needs to go to the wider membership, but if CH, CG & HH can sign any off, they will keep this away from everyone where possible, but it will all be visible on EA and our own website eventually.
8. **Broughton Runners.** CH & CG had a meeting with Richard Lecky-Thompson last December and agreed a way that Broughton Runners will operate as part of AAC. This includes RL-T joining the AAC committee and integrating finances (which has happened). They will run in AAC vests for XC and fell races. We are short of coaches/welfare officer for Broughton Runners. RLT is looking in to this.
9. **Update on new RO's.** Sophie Owen and Dan Bell confirmed to be looking after Wansfell from 2023. Fantastic news for Michelle and a huge thank you to her for her many years of organising it.
Shadow people in place for both Langdale and Fairfield races in 2023 with a view to be in place for leading 2024 events. Langdale = Hanno, Jo Shelmerdine and Tom Hare. Fairfield = Rob Harper & ?
10. **Facebook group.** We have 330 members yet 450 on the facebook page. It was agreed that on 1st April anyone who has not paid subs in the last 12 months will be removed. Deceased, resigned and friends and partners of members will also be removed. We will be left with only current members and parents of current junior members on our 'closed' facebook page.
11. **Juniors co-ordinator/leader.** Niki Rylance has decided to step down after many years of fantastic organisation, enthusiasm, leadership and general brilliance, from the Juniors. Chris H requested a special mention to thank Niki for all her

hard work and she very definitely has taken AAC Juniors to another level nationally and also International representation too. Well done and thanks Niki. We are now looking for replacement people to enlist as coaches of juniors as well as the admin side of the role. Kingsley and Sarah have offered to take on the paperwork side of things but there is still a need for more officials.

AoB.

1. Spring social booked at Wilfs, Staveley Mill Yard for Tuesday 28/3/23. Further details to come
2. Raynet have confirmed from 2023, they are happy and available to take on Three Shires Race (this is our only big race they didn't already cover). Agreed with Selwyn
3. SI entries have been contacted with a view to administering our membership. CG has contacted them and the cost is 5% plus vat of membership fee, with a minimum of £1 plus vat per paid member. We will be looking in to this further this year as 2023 is already taken care of. Possibly look to have automated membership in place for Jan 2024. Other providers are available! Helm H and Keswick use SI already.

The meeting closed at 9.30pm.