

# CUMBRIA XC SERIES 2015/16

Event 1

Cockermouth

Sat October 10th

Conditions Fine sunny warm firm underfoot

Posn	No	Pack	Name1	Name2	Club	m/f	age group	
<b>u17 WOMEN</b>			<b>4500m</b>					
1	226	H	Mhairi	Watret	Nithsdale	f	u17	17.09
2	284	H	Ella	Jackson	Keswick	f	u17	18.22
3	140	BH	Heidi	Murray	L&M	f	u17	18.55
4	306	BH	Connie	Hurton	EdenR	f	U17	19.16
5	208	BH	Emma	Wright	Carl Asp	f	u17	19.41
<b>u17 MEN</b>			<b>4500m</b>					
1	229	BH	Joseph	Dugdale	CFR	m	u17	16.30
<b>SEN WOMEN</b>			<b>9000m</b>					
1	272	H	Lucy	Varney	Kendal	f	V45	35.16
2	270	H	Claire	Russell	CFR	f	V40	36.45
3	274	BH	Karen	Bridge	EdenR	f	V45	36.51
4	340	BH?	Lucy	Stobbart	CumbAC	f	S	37.06
5	258	H	Vanessa	Strickland	Carl/Asp	f	V40	37.09
6	322	BH	Ruth	Hetherington	Border	f	V35	37.19
7	302	H	Debbie	Walker	Derwent	f	V40	37.4
8	278	BH	Rachael	Vatter	Seaton	f	u20	37.54
9	304	H	Antonia	Skelton	Derwent	f	S	38.35
10	292	H	Mhairi	Wear	EdenR	f	V40	38.43
11	336	BH	Nina	Walkinshaw	Howgill	f	V35	39.01
12	288	BH	Trudy	Beetham	Keswick	f	V40	39.28
13	296	H	Kerry	Grinbergs	EdenR	f	V35	39.56
14	256	H	Kerry	Davies	EdenR	f	V45	40.51
15	280	H	Joanne	Percival	CumbAC	f	V40	41.07
16	344	H	Nicky	Butler	Keswick	f	V50	41.07
17	337	H	Kim	Clark	Keswick	f	V55	41.47
18	214	H	Heather	Eccles	EdenR	f	S	41.48
19	298	H	Susan	Caine	CumbAC	f	V55	42.28
20	294	H	Carolyn	Burne	EdenR	f	V40	45.11
21	276	H	Tiffany	Heaviside	EdenR	f	u20	45.3
Team			1	EdenR	24pts			
			2	CumbAC	36pts			
			3	Keswick	45 pts			
<b>SEN MEN</b>			<b>9000m</b>					
1	345	GH	Steve	Hebblethwaite	Keswick	m	S	32.52
2	335	GH	Mark	Lamb	Keswick	m	S	32.56
3	347	GH	Richard	Anderson	Holmfirth	m	S	33.27
4	254	BH	Marc	Penn	St Bees T	m	V40	33.32
5	339	BH	Bobby	Hagan	St Bees T	m	S	33.40
6	275	BH	Phil	Lowery	Copeland	m	S	34.17
7	299	BH	??Jamie	Arkle	EdenR	m	S	34.20
8	321	BH	Stephen	Weston	DH Runners	m	V35	34.40

