



Supported by Different Strokes

Scout Scar - Results 7 January 2018

Senior Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 259 | Phil | Marsden | Man | 27:26 | Horwich Harriers | 1st Man |
| 2 | 164 | James | Hall | Man | 27:52 | Wharfedale | 2nd Man |
| 3 | 4 | Michael | Ainsworth | Man | 28:01 | Helm Hill | 3rd Man |
| 4 | 221 | Jack | Wright | Man | 28:07 | Ambleside | |
| 5 | 244 | Adam | Perry | Man | 28:27 | Helm Hill | |
| 6 | 222 | Jonny | Malley | Man | 28:35 | Ambleside | |
| 7 | 54 | Michael | Barron | Man | 28:39 | Ambleside AC | |
| 8 | 29 | Jon | Rylance | MV40 | 29:10 | Ambleside AC | 1st MV40 |
| 9 | 59 | Joshua | Jardine | Man | 29:18 | Helm Hill | |
| 10 | 51 | Tom | Addison | Man | 29:21 | Helm Hill | |
| 11 | 108 | Joshua | Liddle | MU21 | 29:31 | Eden Runners | 1st MU21 |
| 12 | 94 | Oliver | Heaton | Man | 29:41 | Preston Harriers | |
| 13 | 191 | Duncan | Birtwhistle | Man | 29:46 | Unattached | |
| 14 | 248 | Tim | Cowin | MV40 | 29:52 | Helm Hill | |
| 15 | 91 | Ben | Procter | Man | 29:59 | Helm Hill Runners | |
| 16 | 196 | Doug | Love | Man | 30:09 | Bowland | |
| 17 | 260 | Laurie | Kearsey | Man | 30:18 | Helm Hill | |
| 18 | 99 | Phil | Mather | Man | 30:21 | Lonsdale | |
| 19 | 211 | Philip | Withnall | Man | 30:25 | Lonsdale Fell Runners | |
| 20 | 185 | Jacob | Aubrey | MU21 | 30:51 | Helm Hill Runners | |
| 21 | 30 | Brian | Pennington | MV40 | 30:57 | Howgill Harriers | |
| 22 | 209 | Joseph | Conner | MU21 | 31:05 | Helm Hill | |
| 23 | 172 | Paul | Reilly | MV40 | 31:08 | Helm hill | |
| 24 | 90 | William | Sisson | Man | 31:13 | Kendal AAC | |
| 25 | 162 | Tom | Simpson | Man | 31:29 | Unattached | |
| 26 | 256 | Richard | Stevens | MV40 | 31:31 | Ambleside Ac | |
| 27 | 143 | Lewis | Bowness | MU21 | 31:34 | Helm Hill | |
| 28 | 31 | James | Graham | MV40 | 31:35 | Ambleside | |
| 29 | 74 | Rick | Stuart | MV50 | 31:38 | Helm Hill Runners | 1st MV50 |
| 30 | 87 | Scott | Umpleby | MV50 | 31:46 | Kendal AAC | |
| 31 | 240 | Michael | Dugdale | MU21 | 31:59 | Helm Hill Runners | |
| 32 | 95 | Jonathon | Lowther | Man | 32:01 | Helm Hill | |
| 33 | 200 | Alastair | Dunn | MV40 | 32:10 | Helm Hill | |
| 34 | 253 | Jack | Simpson | Man | 32:11 | Helm Hill | |
| 35 | 60 | Garry | Beardwood | MV40 | 32:16 | Helm Hill | |
| 36 | 139 | Calvin | Routledge | MV40 | 32:21 | Ambleside | |
| 37 | 24 | Craig | Burrow | MV40 | 32:46 | Hel Hill Runners | |
| 38 | 49 | Jacob | Dyer | MV40 | 32:47 | Helm Hill | |
| 39 | 32 | Stuart | Dickson | MV40 | 32:48 | Ambleside AC | |
| 40 | 225 | Kelli | Roberts | Lady | 32:55 | U/A | 1st Lady |
| 41 | 224 | Mike | Berners-Lee | MV50 | 32:57 | Unattached | |
| 42 | 36 | Joe | Todd | MV40 | 32:58 | Kendal | |
| 43 | 123 | Theo | Johnson | Man | 33:00 | Unattached | |
| 44 | 115 | Matt | Wilson | MV40 | 33:02 | Kendal AC | |
| 45 | 69 | Tim | Thom | MV50 | 33:05 | KCAC | |
| 46 | 1138 | David | Goadby | Man | 33:08 | Helm Hill | |
| 47 | 135 | Carl | Pawson | MV40 | 33:09 | Barlick Fell Runners | |
| 48 | 56 | Andy | Wilkin | Man | 33:12 | Unattached | |
| 49 | 137 | Richard | Wilson | Man | 33:13 | Kendal | |
| 50 | 26 | Daniel | Malcolm | MV40 | 33:15 | Helm Hill | |
| 51 | 207 | Ross | Jenkin | Man | 33:17 | Howgill harriers | |
| 52 | 50 | Rob | Harper | MV40 | 33:19 | Ambleside | |
| 53 | 116 | Steven | Procter | Man | 33:24 | Settle Harriers | |

