

## **AAC Committee Meeting 29/1/19**

Apologies for absence: Lou, Paul C, Helen, Steve B, Matt B

1. There are several people who though not on the committee are very interested in being kept in touch regarding issues and discussions. They will be added to the committee mailing list. Cath Musetti, Press & Publicity Officer. Jim Evans - club champs organiser, Ben Abdelnoor, Michelle Crowley, Chris Hodgson, Selwyn Wright, Tom Simpson. Anyone else who would like to go on this list please contact us.

2. Update on finances (Chris G) Relay final figures - The surplus was just under £6000. After other expenses for races and buying vests for the juniors have been accounted for, the club has a total in the bank of around £19000.

3. What to do with our funds ? There are no major items expenses foreseen, and it was seen to be wise to leave the funds largely untouched, so that our options are open in the future. Some suggestions were discussed, for example getting a nutritionist in to talk to the club, running navigation courses for both seniors and juniors, mini-bus training courses. All these were agreed as worth while, and some people present on the night will take these forward. Chris G will draw up guidelines on funding that the club can provide, for example on transport to races/events, food and prizes.

4. Newsletter – Michelle produces this every month, and although it is popular she struggles to get enough contributions. Runners are encouraged to write about races etc and email reports to Michelle

5. International Youth World Cup to be held in Ambleside June 2020. This is a big prestigious event in junior mountain running, and Duncan Richards from the FRA has been instrumental in bringing this to the UK, and is very keen for Ambleside to host it, based on the club's very successful Todd Crag juniors races. It would probably be combined with the Juniors national championship races beforehand as well. Jim Evans is keen to lead the organization of this event on behalf of the club. It is expected that Juniors' parents will play the major role in planning and staging the event.

6. Club trips 2019. Carnethy, February, Stretton Hills Eng Champs 17<sup>th</sup> march (entries open 1<sup>st</sup> Feb on SI). Other trips will of course happen as well

7. Bob Graham Relay – Dan is keen to make this a big club event, sending several teams (each of 5x pairs) around the BG legs. Doing it all on one day makes the logistics simpler and turns it into a good event. The best date is 22nd/23rd June. Dan will post further info on this and gauge interest

8. Club Championships: new organizer Jim E would like to purchase a small prize for everyone who completes 5 or more races in the series (as well as the usual top prizes) e.g. a run of mugs or some other similar token of participation. This was agreed.

9. 'Ideas for summer social'. A meal will be organized on the first Tuesday after the clocks change in March – Sarah M suggested a new place in Windermere, which was agreed. It was also agreed that more socials/meals after club runs would be a good idea. Meals out after runs have been popular, so why not do more of them? A social event combining seniors and juniors was popular as well. A BBQ sometime around the Coniston Gullies race was mentioned.

AOB: Sarah M mentioned that The Choices Gym in Troutbeck is offering a 10% discount for AAC members

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Current committee members

Dan Duxbury - chair

Paul Knowles - secretary

Chris Giles - treasurer

Sarah McCormack - membership sec

Eleanor Knowles - juniors

Helen Holcroft - social sec

Jim Tyson - social media sec

Jack Wright - men's captain

Paul Cornforth - Men's vets captain

Lou Roberts - women's captain