

Ambleside AC committee meeting: Tuesday 6th September 2022 @ 8pm

Present: Dan Dux (Chair), Chris H (minutes), Chris G, Cath M, Krystal G, Charlie D, Jack W, Spencer R, Niki R, John G, Ben Ab

1. Relay Teams, transport & accommodation

The club will be paying for all club relay entries at the Hodgson and the British Relays. The club will also help finance minibuss costs (hire costs but not petrol / accommodation). Full details on club funding here:

<https://www.amblesideac.org.uk/members/ambleside-ac-financial-guidance/>

Request to Club Captains to circulate acceptance / refusal of team entries ASAP and also inform selected club runners, so that everybody can make their weekend arrangements.

2. Club vests

Decision was made that an on-going relationship with Pete Bland Sports was preferred, but only if they are able to guarantee both quality AND continuous availability of vests. **Cath M** to draft a note to Matt Bland in this regard (Dan to approve). If PBS cannot guarantee these two things, we will use the alternative supplier.

3. Loan of club equipment

Club equipment will be loaned out on the following basis:

- Any Ambleside organised club race or event
- Anyone outside the club who wishes to borrow gear for a fellrunning event
- Any AAC club member who wishes to borrow equipment for a personal social event

We will not loan or hire kit out to non-AAC members for social events.

All AAC kit is loaned out on the basis it is returned in the same good condition it was taken, and immediately after it has been used.

We also agreed to pay Raynet to service our club radios once a year.

4. Autumn social

Sarah Mc – please can we arrange this for 18th October at Wilfs if possible? We'll do an early 6pm run, shorter than normal, followed by food & drink (like the Spring bash).

Chris G / Michelle – please change club runs over from 11th and 18th October on TeamUp App and also club website.

5. Christmas do & presentation evening

Sarah Mc / Cath M / Jane R and Jack W to coordinate a 'new look' awards evening with new awards on top of existing ones.

Sarah Mc – please try and book Hawkshead Brewery at Staveley for Sat 3rd or Sat 10th December if available. Otherwise, we will discuss other possibilities.

6. Ambleside AC 40th Anniversary bash for summer 2023.

We've agreed to hold a full day event, hopefully based on Brathay grounds again, to celebrate our 40th anniversary. The event will include a fixed course (to be run as an individual or as a relay) around the 'Rothay Watershed' route that we also used for the clubs 25th(?) anniversary. Date tbc when we know the 2023 race calendar.

7. Winter training plan

Michelle has agreed to coordinate the Tuesday evening winter training plan from Ambleside. **Jack W** to also ask Ben Riddle if he wants to organise the Senior Thursday evening track sessions in Windermere. **Niki R** to send contact details across to Jack.

Juniors are concentrating on Ambleside this year and may not require use of track.

8. Club Constitution & Club Policies

These are increasingly required for clubs as part of the registration scheme with England Athletics. We are clear these will not affect the 'informal' nature of our wonderful fellrunning club, and most members will not notice they have been done. But they will offer some protection to club officers, and also to members if grievances or unfair treatment occurs. **Chris H** is to coordinate by end-March 2023 with help of **Chris G**.

9. Guide for AAC Race Organisers

Dan will issue this informal guide for all our cub RO's to use at AAC races in 2023.

10. 1st Aid cover at AAC races

Dave Higson is no longer available to cover First Aid at AAC races so we will need alternative cover for our 2023 races. We might be able to resource this within our club as all AAC Coaches are all 1st Aid trained.

11. AGM and Kirkstone Handicap

22nd November – Club Champs uphill Kirkstone Handicap (29th Nov as a back-up date in case of bad weather)

6th December – Club AGM. Niki to book Ambleside Parish Centre (done for 7-10pm). Ben Ab to book pizza's. Club run to take place at 6pm that day, Pizza's from 7.30pm, AGM 8pm (exact timings might change).