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|-----|------|----------|----------------|------|-------|----------------------|-------------------|
| 54 | 73 | Rod | Scott | MV40 | 33:27 | | |
| 55 | 46 | Sam | Brummitt | MV40 | 33:29 | Settle Harriers | |
| 56 | 187 | Peter | Lawson | Man | 33:32 | | |
| 57 | 47 | Will | Acland | MV40 | 33:41 | Helm Hill | |
| 58 | 10 | Jake | Lowther | Man | 33:48 | Helm Hill | |
| 59 | 171 | Jim | Andrews | MV50 | 33:51 | Helm Hill | |
| 60 | 71 | Sean | Robinson | Man | 33:55 | Howgill Harriers | |
| 61 | 61 | Wayne | Dunn | Man | 34:08 | Settle Harriers | |
| 62 | 77 | Rob | Crawford | MV40 | 34:16 | HOWGILL HARRIERS | |
| 63 | 217 | Robert | Moffat | Man | 34:24 | Howgill Harriers | |
| 64 | 129 | Adrian | Beckwith | Man | 34:26 | Howgill Harriers | |
| 65 | 228 | Peter | Rigby | Man | 34:33 | Unattached | |
| 66 | 45 | James | Baron | MV50 | 34:37 | Helm Hill | |
| 67 | 16 | Graham | Schofield | MV60 | 34:44 | Horwich RMI Harriers | 1st MV60 |
| 68 | 117 | Simon | Fox | MV50 | 34:45 | Darwen Dashers | |
| 69 | 146 | Martin | Askew | MU21 | 34:49 | Helm Hill | |
| 70 | 188 | Jonny | Marchant | MV40 | 34:50 | Helm Hill Runners | |
| 71 | 84 | Tom | Smith | MV50 | 34:52 | Bowland | |
| 72 | 237 | James | Todhunter | Man | 34:54 | Helm Hill | |
| 73 | 25 | Tom | Matthew | MV40 | 34:54 | Bowland | |
| 74 | 127 | John | Rainford | MV50 | 34:56 | Preston Harriers | |
| 75 | 23 | Imogen | Burrow | LU21 | 34:59 | Helm hill | 2nd Lady/1st LU21 |
| 76 | 98 | Rowan | Wood | Man | 35:10 | Lonsdale | |
| 77 | 177 | Josh | Griffin | MV50 | 35:12 | Dallam | |
| 78 | 128 | James | Coulthard | MV40 | 35:16 | Howgill Harriers | |
| 79 | 183 | Ben | Whitham | Man | 35:17 | U/A | |
| 80 | 79 | Jake | Cooper | MU21 | 35:19 | Leven Valley | |
| 81 | 112 | David | Houlsworth | MV60 | 35:23 | Unattached | |
| 82 | 219 | Clare | Nance | Lady | 35:24 | Lonsdale | 3rd Lady |
| 83 | 192 | Brian | Thompson | MV60 | 35:28 | Helm Hill | |
| 84 | 234 | Justin | Evans | Man | 35:30 | Helm Hill | |
| 85 | 157 | Danny | Seddon-Roberts | Man | 35:32 | FRA | |
| 86 | 145 | Anthony | Bowness | MV40 | 35:34 | Kendal AC | |
| 87 | 53 | Steven | Middleton | MV40 | 35:35 | Howgill Harriers | |
| 88 | 263 | Tim | Pickering | Man | 35:36 | Helm Hill | |
| 89 | 5 | Shaun | Addison | MV50 | 35:37 | Helm Hill | |
| 90 | 212 | Paul | Tynan | MV50 | 35:40 | Lonsdale | |
| 91 | 136 | Declan | Bulmer | Man | 35:42 | Wharfedale | |
| 92 | 27 | Jason | Edmondson | MV40 | 35:43 | Ambleside | |
| 93 | 140 | John | Jones | MV50 | 35:44 | Kendal AAC | |
| 94 | 218 | Paul | Macfarlane | MV40 | 35:45 | Helm Hill | |
| 95 | 261 | Emma | Johnston | Lady | 35:47 | Helm Hill Runners | |
| 96 | 131 | John | Robson | MV50 | 35:48 | Helm Hill | |
| 97 | 42 | Andy | Holden | MV50 | 35:56 | Wharfedale Harriers | |
| 98 | 174 | Alistair | Hearn | MV40 | 36:03 | Helm Hill | |
| 99 | 1139 | Paul | Turner | MV40 | 36:05 | Helm Hill Runners | |
| 100 | 67 | Jack | Holt | MV60 | 36:10 | Clayton le Moors | |
| 101 | 124 | Stuart | Roberts | MV40 | 36:13 | Unattached | |
| 102 | 206 | Graham | Lubb | MV50 | 36:26 | Unattached | |
| 103 | 142 | Michael | Toman | MV50 | 36:27 | Rosendale Harriers | |
| 104 | 126 | Chris | Downham | Man | 36:31 | Unattached | |
| 105 | 223 | Simon | Waller | MV40 | 36:33 | Helm Hill | |
| 106 | 257 | Justin | Dixon | Man | 36:36 | kendal tri club | |
| 107 | 48 | Bianca | Dyer | LV40 | 36:38 | Helm Hill | 1st LV40 |
| 108 | 100 | Ellie | Maddocks | Lady | 36:39 | Lonsdale | |
| 109 | 9 | Philip | Rigby | MV50 | 36:45 | Helm Hill | |
| 110 | 130 | Amy | Slattery | LU21 | 36:47 | Helm Hill | |
| 111 | 195 | Nina | Walkingshaw | LV40 | 36:50 | Howgill Harriers | |
| 112 | 159 | Leigh | Warburton | MV60 | 36:53 | Bowland Fell Runners | |
| 113 | 13 | Gareth | Davies | Man | 36:56 | Darwen dashers | |
| 114 | 86 | Joey | Umpleby | MU21 | 36:57 | Kendal AAC | |
| 115 | 147 | Matt | Bourne | MV40 | 37:19 | Bowland Fell Runners | |

