**Wansfell 2017 Results**

**Wednesday 27th December**

**Well done to all runners.**

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| --- | --- | --- | --- | --- |
| **Pos** | **Name** | **Club** | **Category** | **Time** |
| 1 | Carl Bell | Keswick | M | 20-30 |
| 2 | Rob Jebb | Helm Hill | MV40 | 20-51 |
| 3 | Gary Greenhow | Ambleside | M | 21-33 |
| 4 | Mark Lamb | Keswick | M | 21-45 |
| 5 | Michael Barron | Ambleside | M | 22-07 |
| 6 | Adam Hill | U/A | M | 22-24 |
| 7 | Tom Simpson | Ambleside | MU23 | 22-28 |
| 8 | Paul Aitken | Helm Hill | M | 23-27 |
| 9 | Phil Winskill | Keswick | MV40 | 23-34 |
| 10 | Tim Cowin | Helm Hill | MV40 | 23-38 |
| 11 | Sam Harrison | Bowland | M | 23-50 |
| 12 | Lewis Bowness | Helm Hill | MU17 | 23-54 |
| 13 | Joseph Conner | Helm Hill | MU23 | 23-55 |
| 14 | Andy Thompson | Helm Hill | M | 24-04 |
| 15 | Tim Campbell | Astley RR | MV40 | 24-08 |
| 16 | Paul Reilly | Helm Hill | MV40 | 24-10 |
| 17 | Peter Rigby | U/A | M | 24-35 |
| 18 | John Hooson | Ambleside | MV50 | 24-42 |
| 19 | Martin Askew | Helm Hill | MU19 | 24-45 |
| 20 | Kelli Roberts | Ambleside | F | 24-46 |
| 21 | Mike Robinson | Dark Peak | MV40 | 25-02 |
| 22 | Hannah Russell | Helm Hill | FU23 | 25-03 |
| 23 | Jack Simpson | Helm Hill | M | 25-13 |
| 24 | Phil Mather | Lonsdale | M | 25-18 |
| 25 | Darren Fishwick | Chorley | MV40 | 25-21 |
| 26 | Paul Knowles | Ambleside | MV40 | 25-32 |
| 27 | Alistair Cox | Tinto Hill Runners | M | 25-33 |
| = | Jacob Aubrey | Helm Hill | MU19 | 25-33 |
| 29 | Lewis Taylor | Ochils HR | M | 25-53 |
| = | Rich Stevens | Ambleside | MV40 | 25-53 |
| 31 | Jos Addison | Helm Hill | M | 25-57 |
| 32 | Andrew Han | Fulham RC | M | 25-58 |
| 33 | Craig Burrow | Helm Hill | MV40 | 26-25 |
| 34 | Chloe Rylance | Ambleside | FU15 | 26-36 |
| 35 | Joe Todd | Kendal | MV40 | 26-40 |
| 36 | Rod Scott | U/A | MV40 | 26-43 |
| = | Neil McKenzie | Ambleside | MV40 | 26-43 |
| 38 | David Parkington | Preston Harriers | MV50 | 26-48 |
| 39 | Dominic Raby | Chorley | MV40 | 26-53 |
| 40 | Calvin Routledge | Ambleside | MV40 | 26-56 |
| 41 | Jim Andrews | Helm Hill | MV50 | 27-00 |
| 42 | Matt Foxwell | Kendal | MV40 | 27-23 |
| 43 | Darren Sheppard | Framlingham Flyers | MV40 | 27-27 |
| 44 | Jacob Dyer | Helm Hill | MV40 | 27-37 |
| 45 | Chris Hodgson | Ambleside | MV50 | 27-57 |
| 46 | Adam Gibson | Wharfedale | MU17 | 27-58 |
| 47 | Sean Robinson | Howgill | M | 28-00 |
| 48 | Chris Green | Ambleside | MV40 | 28-18 |
| 49 | Rory McIntosh | Esk Valley | M | 28-24 |
| 50 | Carlos Bedson | Cheshire HR | MV40 | 28-26 |
| 51 | Benjamin Wolstenholme | Bramhall Runners | M | 28-27 |
| 52 | Steve Hicks | Borrowdale | MV50 | 28-40 |
| 53 | Gary Mason | Keswick | MV50 | 28-41 |
| 54 | Rachael Simpson | Helm Hill | F | 28-48 |
| 55 | Jamie Clowes | U/A | M | 29-07 |
| 56 | Andy Reid | Ellenborough | MV60 | 29-10 |
| 57 | Andy Bennett | Helm Hill | MV40 | 29-19 |
| 58 | Ben Witham | U/A | M | 29-23 |
| 59 | Victoria Haworth | Kewsick | F | 29-27 |
| 60 | David Armstrong | NFR | MV50 | 29-29 |
| 61 | Joe Taylor | U/A | M | 29-36 |
| 62 | Jack Holt | Clayton | MV60 | 29-49 |
| 63 | Andy Phelps | Lonsdale | M | 29-50 |
| 64 | Bianca Dyer | Helm Hill | FV40 | 30-00 |
| 65 | Paul Simpson | Ambleside | MV50 | 30-14 |
| 66 | Simon Wright | Bingley | MV50 | 30-18 |
| 67 | John Robson | Helm Hill | MV50 | 30-20 |
| 68 | Antony Bowness | Kendal | MV40 | 30-31 |
| 69 | Nick Selby | Black Combe | MV50 | 30-34 |
| 70 | Mark Nutter | Clayton | MV50 | 30-38 |
| 71 | Marie Robson | Helm Hill | FV50 | 30-42 |
