

Loughrigg Time Trial

<b>Scout Adkin</b>	F	F	16.28
<b>Karl Steinegger</b>	M	M	17.00
<b>Sean Leckey</b>	M	M	17.07
<b>Ben Abdelnoor</b>	M	MV40	17.09
<b>Harry Scheuil</b>	M	M	17.22
<b>Jack Wright</b>	M	M	18.01
<b>Mike Barron</b>	M	M	18.28
<b>Richard Smith</b>	M	M	19.22
<b>Michelle Foxwell</b>	F	FV40	19.40
<b>Steve Brown</b>	M	MV50	19.49
<b>Matt Beresford</b>	M	MV50	20.13
<b>Rob Harper</b>	M	MV50	20.27
<b>Jon Aylmore</b>	M	MV40	20.40
<b>Jamie Baron</b>	M	MV50	21.01
<b>Beth Hanson</b>	F	F	21.10
<b>Paul Knowles</b>	M	MV50	21.16
<b>Charlie Day</b>	M	M	21.21
<b>Jim Tyson</b>	M	MV40	21.25
<b>Steve Freeman</b>	M	MV50	23.18
<b>Sophie Rylance</b>	F	F Junior	23.29
<b>Elanor Knowles</b>	F	FV50	24.08
<b>Jim Evans</b>	M	MV50	24.16
<b>Cath Musetti</b>	F	FV50	24.39
<b>Kate Ayres</b>	F	FV60	26.01
<b>Helen Halcroft</b>	F	FV50	26.03
<b>John Gomersall</b>	M	MV60	26.09
<b>Sarah Folks</b>	F	FV40	27.19
<b>Niki Rylance</b>	F	FV50	27.30
<b>Sarah Jones</b>	F	FV40	27.30
<b>Chris Giles</b>	M	MV60	28.21
<b>Anne Giles</b>	F	FV60	29.10
<b>Dave Higson</b>	M	MV50	29.45
<b>Kat Evans</b>	F	FV40	29.53
<b>Mike troupe</b>	M	MV60	29.58
<b>Alex Woodward</b>	F	FV50	30.14
<b>Kate O'Donoghue</b>	F	FV50	31.04
<b>Graham Day</b>	M	MV60	31.25
<b>Colin Griffiths</b>	M	MV60	32.08
<b>Jane laycock</b>	F	FV70	32.39
<b>Tony Walker</b>	M	MV70	37.27
<b>Roger Bell</b>	M	MV80	48.00
<b>Name</b>		Category	Time