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|-----|------|------------|------------|------|-------|--------------------------------|----------|
| 116 | 220 | Richard | Smith | Man | 37:25 | Helm Hill | |
| 117 | 241 | Paul | Dugdale | MV50 | 37:30 | Helm Hill Runners | |
| 118 | 85 | Ian | Hutchinson | MV50 | 37:31 | Bowland Fell Runners | |
| 119 | 257 | Justin | Dixon | Man | 37:33 | kendal tri club | |
| 120 | 203 | Toby | Johnson | MV40 | 37:36 | Helm Hill Runners | |
| 121 | 17 | Ali | Richards | LV40 | 37:39 | Helm Hill Runners | |
| 122 | 89 | Dave | Kershaw | MV60 | 37:40 | Chorley athletic and tri | |
| 123 | 197 | Joanna | Rycroft | Lady | 37:43 | Unattached | |
| 124 | 205 | Ronald | Hummelink | Man | 37:44 | Lonsdale fell runners | |
| 125 | 190 | Nick | Oddy | MV40 | 37:51 | Skipton | |
| 126 | 110 | William | Coupe | MV50 | 38:01 | Helm Hill | |
| 127 | 258 | Mark | Dixon | MV40 | 38:03 | kendal tri club | |
| 128 | 122 | Martin | Ramsay | MV50 | 30:05 | Helm Hill | |
| 129 | 265 | Graeme | Stott | MV40 | 38:10 | Howgill Harriers | |
| 130 | 236 | Lucie | Todhunter | Lady | 38:19 | U/A | |
| 131 | 88 | Steven | Roberts | MV40 | 38:20 | Kendal | |
| 132 | 235 | Tyrone | Lewis | MV50 | 38:24 | Dallam | |
| 133 | 163 | Chris | Schofield | MV50 | 38:27 | Helm Hill | |
| 134 | 62 | David | Appleyard | MV50 | 38:35 | Helm Hill | |
| 135 | 184 | Roger | Aubrey | MV50 | 38:43 | Helm Hill Runners | |
| 136 | 252 | Rachel | Simpson | Lady | 38:45 | Helm hill | |
| 137 | 40 | Jonny | Grisedale | MV40 | 38:46 | Helm Hill | |
| 138 | 199 | Phillipe | Jumeau | MV50 | 38:48 | Unattached | |
| 139 | 232 | Andy | Bryan | MV40 | 38:49 | Dallam | |
| 140 | 6 | David | Barnes | MV60 | 38:50 | Horwich | |
| 141 | 12 | Tim | Murray | MV50 | 38:56 | Helm Hill | |
| 142 | 165 | Bridget | Glaister | LV40 | 39:00 | Parbold Pink Panthers | |
| 143 | 189 | Debbie | Copley | LV50 | 39:04 | Dallam | 1st LV50 |
| 144 | 210 | John | Tombs | MV40 | 39:11 | Eden | |
| 145 | 35 | Craig | Peart | Man | 39:16 | LMAC | |
| 146 | 111 | Mike | Walsh | MV60 | 39:41 | Kendal AAC | |
| 147 | 19 | Spencer | Samson | MV50 | 39:47 | Kendal AC | |
| 148 | 152 | Mark | Taylor | Man | 39:50 | Clayton le Moors | |
| 149 | 215 | Philip | Harrington | MV40 | 39:51 | Helm Hill | |
| 150 | 243 | Andrew | Russell | MV50 | 39:53 | Helm Hill Runners | |
| 151 | 57 | Ryan | Smith | Man | 39:55 | Unattached | |
| 152 | 105 | Paul | Corkill | Man | 39:56 | Levens Valley AC | |
| 153 | 204 | Gary | Lane | MV40 | 40:05 | Howgill Harriers | |
| 154 | 150 | Darren | Woodhams | MV40 | 40:08 | N/a | |
| 155 | 194 | Dominic | Merchant | Man | 40:16 | Helm Hill | |
| 156 | 75 | Andy | Mingay | Man | 40:18 | Eden Runners | |
| 157 | 8 | Jayne | Rigby | LV40 | 40:22 | helm hill | |
| 158 | 78 | Peter | Bascombe | MV40 | 40:28 | Bowness Badminton | |
| 159 | 226 | Allison | Daly | LV40 | 40:31 | Kendal | |
| 160 | 169 | David | Hollingham | MV50 | 40:33 | Kendal Tri Club | |
| 161 | 106 | Peter | Singleton | MV60 | 40:35 | Blackpool | |
| 162 | 178 | Caroline | Lambert | LV40 | 40:37 | | |
| 163 | 160 | David | Burton | MV50 | 40:39 | Keswick AC | |
| 164 | 109 | Stephen | Armstrong | MV50 | 40:42 | Unattached | |
| 165 | 167 | Mark | Glater | MV50 | 40:49 | Skelmersdale | |
| 166 | 76 | Heather | Eccles | Lady | 40:52 | Eden Runners | |
| 167 | 44 | Sam | Gibbs | MV40 | 40:55 | Helm Hill | |
| 168 | 233 | Joanne | Mcleod | LV50 | 40:57 | Barrow and Furness Striders AC | |
| 169 | 144 | Mike | Addison | MV50 | 41:01 | Unattached | |
| 170 | 22 | Jacqueline | Nowell | LV50 | 41:06 | Kendal | |
| 171 | 138 | Mike | Woodbridge | MV50 | 41:08 | Dallam | |
| 172 | 38 | Jeremy | Wilkinson | MV40 | 41:10 | KCAC | |
| 173 | 1140 | Tony | Shepherd | MV50 | 41:14 | Wharfedale Harriers | |
| 174 | 170 | Nial | Johnston | MV50 | 41:16 | Unattached | |
| 175 | 255 | Chris | Buxton | MV50 | 41:25 | LOC | |
| 176 | 168 | Claire | Farrington | Lady | 41:46 | Unattached | |
| 177 | 119 | Mark | Charnley | MV40 | 41:59 | Settle Harries | |