| 72 | Jean Powell | Wharfedale | FV50 | 30-47 |
| 73 | Alex Rothwell | Ambleside | M | 30-50 |
| 74 | Kerry Cornforth | Keswick | FV40 | 30-51 |
| 75 | James Mulholland | U/A | M | 30-55 |
| 76 | Will Spain | Dark Peak | M | 31-08 |
| 77 | Adam Baird | Ambleside | MV40 | 31-14 |
| 78 | Chris Thorpe | Ambleside | MV50 | 31-17 |
| 79 | David Cowburn | U/A | MV40 | 31-18 |
| 80 | Benjamin Nield | U/A | M | 31-24 |
| = | William Coupe | Helm Hill | MV50 | 31-24 |
| 82 | David Scott | Ochil HR | MV60 | 31-39 |
| 83 | Christopher Durkin | U/A | M | 31-40 |
| 84 | Tim Murray | Helm Hill | MV50 | 31-43 |
| 85 | Dave Appleyard | Helm Hill | MV50 | 31-47 |
| 86 | Jonathon Gibson | Wharfedale | MV50 | 31-59 |
| 87 | Ben Merkel | Lonsdale | M | 32-02 |
| 88 | Lucy Spain | Helm Hill | F | 32-11 |
| 89 | Eleanor Knowles | Ambleside | FV40 | 32-36 |
| 90 | Chris Roberts | Black Combe | MV60 | 32-49 |
| 91 | Laura Taylor | Tynedale | F | 32-53 |
| 92 | Wendy Dodds | Clayton | FV60 | 32-57 |
| 93 | Andrew Russell | Helm Hill | MV50 | 33-25 |
| 94 | Clare Thompson | U/A | F | 33-28 |
| 95 | John Orrell | Blackburn Harriers | MV50 | 33-30 |
| 96 | Isobel Graham | U/A | F | 33-33 |
| 97 | Andrew Firth | Clayton | MV50 | 33-42 |
| = | Ronald Hammerlink | Lonsdale | M | 33-42 |
| 99 | Matthew Cannon | Helm Hill | M | 33-46 |
| 100 | Martin Brady | Clayton | MV50 | 33-49 |
| 101 | Lindsay Buck | CFR | FV50 | 34-02 |
| 102 | Chris Kirkham | U/A | MV50 | 34-05 |
| 103 | Richard Lecky Thompson | Ambleside | MV50 | 34-10 |
| 104 | Andy Monk | FRA | MV60 | 34-13 |
| 105 | Katherine France | Helm Hill | FV40 | 34-20 |
| 106 | Lorna Askew | Helm Hill | FV40 | 34-32 |
| 107 | Dave Tait | Dark Peak | MV70 | 34-37 |
| 108 | Zac Archbold | Borrowdale | M | 34-51 |
| 109 | Mari Todd | U/A | FV40 | 34-57 |
| = | Richard Duckett | U/A | M | 34-57 |
| 111 | Don Kershaw | U/A | MV60 | 35-00 |
| 112 | Josh Eaton | U/A | M | 35-06 |
| 113 | Kat Evans | Ambleside | F | 35-16 |
| 114 | Jenn Ruddick | Westerlands | F | 35-17 |
| 115 | Andrea Kelly | U/A | FV40 | 35-43 |
| 116 | Kim Taylor | NFR | FV55 | 35-45 |
| 117 | Ella Waddingham | Wimbledon Wind. | F | 35-52 |
| 118 | Kate Brayshaw | Helm Hill | FV40 | 35-53 |
| 119 | Andrew Dugdale | Clayton | MV50 | 35-56 |
| 120 | Alistair McCaic | NFR | MV40 | 36-06 |
| 121 | Simon Stansfield | Clayton | MV40 | 36-15 |
| = | John Leech | Dallam | MV50 | 36-15 |
| 123 | Dawn Anderson | U/A | F | 36-40 |
| = | Amanda Burrow | Helm Hill | FV40 | 36-40 |
| 125 | Mike Troup | Ambleside | MV60 | 36-41 |
| 126 | Alice Kershaw | U/A | F | 36-58 |
| 127 | Eddie Dealtry | Kendal | MV60 | 37-12 |
| 128 | Nicola Dugdale | Clayton | FV55 | 37-27 |
| 129 | Colin Woolford | Clayton | MV40 | 37-29 |
| 130 | Andrew Dickson | Coniston | MV50 | 38-00 |
| 131 | Becky Dyer | Helm Hill | FU15 | 38-03 |
| 132 | Gill Ramsay | Helm Hill | FV50 | 38-16 |
| 133 | Lindsay Harrod | Helm Hill | FV50 | 38-33 |
| 134 | Rob Ringer | U/A | MV60 | 38-40 |
| = | Craig Wilkenson | Blackburn RR | MV40 | 38-40 |
| = | Kate Jackson-Roc | Helm Hill | F | 38-40 |
| = | James Archbold | Borrowdale | MV50 | 38-40 |
| = | Iain Ruddick | U/A | M | 38-40 |
| = | Robyn Bray | Plymouth Harriers | MV40 | 38-40 |
| 140 | Amy Oliver | Helm Hill | F | 41-00 |
| 141 | Alison Hurford | Bristol & West AC | FV50 | 45-16 |
| 142 | Karen Bain | Northwich Runners | FV40 | 47-12 |
| 143 | Selwyn Wright | Ambleside AC | MV60 | 47-43 |
| 144 | Jonathon Hurford | Bristol Orienteering Club | MV60 | 47-50 |
| 145 | George Hurford | U/A | MU23 | 48-30 |

Huge thank you to Gary Thorpe (Ambleside AC) for sweeping at the back.