9	341	BH	Ian	McDougall	CumbAC	m	V50	34.42
10	303	GH	Noah	Hurton	EdenR	m	u20	35.15
11	317	BH	Neil	Atkinson	CFR	m	V40	35.27
12	295	GH	Alex	Roberts	CumbAC	m	S	35.36
13	277	BH	James	Fargher	EdenR	m	S	35.46
14	309	GH	Calum	Plunkett	Border	m	u20	35.53
15	293	GH	Chris	Knowles	Ellenbro	m	V60	36.00
16	333	BH	Michael	Hawley		m	S	36.13
17	311	BH	Josh	Waite	Carl Tri	m	V35	36.19
18	307	GH	Stuart	Stoddart	EdenR	m	V45	36.25
19	343	BH	George	Roysten-Bish	Derwent	m	S	36.28
20	323	BH	Stu	Windsor	DH Runners	m	V40	36.33
21	349	GH	Michael	Cunningham	Borrowdale	m	V40	36.40
22	315	BH	David	Bowness	CumbAC	m	V50	36.48
23	305	GH	Rob	Morris	Derwent	m	S	36.50
24	329	GH	Howard	Seal	Derwent	m	V40	37.02
25	269	GH	William	Sisson	Kendal	m	S	37.13
26	285	H	John	Bridge	EdenR	m	V50	38.13
27	279	GH	John	Beetham	Keswick	m	V40	38.33
28	350	H??	Andy	Rodger		m	V45	38.45
29	183	BH	Tony	Davis	Derwent	m	V55	39.06
30	255	H	John	McGibbon	Border	m	V50	41.26
31	205	H	Peter	Campbell	Border	m	V50	43.31
32	243	H	Pradeep	Bhagawan	Carl Tri	m	V55	43.43
33	331	H	Philip	Hawley	CumbAC	m	V60	44.13
34	273	H	Craig	Kershaw	CumbAC	m	V65	44.46
35	313	H	Karl	Fursey	BCR	m	V40	45.34

Team	1 Keswick	12 pts
	2 EdenR	31pts
	3 CumbAC	48pts
	4 Derwent	49 pts
	5 Border	67 pts

#### u15 GIRLS

#### 3.1km

1	228	Mia	Easthope	Copeland	f	10m59
2	218	Esme	Davies	EdenR	f	11m20
3	246	Nicole	Mattinson	Border	f	11m38
4	268	Jodie	Gillon	EdenR	f	12m46
5	204	Molly	Carruthers	Nithsdale	f	13m12
6	260	Jasmine	Dean	Seaton	f	14m15

#### u15 BOYS

#### 3.1km

1	265	James	Salt	Eden (n/c)	m	9m31
2	245	Oliver	Gajdowski	Ambleside	m	9m50
3	211	Harry	Greenbank	CFR	m	10m03
4	283	Harris	Strickland	Carl Asp	m	10m10
5	207	James	Mattinson	Keswick	m	10m19
6	209	Jake	Muncaster	Copeland	m	10m33
7	217	Craig	Bottomley	EdenR	m	10m40
8	271	Billy	Robinson		m	11m05
9	231	Sam	Macey	Ellenbro	m	11m26
10	257?	Daniel	Wilkinson	Carl Tri	m	11m38
11	347	Joshua	Liddle		m	11m53
12	223	Archie	Hodgson		m	12m17
13	145	Matthew	Thornley	Ambleside	m	12m31

14	215	Harry	Sanderson	Ambleside	m	12m40
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Team	1	Ambleside	29	pts
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**u13 GIRLS**

**2.25km**

1	206	Chloe	Rylance	Ambleside	f	7m50
2	220	Anna	Mason	Border	f	7m56
3	238	Skyler	Bowes	Border	f	8m06
4	210	Clara	Davies	EdenR	f	8m08
5	348	Martha	Richards	EdenR	f	8m19
6	250	Emily	Wightman	Keswick	f	8m42
7	344	Elisse	Reilly	Border	f	8m43
8	216	Jemma	Atkinson	CFR	f	8m49
9	262??	??Daisy	Gillon	EdenR	f	9m05
10	350	Becca	Stamper	EdenR	f	9m11
11	240	Mary	Campbell	Border	f	9m44
12	346	Niamh	Shuttleworth	CFR	f	10m29
13	236	Lizzie	Rhodes	CFR	f	10m38
14	248	Sophie	Emmerson	Carl Tri	f	11m41

Teams	1	Border	12	pts
	2	EdenR	20	pts
	3	CFR	33	pts

**u13 BOYS**

**2.25km**

1	251	Sam	Almond	EdenR	m	6m53
2	329	Daniel	Sanderson	Ambleside	m	7m21
3	225	Josh	Roelants	Kendal	m	7m27
4	345	Barnaby	Walkinshaw	EdenR	m	7m28
5	201	James	Thornley	Ambleside	m	7m31
6	213	Sam	Stone	Keswick	m	7m34
7	241	Charlie	Hudson	EdenR	m	7m37
8	261	Edward	Salt	EdenR (n/c)	m	8m03
9	267	Toby	Liddle	Carl Tri	m	8m17
10	219	Dylan	Lakin	Ambleside	m	8m32
11	235??	??Charlie	Dixon	Ambleside	m	9m31
12	249	Jamie	Wilkinson	Carl Tri	m	9m42
13	253	James	Penn	CFR	m	10m20
14	247	Jack	Hill		m	10m21
15	237	Jamie	Taylor		m	10m47