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|-----|-----|------------|---------------|------|-------|---------------------------|----------|
| 178 | 148 | John | Graham | MV50 | 42:05 | Bowland Fell Runners | |
| 179 | 63 | Erica | Evans | Lady | 42:09 | Unattached | |
| 180 | 264 | Anne Marie | Swallow | LV40 | 42:11 | Unattached | |
| 181 | 213 | Mark | Walker | MV50 | 42:12 | Kendal AAC | |
| 182 | 141 | Lorna | Askew | LV40 | 42:15 | Helm Hill | |
| 183 | 179 | Wendy | Dodds | LV60 | 42:17 | Clayton Le Moors Harriers | 1st LV60 |
| 184 | 176 | Tosh | Shepherd | Man | 42:18 | Unattached | |
| 185 | 33 | Leah | Albion | LU21 | 42:22 | Broughton | |
| 186 | 18 | Helen | Samson | LV40 | 42:26 | Helm Hill Runners | |
| 187 | 156 | Andy | Dickson | MV50 | 42:38 | Coniston | |
| 188 | 34 | Joanne | Pennington | LV40 | 42:45 | Kendal AAC | |
| 189 | 201 | Katie | Palmer | LV40 | 43:01 | Helm Hill | |
| 190 | 52 | Michelle | Middleton | Lady | 43:05 | Howgill Harriers | |
| 191 | 149 | Rachel | Slattery | LV40 | 43:10 | Helm Hill | |
| 192 | 102 | Jo | Taylor | LV50 | 43:14 | Bowland FR | |
| 193 | 65 | Katherine | France | LV40 | 43:19 | Helm Hill | |
| 194 | 70 | Sam | Thom | MU21 | 43:22 | KCAC | |
| 195 | 20 | Kat | Evans | Lady | 43:27 | Ambleside | |
| 196 | 231 | Victoria | Upton | Lady | 43:33 | Helm Hill Runners | |
| 197 | 14 | Claire | Hardy | Lady | 43:37 | Darwen dashers | |
| 198 | 28 | Niki | Rylance | LV40 | 43:42 | Ambleside AC | |
| 199 | 173 | Michael | McLoughlin | MV60 | 43:43 | Preston Harriers | |
| 200 | 193 | Daniel | Rayson | MV40 | 43:50 | | |
| 201 | 247 | Alan | Miller | MV60 | 43:53 | Kendal | |
| 202 | 208 | Lucy | Johnson | LV40 | 44:08 | Helm Hill | |
| 203 | 103 | John | Taylor | MV60 | 44:14 | Bowland FR | |
| 204 | 161 | Libby | Dixon | LV40 | 44:16 | Ambleside | |
| 205 | 64 | Kate | Brayshaw | LV40 | 44:17 | Helm Hill | |
| 206 | 55 | Barry | Scholes | MV60 | 44:20 | Settle Harriers | |
| 207 | 181 | Amy | McGowan | Lady | 44:23 | Helm Hill Runners | |
| 208 | 250 | David | Cowperthwaite | MV50 | 44:28 | N/A | |
| 209 | 186 | Liz | McNally | LV40 | 44:31 | Leven Valley | |
| 210 | 216 | Jackie | Chapman | LV50 | 44:33 | LOC | |
| 211 | 11 | Sarah | Senior | LV50 | 44:35 | Helm Hill | |
| 212 | 39 | Joanne | Grisedale | LV40 | 44:39 | Helm Hill | |
| 213 | 242 | Richard | Simpson | MV60 | 44:48 | Dallam | |
| 214 | 96 | Helen | Barker | LV40 | 45:01 | Kendal AAC | |
| 215 | 121 | Gill | Ramsay | LV50 | 45:05 | Helm Hill | |
| 216 | 175 | Al | Bradley | MV40 | 45:06 | Ambleside | |
| 217 | 97 | Mike | Binks | Man | 45:10 | Unattached | |
| 218 | 81 | Meredith | Revill | Lady | 45:12 | Helm Hill | |
| 219 | 118 | Katy | Thompson | LV60 | 45:17 | Clayton le Moors | |
| 220 | 80 | Georgia | Cooper | LU21 | 45:21 | Leven Valley | |
| 221 | 230 | Ian | Peters | MV60 | 45:30 | Glaxo | |
| 222 | 229 | Jo | Rodham | Lady | 45:31 | Unattached | |
| 223 | 246 | John | Hodgson | MV70 | 45:35 | Dallam | 1st MV70 |
| 224 | 245 | Patty | Davies | LV50 | 45:43 | Helm Hill | |
| 225 | 214 | Jane | Latham | LV40 | 45:49 | Unattached | |
| 226 | 58 | Anastasia | Winder | Lady | 45:53 | Leven Valley | |
| 227 | 158 | Paula | Bowen | LV40 | 45:54 | Ambleside | |
| 228 | 132 | Robin | Haywood | MV40 | 45:57 | Howgill Harriers | |
| 229 | 41 | Lynn | Whittaker | LV50 | 46:06 | Wharfedale Harriers | |
| 230 | 151 | Gordon | Thompson | MV50 | 46:16 | Preston Harriers | |
| 231 | 182 | Hazel | Pearson | LV50 | 46:29 | Helm Hill | |
| 232 | 72 | Zoe | Robinson | Lady | 46:34 | Howgill Harriers | |
| 233 | 37 | Jo | Cater | Lady | 46:39 | Helm Hill | |
| 234 | 180 | Grant | Remington | Man | 46:53 | Unattached | |
| 235 | 249 | Elaine | Cowperthwaite | LV40 | 47:00 | N/A | |
| 236 | 166 | Nicola | Johnston | LV40 | 47:36 | Parbold Pink Panthers | |
| 237 | 113 | Ian | Oakey | MV40 | 47:46 | Settle Harriers | |
| 238 | 262 | Lindsay | Harrod | LV50 | 47:59 | Helm Hill Runners | |
| 239 | 3 | May | Crawford | Lady | 48:12 | Helm Hill | |

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|-----|-----|---------|---------------|------|---------|--------------------------|--|
| 240 | 202 | Greg | Oulton | MV50 | 48:45 | Lytham | |
| 241 | 68 | Pam | Bagot | LV40 | 48:54 | Settle | |
| 242 | 133 | Gareth | Bradburn-Sims | MV40 | 49:38 | Howgill Harriers | |
| 243 | 153 | Steven | Roberts | MV50 | 49:54 | Unattached | |
| 244 | 227 | Luke | Harding | Man | 50:02 | Kendal Tri Club | |
| 245 | 114 | Peta | Rowand | LV40 | 50:12 | Ambleside | |
| 246 | 134 | Kellie | Bradburn-Sims | LV40 | 51:33 | Howgill Harriers | |
| 247 | 83 | Rebecca | Atkinson | Lady | 51:42 | | |
| 248 | 93 | Jill | Gates | LV50 | 53:26 | Settle Harriers | |
| 249 | 66 | Philip | Corris | MV60 | 53:29 | Lancashire Constabulary | |
| 250 | 155 | Miriam | Rosen | LV60 | 53:32 | Lancaster & Morecambe AC | |
| 251 | 198 | Richard | Handford | MV60 | 54:34 | Settle Harriers | |
| 252 | 7 | Anna | Stevens | LV40 | 54:42 | Helm hill | |
| 253 | 239 | Rachel | Taylor | Lady | 54:46 | Unattached | |
| 254 | 238 | Jack | Taylor | Man | 54:47 | Unattached | |
| 255 | 82 | Graham | Breeze | MV70 | 54:50 | Wharfedale Harriers | |
| 256 | 104 | Alan | Smaly | MV60 | 55:15 | Blackpool | |
| 257 | 107 | Bernard | Singleton | MV60 | 55:16 | Blackpool | |
| 258 | 2 | Wendy | Smith | LV40 | 56:38 | Helm Hill | |
| 259 | 125 | Mark | Birbeck | MV50 | 57:07 | Achille Ratti | |
| 260 | 120 | Philip | Kirkby | MV60 | 57:51 | Coniston | |
| 261 | 92 | James | Robinson | MV60 | 58:12 | Red Rose Road Runners | |
| 262 | 43 | Becky | Gibby | LV40 | 1:00:15 | Helm Hill | |
| 263 | 21 | Bob | Gibbs | MV60 | 1:00:16 | LOC | |
| 264 | 101 | George | James | MV70 | 1:00:27 | Blackpool | |
| 265 | 15 | Denis | Wood | MV70 | 1:03:04 | Borrowdale | |
| 266 | 154 | David | Rosen | MV60 | 1:03:45 | Lancaster & Morecambe AC | |
| 267 | 254 | Marie | Robson | LV50 | 1:03:48 | Helm Hill | |

