

Ambleside AC Committee Meeting: Tuesday 11th Feb 2020 Minutes

Present: Dan Duxbury; Jack Wright; Sarah McCormack; Bryony Halcrow; Tom Simpson; Harry Shuell; Chris Hodgson; Jim Tyson; John Gomersall; Jim Evans; Roger Bell; Cath Musetti; Michelle Foxwell; Ben Abdelnoor; Chris Giles; Eleanor Knowles (taking notes in Paul's absence)
Apologies: Paul Knowles

1. **Nav course:** there's still spaces.
2. **Training courses for junior coaches:** agreement on offering 3 places on the Level 2 course in the first instance to Libby Dixon, Paula Bowen and Michelle Foxwell who have all expressed interest and are committed coaches over many years. The cost is £260 per head. Eleanor to contact Libby and Paula.
3. **New V40 men's captain:** Dan will sound out Tom Gibbs about V40 captain (Gary Thorpe as V50 captain?)
4. **Relays coordinators:** Men /ladies captains will organise the main teams for relays. Paul Knowles and Paul Simpson will be approached to join a group with Jack and Sarah to consult on criteria for team selection. The group to also include Harry Shuell and Briony, and be open to all others who are interested. The group should come back to the committee with some options for how runners should be selected for relay teams.
5. **World Youth Cup 2020:** Courses for the Youth Cup have been agreed by Sarah Rowell. A schedule for the weekend (20th June) has been agreed and published (see website www.amblesideyouthcup.com)

It is a full weekend celebration of fell running, including procession to open the event on Friday early evening followed by a Wansfell uphill race; FRA Junior Champs race on Todd Crag Saturday morning; World Youth Cup races for U18s on Saturday afternoon; Loughrigg Silver Howe Chase on Sunday.

6. **First Aid at races:** Dave Higson (ex paramedic) has agreed to provide cover at most of our races this year, in return for a voluntary donation. As this is not a professional agreement (like St John's etc) Dave does not come with his own gear but the club has invested in kit required, and provides space at each event for him to work. This creates a little extra work in arranging adequate space and shelter for Dave, but is easier and cheaper than purchasing professional providers.

7. Club Communications:

Website –new plan is needed for redesigning our website (Chris Giles to collate ideas for new plan).

Once agreed on a new plan, we will outsource building a new website .

Facebook member page – we discussed the issue of non-members being on the Facebook page. Chris H and Tom S will test the settings and ensure no-one else is able to add members to this group. We will then remove non-members from the page.

Facebook public page – we will delete it.

Instagram – We agreed Instagram is good for photos and thus good for promoting the club. George Foster has offered to set this up so we will ask him to do so, giving Harry Shuell, Jack Wright and Sarah Mc the option to upload photos direct to the site. Note to everyone – they will need to be 'fed' good pictures from club events etc.

Online shop for kit –vests made of the new fabric were discussed at the meeting and it was agreed the green wasn't bright enough. Some members wanted the font to be changed to the original. Pete Blands are happy to provide this kit (one design is right) on an online shop hosted by their website. Other items of our kit can also go onto this shop, including a link to the hoodies via Coniston Corporate. Some members are going to test the vests to see if the fabric is breathable. We agreed the 'all in one place' online shop via Pete Blands was a good idea, assuming we get agreement from committee about the design details on the vests first. We are also trialling a design for a club buff from Coniston Corporate – Cath Musetti and Jim collaborating on this at the moment.

8. **Club member benefits and obligations:** We agreed to send a reminder notice to members, of their benefits for just £10 of being a member of the club, and ensuring everyone knows how they can help at races etc. We discussed the issue of 'commercial' event / services being promoted on the club Facebook page and agreed that members offering these services related to fell running (eg. Jim's calendars; Kong's races; holiday rental businesses, etc) are acceptable if posted occasionally, but not repeatedly. We agreed to discuss with Dan if there were any concerns that needed addressing in future, but no action needed today.
9. **AOB: WHERE IS THE CLUB TIMER?** It is not acceptable that the timer has disappeared as it was expensive. Was it used at the Three Shires? Dan to check with Selwyn if he has it / has seen it, and that we will put a note to all members asking to find it.