Teams	1	Ambleside	22	pts
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**u11 BOYS**

**1500m**

1	21	James	Dixon	Border	m	6m16
2	9	Thomas	Renwick	EdenR	m	6m4
3	5	Alex	Rhodes	CFR	m	6m50
4	15	Kai	Hatcher	Carl Tri		
5	203	Freddie	Dixon	Ambleside	m	7m01
6	11	Angus	Allcorn	Keswick	m	7m23
7	17	James	Campbell	Border	m	7m32
8	7	Joey	Holmes		m	7m37
9	19	Tobias	Dobson	EdenR	m	7m39
10	13	Sebastiaan	Smits		m	7m52
11	233	Sam	Thornley	Ambleside	m	7m52
12	3	David	Awde		m	8m03
13	29	Archie	Harding		m	8m11

14	25 Harry	Penn	CFR	m	8m38
15	23 Tom	Beetham	Keswick	m	9m14

Teams none closed in

### u11 Girls

### 1500m

1	20 Sophie	Rylance	Ambleside	f	6m31
2	252 Melissa	McIntosh	Border	f	6m46
3	6 Eve	Riley	CFR	f	7m00
4	14 Ishbelle	Greenbank	CFR	f	7m05
5	10 Alex	Holmes		f	7m07
6	4 Millie	Bell		f	7m12
7	18 Erin	Stone	Keswick	f	7m18
8	12 Rebecca	Boving-Foster	EdenR	f	8m01
9	16 Grace	Gill	Keswick	f	8m05
10	26 Esme	Walkinshaw	EdenR	f	8m08
11	152 Amber	McIntosh	Border	f	8m10
12	28 Lucy	Hetherington	Hunter H Sch	f	8m25
13	8 Niamh	Campbell	Border	f	8m49
14	2 Lila	Wilkinson	Carl Tri	f	8m55
15	22 Emily	Hetherington	Hunter H Sch	f	9m09
16	24 Imogen	Young	Keswick	f	12m02

Teams  
 1 Border 26pts  
 2 Keswick 32 pts











2015

hcap	Act time	Rel posn
	17.09	4
	18.22	5
3.00	15.55	1
3.00	16.16	2
3.00	16.41	3
3.00	13.30	1
	35.16	5
	36.45	8
3.00	33.51	1
3.00	34.06	2
	37.09	9
3.00	34.19	3
	37.4	10
3.00	34.54	4
	38.35	11
	38.43	12
3.00	36.01	6
3.00	36.28	7
	39.56	13
	40.51	14
	41.07	15
	41.07	16
	41.47	17
	41.48	18
	42.28	19
	45.11	20
	45.3	21
6.00	26.52	1
6.00	26.56	2
6.00	27.27	3
3.00	30.32	10
3.00	30.40	12
3.00	31.17	16
3.00	31.40	19
3.00	31.20	18

3.00	31.17	17
6.00	28.40	4
3.00	31.42	20
6.00	29.15	5
3.00	32.27	21
6.00	29.36	6
6.00	29.46	7
3.00	32.53	22
3.00	33.00	23
6.00	30.00	8
3.00	33.19	25
3.00	33.19	24
6.00	30.25	9
3.00	33.28	26
6.00	30.33	11
6.00	30.40	13
6.00	30.48	14
	36.50	28
6.00	31.02	15
	38.13	29
3.00	35.33	27
	41.26	30
	43.31	31
	43.43	32
	44.13	33
	44.46	34
	45.34	35



BOR00370

SHA00116

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BOR00261

3E+06

KEN 0016

WOZ00027

BFS00070

BOR00581

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KEN00509