Under 17 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|-----------------------|----------|
| 1 | 1064 | Daniel | Sanderson | Boy | 17:36 | Ambleside | 1st Boy |
| 2 | 1081 | Matthew | Knowles | Boy | 17:49 | Lancaster & Morecambe | 2nd Boy |
| 3 | 1133 | Toby | Umpleby | Boy | 18:00 | Kendal | 3rd Boy |
| 4 | 1018 | Ben | Edmondson | Boy | 18:23 | Ambleside | |
| 5 | 1038 | Jacob | Smith | Boy | 18:36 | Kendal AAC | |
| 6 | 1087 | Josh | Roelants | Boy | 18:43 | Helm Hill | |
| 7 | 1029 | Chloe | Rylance | Girl | 19:29 | Ambleside AC | 1st Girl |
| 8 | 1107 | Toby | Winnard | Boy | 19:56 | Settle Harriers | |
| 9 | 1130 | Harvey | Cooper | Boy | 19:58 | Leven Valley | |
| 10 | 1074 | Maia | Doherty | Girl | 21:17 | Helm Hill | 2nd Girl |
| 11 | 1060 | Iris | Palmer | Girl | 21:46 | Halifax Harriers | 3rd Girl |
| 12 | 1120 | Adam | Scott | Boy | 23:28 | Kendal | |
| 13 | 1007 | Vaughan | Samson | Boy | 23:30 | Helm Hill Runners | |
| 14 | 1097 | Lottie | Beardwood | Girl | 23:58 | Helm Hill | |
| 15 | 1129 | Erin | Bagge | Girl | 24:18 | Helm Hill | |
| 16 | 1073 | Becky | Dyer | Girl | 24:52 | Helm Hill | |
| 17 | 1101 | Annabelle | Taylor | Girl | 25:02 | Helm Hill | |
| 18 | 1034 | Tyla | Crook | Girl | 26:47 | Helm Hill | |
| 19 | 1015 | Simone | Rigby | Girl | 30:12 | Settle | |
| 20 | 1134 | Emily | Crossley | Girl | 32:03 | Settle Harriers | |
| 21 | 1039 | Anya | Bardsley | Girl | 34:51 | Unattached | |

Under 15 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|-------------|--------------|------|-------|---------------------------------|----------|
| 1 | 1006 | Ollie | Sanders | Boy | 08:30 | Helm Hill | 1st Boy |
| 2 | 1003 | Henry | Hunter | Boy | 08:54 | Helm Hill | 2nd Boy |
| 3 | 1050 | William | Hall | Boy | 08:55 | Calder valley | 3rd Boy |
| 4 | 1054 | Alex | Tallon | Boy | 09:02 | Helm Hill | |
| 5 | 1037 | Ben | Smith | Boy | 09:12 | Kendal AAC | |
| 6 | 1045 | Dylan | Cater | Boy | 09:20 | Helm Hill | |
| 7 | 1049 | Cameron | Coates | Boy | 09:25 | Ambleside | |
| 8 | 1046 | Joe | Ligema | Boy | 09:48 | Ambleside | |
| 9 | 1053 | Christopher | Brown | Boy | 09:55 | Clayton le Moors | |
| 10 | 1030 | Sophie | Rylance | Girl | 09:57 | Ambleside AC | 1st Girl |
| 11 | 1028 | Holly | Dobson | Girl | 10:09 | Ambleside AC | 2nd Girl |
| 12 | 1100 | Joe | Clayton | Boy | 10:10 | Helmhill | |
| 13 | 1040 | John | Bardsley | Boy | 10:17 | Unattached | |
| 14 | 1088 | Ben | Greenep | Boy | 10:27 | Kendal AC | |
| 15 | 1017 | Elodie | Malcolm | Girl | 10:37 | Helm Hill | 3rd Girl |
| 16 | 1076 | Zach | Doherty | Boy | 10:50 | Dallam | |
| 17 | 1080 | CJ | Middleton | Girl | 10:58 | Howgill Harriers | |
| 18 | 1084 | Jack | Collett | Boy | 11:00 | lancaster & morecambe athletics | |
| 19 | 1126 | Freya | Richards | Girl | 11:31 | Helm Hill | |
| 20 | 1026 | Frank | Exley-Harper | Boy | 11:39 | Ambleside | |
| 21 | 1051 | Finley | Grisedale | Boy | 11:59 | Helm Hill | |
| 22 | 1113 | Nathan | Ritchie | Boy | 12:06 | Hoad Hill Harriers | |
| 23 | 1011 | Maisie | Evans | Girl | 12:08 | Ambleside | |
| 24 | 1104 | Jacob | Saunders | Boy | 12:41 | Unattached | |
| 25 | 1098 | Ella | Beardwood | Girl | 13:58 | Helm Hill | |
| 26 | 1121 | Benjamin | Grundy | Boy | 14:25 | Unattached | |

