

RYDAL ROUND 2022 RESULTS

1	Ricky Lightfoot	Ellenborough	M	1:23:16
2	Tom Simpson	Ambleside AC	M	1:23:24
3	Steve Jacques	U/A	M40	1:27:13
4	Andrew Worster	Calder Valley	M	1:28:02
5	Sean Leckey	Ambleside AC	M	1:28:32
6	Harry Stainton	Black Coombe	M	1:28:33
7	Josh Hartley	Black Coombe	M	1:28:37
8	Tom Watt	Ambleside AC	M	1:32:08
9	Runar Saether	East Hull Harriers	M40	1:35:42
10	Julian Hood	Skipton AC	M40	1:35:50
11	Andrew Jebb	Bingley	M40	1:36:29
12	Ben Oldham	Leven Valley	M40	1:37:17
13	James Titmuss	Horwich	M40	1:37:42
14	Mike Barron	Ambleside AC	M	1:37:53
15	Ben Timbens	KCAC	M40	1:37:58
16	Charlie McIntosh	Pudsey & Bram	M50	1:38:17
17	Matt Clark	Ambleside AC	M	1:38:24
18	Spencer Riley	Ambleside AC	M40	1:39:22
19	Jack Wood	Ilkley	M	1:39:23
20	John Horrocks	Blackburn H	M	1:40:03
21	SOPHIE LIKEMAN	Cumberland	F	1:40:28
22	Robert Short	Ambleside AC	M	1:41:08
23	Tom Carthey	Freedom Racing	M	1:41:20
24	Steven Paterson	U/A	M50	1:41:54
25	Tom Bush	Pennine	M40	1:41:59
26	Mark Horrocks	Barlick	M50	1:42:04
27	Mark Crabtree	Kent AC	M40	1:42:11
28	Alex Newcome	U/A	M	1:42:26
29	William Sisson	Kendal AAC	M	1:42:30

30	Stephen Smithies	Calder Valley	M50	1:43:03
31	LOU OSBORN	Ambleside AC	F50	1:43:12
32	Dan Warmsley	Highland Hill	M40	1:44:40
33	Matthew Seddon	Pudsey & Bramley	M	1:48:12
34	Tom Smith	Bowland	M50	1:49:09
35	John Bell	Levens Valley	M	1:49:16
36	Calvin Routledge	Ambleside AC	M50	1:49:30
37	Mick Dobson	Trawden AC	M50	1:50:59
38	Neil Hardiman	Clayton	M50	1:51:03
39	Phillip Thompson	Derby	M	1:51:05
40	Neil Ashcroft	Ambleside AC	M50	1:51:11
41	Phillip Pearson	Northern Fells	M60	1:52:53
42	Matt Bourne	Bowland	M50	1:52:41
43	Paul Crabtree	Bingley Harriers	M50	1:53:01
44	Darren Fishwick	Chorley	M50	1:53:08
45	RUTH THACKRAY	Bingley Harriers	F50	1:53:09
46	Andy Gibbons	U/A	M40	1:53:10
47	John Haines	Belle Vue	M40	1:53:40
48	POPPY COOKE	Ackworth RR	F	1:56:10
49	Mark Coffey	U/A	M50	1:56:44
50	Steve Angus	Keswick AC	M50	1:56:55
51	Roger Laycock	Settle Harriers	M60	1:57:55
52	David Pakington	Preston Harriers	M50	1:59:05
53	Andrew Smith	Barlick	M50	1:59:50
54	Ian Cooke	U/A	M50	2:02:18
55	Neil Weightman	Northern Fells	M50	2:02:20
56	Andy Holden	Achille Ratti	M50	2:02:38
57	SARAH ACEY	Ponteland	F	2:04:46
58	Robert Allinson	Badgers	F40	2:10:30
71	David Gill	Redcar	M40	2:04:58
59	Nathaniel Stamm	U/A	M	2:05:30

60	KATIE PERCIVAL	Ambleside AC	F	2:06:18
61	Ian Whalley	Stadium Runners	M	2:06:19
62	Graham Britton	U/A	M60	2:06:53
63	Jonny Holdsbrough	Rippon	M	2:06:54
64	Paul Simpson	Ambleside AC	M50	2:07:20
65	BELINDA BAQUERO	Pudsey & Bramley	F	2:07:26
66	Jon Dixon	U/A	M	2:07:39
67	Jon Underwood	Calder Valley	M50	2:07:49
68	DAWN HOSKING	Durham	F40	2:09:37
69	Scott Palmer	Ryedale Tri	M40	2:10:21
70	ELEANOR FOWLER	Denby Dale	M60	2:11:04
72	JUDE DARISALA	Penistone FPR	F50	2:11:32
73	Eric Fowler	Badgers	M50	2:11:42
74	BARBARA SAVAGE	Clayton	F50	2:12:18
75	Bill Beckett	Chorley	M50	2:13:14
76	Martin Farrar	Wharfdale	M50	2:14:15
77	LUCY MALLINSON	Wharfdale	F40	2:15:06
78	John Orrell	FRA	M50	2:15:07
79	Stuart Musson	U/A	M40	2:15:15
80	Johnathon Gibson	Wharfdale	M50	2:18:13
81	John Birkett	Ambleside AC	M60	2:19:29
82	MILLIE HINDLE	U/A	F	2:19:32
83	Dan Miller	Billinge	M	2:22:59
84	Robert Miller	U/A	M	2:22:59
85	Ben Gent	U/A	M40	2:23:13
86	WENDY DODDS	Dallam	F70	2:23:43
87	Don Kershaw	U/A	M60	2:23:56
88	Morgan Neagle	U/A	M	2:27:07
89	Allan Miller	U/A	M60	2:27:16
90	Andrew Walmsley	U/A	M60	2:28:42
91	Keith Masser	Helm Hill	M60	2:29:01

92	Ian Greenfield	Athletic V HK	M40	2:29:47
93	Andrew Turner	Ambleside AC	M60	2:30:20
94	Graham Kenealy	Ambleside AC	M60	2:30:21
95	DENISE TURNSTALL	Durham	F50	2:30:25
96	Brent Lindsay	Penistone FPR	M60	2:31:27
97	Peter Murray	York	M50	2:32:54
98	Nick Harris	Rosendale	M70	2:33:19
99	CARON CRABTREE	Bingley Harriers M40		2:35:04
100	WENDY BIRKETT	Ambleside AC	F60	2:47:49
101	Eddie Dealtry	Kendal AAC	M70	2:53:12
102	Antonio Cardinale	Otley AC	M70	RTD