Table 1

	Competitor	Category	Club	Time	
1	George Foster	M	Ambleside AC	01:34:46	
2	Matthew Atkinson	M	Keswick AC	01:43:04	
3	Tom Simpson	M	Ambleside AC	01:43:45	
4	Tom Day	M	Keswick AC	01:43:53	
5	James Harris	M	Ambleside AC	01:50:34	
6	Ian Ridgeway	M		01:53:49	
7	Ross Litherland	M45	Pennine Fell Runners	01:54:41	
8	Thomas Dobbing	M	Durham Fell Runners	01:56:44	
9	Jack McAtear	M		01:56:58	
10	Sean Leckey	M	Ambleside AC	01:57:35	
11	Robert Green	M	Achille Ratti	01:57:52	
12	Bryony Halcrow	F	Ambleside AC	01:59:42	
13	Chris Jackson	M	Glossopdale Harriers	02:00:50	
14	Jamie Lawler	M40	Keswick AC	02:01:30	
15	Rob Harper	M50	Ambleside AC	02:02:02	
16	Christopher Balderson	M55	Bowland Fell Runners	02:03:14	
17	Mike Harrison	M50	Cumberland Fell Runners	02:03:19	
18	Darren Fishwick	M50	Chorley Athletic And Triathlon Club	02:03:35	
19	Robert Henderson	M40	Saltaire Striders	02:03:44	
20	John Duff	M50	Northumberland Fell Runners	02:04:39	
21	Joe Rigby	M		02:06:41	
22	David Wilson	M55	Bowland Fell Runners	02:07:15	

23	**Mick Procter**	M55	Clayton-le-Moors Harriers	02:07:33	
24	**Craig Smith**	M50	Keswick AC	02:07:48	
25	**Matt Dunn**	M50	Holcombe Harriers	02:07:55	
26	**Katherine Klunder**	F	Chorley Athletic And Triathlon Club	02:12:55	
27	**David Ryder**	M45	FRA	02:12:58	
28	**Roger Laycock**	M60	Settle Harriers	02:13:18	
29	**Matt Neale**	M45		02:13:20	
30	**Jim Evans**	M50	Ambleside AC	02:13:43	
31	**Dominic Hoare**	M45	Bowland Fell Runners	02:15:14	
32	**Leigh Warburton**	M60	Bowland Fell Runners	02:16:43	
33	**Ian Stephenson**	M60	Ambleside AC	02:17:03	
34	**Ian Horne**	M55	Eden Runners	02:17:30	
35	**Tim Reid**	M	Cumberland Fell Runners	02:17:44	
36	**Michelle Foxwell**	F45	Ambleside AC	02:20:23	
37	**Nick Sebley**	M60	Black Combe Runners	02:20:25	
38	**Rob Harper**	M40	Manchester Triathlon Club	02:20:57	
39	**Richard Tunnicliffe**	M40		02:21:41	
40	**Bill Beckett**	M55	Chorley Athletic And Triathlon Club	02:22:25	
41	**Paul Jennings**	M55	Cumberland Fell Runners	02:25:47	
42	**Andy Poole**	M55	Saddleworth Runners Club	02:26:54	
43	**Nina Mason**	F45	Elvet Striders	02:27:35	
44	**Sean Prendiville**	M		02:28:17	

45	**Brian Thompson**	M55	Cumberland Fell Runners	02:28:41	
46	**Darren Parker**	M55	Cumberland Fell Runners	02:29:49	
47	**Albert Sunter**	M60	Lostock AC	02:33:05	
48	**Toney Donnelly**	M40	Lostock AC	02:33:06	
49	**Paul Simpson**	M55	Ambleside AC	02:33:09	
50	**Jane Reedy**	F45	Ambleside AC	02:33:16	
51	**Josie Greenhalgh**	F45	Lostock AC	02:33:25	
52	**Emily Chaplais**	F	Hillsborough & Rivelin Running Club	02:35:39	
53	**Andrew Mcfarlane**	M50	Rossendale Harriers & AC	02:36:32	
54	**Les Barker**	M50	Cumberland Fell Runners	02:36:41	
55	**Jo Simpson**	F	Ambleside AC	02:36:58	
56	**Wendy Dodds**	F70	Dallam Running Club	02:40:53	
57	**Nigel Braithwaite**	M50	Eden Runners	02:43:26	
58	**Mark Shuttleworth**	M50	Lostock AC	02:43:53	
59	**Dave Kirby**	M	DH Runners	02:45:06	
60	**Tony Marlow**	M55	Lostock AC	02:45:14	
61	**Ann Cummings**	F60	Cumberland Fell Runners	02:45:16	
62	**Steven Breeze**	M50	Cumberland Fell Runners	02:45:30	
63	**Stephen Baker**	M60	Chorley Athletic And Triathlon Club	02:45:33	
64	**Martin Quinn**	M45	Chorley Athletic And Triathlon Club	02:45:36	
65	**Stephen Forster**	M50	Wharfedale Harriers	02:45:39	
66	**Eddie Lesniak**	M65	Achille Ratti	02:45:43	

67	**Andrew Turner**	M60	Ambleside AC	02:49:33	
68	**Jonathan Tombs**	M50	Eden Runners	02:51:54	
69	**Gary Bastow**	M60	Ripon Runners	02:52:39	
70	**Peter Murray**	M50	York Acorn Running Club	02:54:51	
71	**Tom Partington**	M	Keswick AC	02:55:18	
72	**Lesley Malarkey**	F70	Keswick AC	02:57:16	
73	**Nick Moore**	M60	Cumberland Fell Runners	03:03:00	
74	**Andy Ginty**	M50	Lostock AC	03:05:47	
75	**Alison Wright**	F55	Cumberland Fell Runners	03:08:17	
76	**May Crawford**	F40	Helm Hill Runners	03:10:20	
77	**Robert Crawford**	M45	Howgill Harriers	03:10:22	
78	**Nigel Coe**	M65	Ambleside AC	03:13:43	
79	**Eddie Dealtry**	M70	Kendal Amateur Athletic Club	03:20:12	
	Dave Baglee	M55	Eden Runners	Dnf	