Under 13 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|----------------------------|----------|
| 1 | 1009 | Luke | Carrington | Boy | 06:41 | East Cheshire Harriers | 1st Boy |
| 2 | 1035 | Sarah | Smith | Girl | 06:53 | Helm Hill | 1st Girl |
| 3 | 1001 | Joseph | Rigby | Boy | 06:55 | helm hill | 2nd Boy |
| 4 | 1013 | Cal | McVey | Boy | 06:56 | Ambleside | 3rd Boy |
| 5 | 1025 | Rowan | Ashworth | Boy | 06:58 | Ambleside | |
| 6 | 1008 | Clara | Samson | Girl | 07:02 | Helm Hill Runners | 2nd Girl |
| 7 | 1047 | Ewan | Wilkinson | Boy | 07:03 | KCAC | |
| 8 | 1063 | Patrick | Casey | Boy | 07:04 | Calder Valley Fell Runners | |
| 9 | 1002 | Simon | Rigby | Boy | 07:06 | helm hill | |
| 10 | 1089 | Callum | Osborne | Boy | 07:08 | Trawden | |
| 11 | 1106 | Charlie | Barry | Boy | 07:10 | SETTLE HARRIERS | |
| 12 | 1031 | Caius | Pennington | Boy | 07:22 | Howgill Harriers | |
| 13 | 1027 | Tom | Ashworth | Boy | 07:25 | Ambleside | |
| 14 | 1062 | Bethan | Saunders | Girl | 07:26 | Leven Valley | 3rd Girl |
| 15 | 1108 | Daniel | Knowles-Stark | Boy | 07:28 | Settle | |
| 16 | 1056 | Elise | Tallon | Girl | 07:33 | Helm Hill | |
| 17 | 1042 | Joshua | Todd | Boy | 07:38 | Unattached | |
| 18 | 1005 | Richard | Goode-Smith | Boy | 07:40 | Ambleside | |
| 19 | 1052 | Harvey | Shaw | Boy | 07:41 | Ambleside | |
| 20 | 1135 | Jamie | Waller | Boy | 07:43 | Unattached | |
| 21 | 1082 | Jody | Middleton | Boy | 07:46 | Howgill Harriers | |
| 22 | 1067 | Marvin | Gibbs | Boy | 07:48 | Helm Hill | |
| 23 | 1116 | Euan | Wells | Boy | 07:48 | Howgill Harriers | |
| 24 | 1083 | Hal | Saner-Heigh | Boy | 07:49 | Helm Hill | |
| 25 | 1069 | Blake | Fleming | Boy | 07:50 | Hoad Hill Harriers | |
| 26 | 1044 | Alfie | Todd | Boy | 07:51 | Unattached | |
| 27 | 1079 | Tilly | Knowles | Girl | 07:52 | Ambleside | |
| 28 | 1091 | Ella | Martindale | Girl | 07:56 | Helm Hill Runners | |
| 29 | 1115 | Samuel | Jackson | Boy | 07:59 | Helm Hill | |
| 30 | 1085 | Liam | Barr | Boy | 08:01 | Howgill Harriers | |
| 31 | 1103 | Joel | Saunders | Boy | 08:02 | Helm Hill | |
| 32 | 1123 | Isaac | Robinson | Boy | 08:06 | Howgill Harriers | |
| 33 | 1004 | Luke | Campbell | Boy | 08:08 | Ambleside | |
| 34 | 1048 | Megan | Wilkinson | Girl | 08:09 | KCAC | |
| 35 | 1078 | Toby | Harper | Boy | 08:10 | Ambleside | |
| 36 | 1014 | Martha | Rigby | Girl | 08:11 | Settle | |
| 37 | 1127 | Arran | Revill | Boy | 08:12 | Helm Hill | |
| 38 | 1020 | Jessica | Edmondson | Girl | 08:14 | Ambleside | |
| 39 | 1093 | Charlotte | Peart | Girl | 08:17 | Settle Harriers | |
| 40 | 1032 | Aaron | Smith | Boy | 08:18 | Howgill Harrier | |
| 41 | 1057 | Toby | Acland | Boy | 08:20 | Helm Hill | |
| 42 | 1137 | Esme | Walkingshaw | Girl | 08:22 | Eden | |
| 43 | 1128 | Matthew | Gornall | Boy | 08:25 | Ambleside | |
| 44 | 1061 | Oliver | Brummitt | Boy | 08:28 | Settle | |
| 45 | 1077 | Vicky | Woof | Girl | 08:31 | Howgill Harriers | |
| 46 | 1114 | Will | Brayshaw | Boy | 08:34 | Helm Hill | |
| 47 | 1117 | Lucy | Bagot | Girl | 08:39 | Settle | |
| 48 | 1066 | Ewan | Black | Boy | 08:40 | Helm Hill | |
| 49 | 1010 | Joss | Evans | Girl | 08:41 | Ambleside | |
| 50 | 1111 | Jude | Evans | Boy | 08:42 | Unattached | |
| 51 | 1118 | Connie-May | Scott | Girl | 08:43 | Kendal | |
| 52 | 1022 | Jamie | Graham | Boy | 08:44 | Ambleside | |
| 53 | 1041 | Oliver | Willoughby | Boy | 08:45 | Helm Hill | |
| 54 | 1021 | Ruby | Duxbury | Girl | 08:46 | Ambleside | |
| 55 | 1090 | Tamzin | Osborne | Girl | 08:50 | Trawden | |
| 56 | 1019 | Emma | Duxbury | Girl | 08:51 | Ambleside | |
| 57 | 1095 | Thomas | Hearn | Boy | 08:56 | Helm Hill | |
| 58 | 1125 | Theo | Robinson | Boy | 08:57 | Howgill Harriers | |
| 59 | 1119 | Sonny | Atkin | Boy | 09:01 | Settle | |
| 60 | 1092 | Madeleine | Martindale | Girl | 09:03 | | |

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|----|------|---------|---------------|------|-------|-------------------------|--|
| 61 | 1043 | Jo | Cater | Girl | 09:04 | Helm Hill | |
| 62 | 1086 | Felix | Cooper | Boy | 09:04 | Hoadhill harriers | |
| 63 | 1024 | Rory | Knowles | Boy | 09:06 | Ambleside | |
| 64 | 1058 | Zack | Capstick | Boy | 09:08 | Ambleside | |
| 65 | 1068 | Tess | Gibbs | Girl | 09:11 | Helm Hill | |
| 66 | 1012 | Emily | Pearl | Girl | 09:14 | Lancaster and Morecambe | |
| 67 | 1036 | Alfie | Almond | Boy | 09:19 | Unattached | |
| 68 | 1059 | Bobby | Wilkin | Boy | 09:24 | Ambleside | |
| 69 | 1131 | Leala | Gornall | Girl | 09:28 | Ambleside | |
| 70 | 1023 | Patrick | Wood | Boy | 09:32 | Ambleside | |
| 71 | 1016 | Cate | Matthew | Girl | 09:39 | N/A | |
| 72 | 1105 | Sophie | Goodall | Girl | 09:43 | Unattached | |
| 73 | 1075 | Katie | Lowis | Girl | 09:55 | Howgill Harriers | |
| 74 | 1071 | Hannah | Dyer | Girl | 09:56 | Helm Hill | |
| 75 | 1112 | Georgia | France | Girl | 09:56 | Helm Hill | |
| 76 | 1109 | Poppy | Scott | Girl | 09:57 | Unattached | |
| 77 | 1102 | Ava | Saunders | Girl | 10:05 | Unattached | |
| 78 | 1072 | Noa | Calman | Girl | 10:07 | Ambleside AC | |
| 79 | 1096 | Alicia | Crawford | Girl | 10:17 | Helm Hill | |
| 80 | 1124 | Tess | Evans | Girl | 10:21 | Unattached | |
| 81 | 1065 | Eleanor | King | Girl | 10:29 | Helm Hill | |
| 82 | 1070 | Seren | Green | Girl | 10:30 | Ambleside | |
| 83 | 1055 | Megan | Harris | Girl | 10:39 | Helm Hill | |
| 84 | 1136 | Beau | Walkingshaw | Girl | 10:47 | Eden | |
| 85 | 1132 | Bridget | Atkinson | Girl | 10:50 | | |
| 86 | 1122 | Robin | Blunden | Girl | 11:57 | Helm Hill | |
| 87 | 1094 | Sophie | Hearn | Girl | 12:05 | Unattached | |
| 88 | 1110 | Amelia | Knowles-Stark | Girl | DNF | Settle | |
| 89 | 1099 | Charlie | Clayton | Boy | DNF | Helmhill | |

