

Ambleside Athletic Club

AGM Minutes 6/12/2022

The meeting started at 8pm (after some excellent pizza's, thanks to Ben Ab for sorting) with 37 members present.

1. **Chairperson's report (Dan):** in his last Chairperson's report Dan commented how much the club has grown since he took over as Chair, even without us seeking new members we have doubled in the last 5 yrs. He thinks the club is in an excellent place. The social highlight of the year was definitely the Bell / Holcroft BG relay, which was a huge club effort and a fantastic occasion for the club to remember two much loved members.

Dan felt that communicating to all our members was a difficult task, but with much effort from the committee felt as if we were now managing to reach most members. He also thanked the Committee for their considerable work behind the scenes. Chris Hodgson thanked Dan for his fantastic 4yrs as Chair.

2. **Treasurers report and annual accounts (Chris G):** the club is in an excellent position financially with funds of close to £20,000. Our biggest expenditure was the Bell / Holcroft relay which we funded entirely by the club at a cost of £2,862. Funds generated are mainly from our growing membership base and from the races that we organise. The intention is 2022/3 is to spend some of our funds in support of club events and activities.

3. **Membership Secretary's update:** in Krystal's absence (illness) Dan reported that we now have 334 members and in the last 12 months have had a further 60 new members join us. Of our 334 members 102 are female.

4. **Agreement of membership fees:** membership fees for 2022-3 were kept at the same levels:
 - a. Adults 18-23yrs FREE
 - b. Adults over 24yrs £10
 - c. Juniors pay £1 for each training session they attend but receive free refreshments and club colours (vests etc).

5. **Club Captain's updates:**

- a. **Antonia Fan** reported on a hugely successful year for our Senior women; highlights included the Relay victories at the Hodgson Relay and British Relay Champs, and terrific individual achievements of runners such as Scout Adkin and Sarah McCormack at the World Champs as well as Lou

Osborne (Vets Champ). Antonia also reported on the progression of Juniors Chole & Sophie Rylance into the adult age group and teams.

- b. **Cath Musetti** gave a summary of the Vets50+ women's participation including the highlight of the British Relay Champs
- c. **Tom Simpson** (in Jack's absence) reported on a successful year for the Senior Men including Matt Elkington becoming English Fell Running Champion. He suggested the Senior men might look to participate in Champs races more in 2023. Ben Abdelnoor also reported on the success of our AAC men in the Lakes Classic series. The success of Jon Deegan in the V55 category should also be celebrated.

6. **Social Secretary update:** In Sarah Mc's absence, Sarah was praised by Dan and the members for her organisation of a series of great club socials, including the upcoming Xmas Dinner & Awards night.

7. Report from Training groups

- a. **John Gomersal** gave a summary of the incredibly well supported Tues/Fri morning running groups who regularly have 20+ runners out. He did feel that the Committee needed to consider which teams we enter at Relay Champs in more detail.

8. **Club Constitution (Chris H):** Chris did a summary of why the Committee felt that now was the right time to have a Constitution and emphasised how the Committee were adamant this would not change how we run the club on a day-to-day basis. The Constitution was passed unanimously.

9. **Club Champs (John G):** the 2022 Club Champs were supported fantastically by club members, with an incredible 123 runners participated. Awards will be presented at the up-coming Xmas Dinner. The first few races for 2023 have already been scheduled:

Jan 14th SOB (Kong Winter Series)

Feb 5th Loughrigg / Silver How (Club event)

March 12th Carrock Fell

April 12th Loughrigg Orienteering (Club event)

10. **Club 40th anniversary celebration (Chris H):** 2023 marks the 40th anniversary of our club and the intention is to have a significant event to celebrate this achievement. The plan is to have a full day in the summer, based around Brathay, and encompassing the Rothay Round running route that the club devised a number of years ago. The day will allow the participation of juniors

and seniors alike and include a big social event similar to 2022. The Committee will discuss this in early 2023 and set a date.

11. **Club Achievement Awards (Jane R):** With the help of Tom, Jane is to send out a Google poll allowing all members to vote for this year's Club Achievement Awards (note from Chris - this was sent out the day after the AGM). Prizes will be presented at the Club Xmas dinner.
12. **Langdale & Fairfield Race Organisers (Dan):** as he will be standing down as RO for Langdale Horseshoe after the 2023 race we will need a new race organiser. The same applies to Fairfield where Jon Deegan will be stepping down as RO; Rob Harper has indicated he will take over for Fairfield for which we are hugely grateful.
13. **Junior report (Niki R):** Niki reported on the growth of our Junior section where we have a large number of 7-12 yr olds in the club (and a waiting list of around 15 to join). The Coaches who organise Junior training do a fantastic job, although Niki also feels the need for more Seniors to get involved both with Coaching and also to provide the a 'bridge' for older Juniors to move up into Seniors. The Junior section also had a fantastic presentation evening in December.
14. **Election of committee members:** the following members were elected for 2023
 - a. Chairperson – Chris Hodgson
 - b. Secretary – Helen Holcroft
 - c. Ladies Team Captain – Antonia Fan
 - d. Welfare Officer (Adult) – Dan Duxbury

15. AOB

- a. **Membership Data – Chris G** requested all club members to make sure that their personal details (address / tel number / e-mail) were kept up-to-date so we are able to contact all members. Message Krystal with your up-dated info amblesidemembershipsecretary@gmail.com
- b. **Niki R** brought up the fact that SLDC are now asking for detailed Event Management Plans for any event taking place in Rothay Park.
- c. **John D** asked whether the club would be prepared to help Vic Williamson organise Sedbergh race by providing marshals. Given the race is close to many other AAC organised races, we decided to leave this up to individuals rather than officially support it as a club.

The meeting closed just before 9pm.