Scout Scar 2018 Category Results

ALL SENIOR MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 259 | Phil | Marsden | Man | 27:26 | Horwich Harriers | 1st Man |
| 2 | 164 | James | Hall | Man | 27:52 | Wharfedale | 2nd Man |
| 3 | 4 | Michael | Ainsworth | Man | 28:01 | Helm Hill | 3rd Man |
| 4 | 221 | Jack | Wright | Man | 28:07 | Ambleside | |
| 5 | 244 | Adam | Perry | Man | 28:27 | Helm Hill | |
| 6 | 222 | Jonny | Malley | Man | 28:35 | Ambleside | |
| 7 | 54 | Michael | Barron | Man | 28:39 | Ambleside AC | |
| 8 | 29 | Jon | Rylance | MV40 | 29:10 | Ambleside AC | 1st MV40 |
| 9 | 59 | Joshua | Jardine | Man | 29:18 | Helm Hill | |
| 10 | 51 | Tom | Addison | Man | 29:21 | Helm Hill | |
| 11 | 108 | Joshua | Liddle | MU21 | 29:31 | Eden Runners | 1st MU21 |
| 12 | 94 | Oliver | Heaton | Man | 29:41 | Preston Harriers | |
| 13 | 191 | Duncan | Birtwhistle | Man | 29:46 | Unattached | |
| 14 | 248 | Tim | Cowin | MV40 | 29:52 | Helm Hill | |
| 15 | 91 | Ben | Procter | Man | 29:59 | Helm Hill Runners | |
| 16 | 196 | Doug | Love | Man | 30:09 | Bowland | |
| 17 | 260 | Laurie | Kearsey | Man | 30:18 | Helm Hill | |
| 18 | 99 | Phil | Mather | Man | 30:21 | Lonsdale | |
| 19 | 211 | Philip | Withnall | Man | 30:25 | Lonsdale Fell Runners | |
| 20 | 185 | Jacob | Aubrey | MU21 | 30:51 | Helm Hill Runners | |
| 21 | 30 | Brian | Pennington | MV40 | 30:57 | Howgill Harriers | |
| 22 | 209 | Joseph | Conner | MU21 | 31:05 | Helm Hill | |
| 23 | 172 | Paul | Reilly | MV40 | 31:08 | Helm hill | |
| 24 | 90 | William | Sisson | Man | 31:13 | Kendal AAC | |
| 25 | 162 | Tom | Simpson | Man | 31:29 | Unattached | |
| 26 | 256 | Richard | Stevens | MV40 | 31:31 | Ambleside Ac | |
| 27 | 143 | Lewis | Bowness | MU21 | 31:34 | Helm Hill | |
| 28 | 31 | James | Graham | MV40 | 31:35 | Ambleside | |
| 29 | 74 | Rick | Stuart | MV50 | 31:38 | Helm Hill Runners | 1st MV50 |
| 30 | 87 | Scott | Umpleby | MV50 | 31:46 | Kendal AAC | |
| 31 | 240 | Michael | Dugdale | MU21 | 31:59 | Helm Hill Runners | |
| 32 | 95 | Jonathon | Lowther | Man | 32:01 | Helm Hill | |
| 33 | 200 | Alastair | Dunn | MV40 | 32:10 | Helm Hill | |
| 34 | 253 | Jack | Simpson | Man | 32:11 | Helm Hill | |
| 35 | 60 | Garry | Beardwood | MV40 | 32:16 | Helm Hill | |
| 36 | 139 | Calvin | Routledge | MV40 | 32:21 | Ambleside | |
| 37 | 24 | Craig | Burrow | MV40 | 32:46 | Hel Hill Runners | |
| 38 | 49 | Jacob | Dyer | MV40 | 32:47 | Helm Hill | |
| 39 | 32 | Stuart | Dickson | MV40 | 32:48 | Ambleside AC | |
| 40 | 224 | Mike | Berners-Lee | MV50 | 32:57 | Unattached | |
| 41 | 36 | Joe | Todd | MV40 | 32:58 | Kendal | |
| 42 | 123 | Theo | Johnson | Man | 33:00 | Unattached | |
| 43 | 115 | Matt | Wilson | MV40 | 33:02 | Kendal AC | |
| 44 | 69 | Tim | Thom | MV50 | 33:05 | KCAC | |
| 45 | 1138 | David | Goadby | Man | 33:08 | Helm Hill | |
| 46 | 135 | Carl | Pawson | MV40 | 33:09 | Barlick Fell Runners | |
| 47 | 56 | Andy | Wilkin | Man | 33:12 | Unattached | |
| 48 | 137 | Richard | Wilson | Man | 33:13 | Kendal | |
| 49 | 26 | Daniel | Malcolm | MV40 | 33:15 | Helm Hill | |
| 50 | 207 | Ross | Jenkin | Man | 33:17 | Howgill harriers | |
| 51 | 50 | Rob | Harper | MV40 | 33:19 | Ambleside | |
| 52 | 116 | Steven | Procter | Man | 33:24 | Settle Harriers | |
| 53 | 73 | Rod | Scott | MV40 | 33:27 | | |
| 54 | 46 | Sam | Brummitt | MV40 | 33:29 | Settle Harriers | |
| 55 | 187 | Peter | Lawson | Man | 33:32 | | |
| 56 | 47 | Will | Acland | MV40 | 33:41 | Helm Hill | |
| 57 | 10 | Jake | Lowther | Man | 33:48 | Helm Hill | |
| 58 | 171 | Jim | Andrews | MV50 | 33:51 | Helm Hill | |

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|-----|------|----------|----------------|------|-------|--------------------------|----------|
| 59 | 71 | Sean | Robinson | Man | 33:55 | Howgill Harriers | |
| 60 | 61 | Wayne | Dunn | Man | 34:08 | Settle Harriers | |
| 61 | 77 | Rob | Crawford | MV40 | 34:16 | HOWGILL HARRIERS | |
| 62 | 217 | Robert | Moffat | Man | 34:24 | Howgill Harriers | |
| 63 | 129 | Adrian | Beckwith | Man | 34:26 | Howgill Harriers | |
| 64 | 228 | Peter | Rigby | Man | 34:33 | Unattached | |
| 65 | 45 | James | Baron | MV50 | 34:37 | Helm Hill | |
| 66 | 16 | Graham | Schofield | MV60 | 34:44 | Horwich RMI Harriers | 1st MV60 |
| 67 | 117 | Simon | Fox | MV50 | 34:45 | Darwen Dashers | |
| 68 | 146 | Martin | Askew | MU21 | 34:49 | Helm Hill | |
| 69 | 188 | Jonny | Marchant | MV40 | 34:50 | Helm Hill Runners | |
| 70 | 84 | Tom | Smith | MV50 | 34:52 | Bowland | |
| 71 | 237 | James | Todhunter | Man | 34:54 | Helm Hill | |
| 72 | 25 | Tom | Matthew | MV40 | 34:54 | Bowland | |
| 73 | 127 | John | Rainford | MV50 | 34:56 | Preston Harriers | |
| 74 | 98 | Rowan | Wood | Man | 35:10 | Lonsdale | |
| 75 | 177 | Josh | Griffin | MV50 | 35:12 | Dallam | |
| 76 | 128 | James | Coulthard | MV40 | 35:16 | Howgill Harriers | |
| 77 | 183 | Ben | Whitham | Man | 35:17 | U/A | |
| 78 | 79 | Jake | Cooper | MU21 | 35:19 | Leven Valley | |
| 79 | 112 | David | Houlsworth | MV60 | 35:23 | Unattached | |
| 80 | 192 | Brian | Thompson | MV60 | 35:28 | Helm Hill | |
| 81 | 234 | Justin | Evans | Man | 35:30 | Helm Hill | |
| 82 | 157 | Danny | Seddon-Roberts | Man | 35:32 | FRA | |
| 83 | 145 | Anthony | Bowness | MV40 | 35:34 | Kendal AC | |
| 84 | 53 | Steven | Middleton | MV40 | 35:35 | Howgill Harriers | |
| 85 | 263 | Tim | Pickering | Man | 35:36 | Helm Hill | |
| 86 | 5 | Shaun | Addison | MV50 | 35:37 | Helm Hill | |
| 87 | 212 | Paul | Tynan | MV50 | 35:40 | Lonsdale | |
| 88 | 136 | Declan | Bulmer | Man | 35:42 | Wharfedale | |
| 89 | 27 | Jason | Edmondson | MV40 | 35:43 | Ambleside | |
| 90 | 140 | John | Jones | MV50 | 35:44 | Kendal AAC | |
| 91 | 218 | Paul | Macfarlane | MV40 | 35:45 | Helm Hill | |
| 92 | 131 | John | Robson | MV50 | 35:48 | Helm Hill | |
| 93 | 42 | Andy | Holden | MV50 | 35:56 | Wharfedale Harriers | |
| 94 | 174 | Alistair | Hearn | MV40 | 36:03 | Helm Hill | |
| 95 | 1139 | Paul | Turner | MV40 | 36:05 | Helm Hill Runners | |
| 96 | 67 | Jack | Holt | MV60 | 36:10 | Clayton le Moors | |
| 97 | 124 | Stuart | Roberts | MV40 | 36:13 | Unattached | |
| 98 | 206 | Graham | Lubb | MV50 | 36:26 | Unattached | |
| 99 | 142 | Michael | Toman | MV50 | 36:27 | Rosendale Harriers | |
| 100 | 126 | Chris | Downham | Man | 36:31 | Unattached | |
| 101 | 223 | Simon | Waller | MV40 | 36:33 | Helm Hill | |
| 102 | 257 | Justin | Dixon | Man | 36:36 | kendal tri club | |
| 103 | 9 | Philip | Rigby | MV50 | 36:45 | Helm Hill | |
| 104 | 159 | Leigh | Warburton | MV60 | 36:53 | Bowland Fell Runners | |
| 105 | 13 | Gareth | Davies | Man | 36:56 | Darwen dashers | |
| 106 | 86 | Joey | Umpleby | MU21 | 36:57 | Kendal AAC | |
| 107 | 147 | Matt | Bourne | MV40 | 37:19 | Bowland Fell Runners | |
| 108 | 220 | Richard | Smith | Man | 37:25 | Helm Hill | |
| 109 | 241 | Paul | Dugdale | MV50 | 37:30 | Helm Hill Runners | |
| 110 | 85 | Ian | Hutchinson | MV50 | 37:31 | Bowland Fell Runners | |
| 111 | 257 | Justin | Dixon | Man | 37:33 | kendal tri club | |
| 112 | 203 | Toby | Johnson | MV40 | 37:36 | Helm Hill Runners | |
| 113 | 89 | Dave | Kershaw | MV60 | 37:40 | Chorley athletic and tri | |
| 114 | 205 | Ronald | Hummelink | Man | 37:44 | Lonsdale fell runners | |
| 115 | 190 | Nick | Oddy | MV40 | 37:51 | Skipton | |
| 116 | 110 | William | Coupe | MV50 | 38:01 | Helm Hill | |
| 117 | 258 | Mark | Dixon | MV40 | 38:03 | kendal tri club | |
| 118 | 122 | Martin | Ramsay | MV50 | 30:05 | Helm Hill | |
| 119 | 265 | Graeme | Stott | MV40 | 38:10 | Howgill Harriers | |
| 120 | 88 | Steven | Roberts | MV40 | 38:20 | Kendal | |

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|-----|------|---------|---------------|------|-------|-------------------------|----------|
| 121 | 235 | Tyrone | Lewis | MV50 | 38:24 | Dallam | |
| 122 | 163 | Chris | Schofield | MV50 | 38:27 | Helm Hill | |
| 123 | 62 | David | Appleyard | MV50 | 38:35 | Helm Hill | |
| 124 | 184 | Roger | Aubrey | MV50 | 38:43 | Helm Hill Runners | |
| 125 | 40 | Jonny | Grisedale | MV40 | 38:46 | Helm Hill | |
| 126 | 199 | Philipe | Jumeau | MV50 | 38:48 | Unattached | |
| 127 | 232 | Andy | Bryan | MV40 | 38:49 | Dallam | |
| 128 | 6 | David | Barnes | MV60 | 38:50 | Horwich | |
| 129 | 12 | Tim | Murray | MV50 | 38:56 | Helm Hill | |
| 130 | 210 | John | Tombs | MV40 | 39:11 | Eden | |
| 131 | 35 | Craig | Peart | Man | 39:16 | LMAC | |
| 132 | 111 | Mike | Walsh | MV60 | 39:41 | Kendal AAC | |
| 133 | 19 | Spencer | Samson | MV50 | 39:47 | Kendal AC | |
| 134 | 152 | Mark | Taylor | Man | 39:50 | Clayton le Moors | |
| 135 | 215 | Philip | Harrington | MV40 | 39:51 | Helm Hill | |
| 136 | 243 | Andrew | Russell | MV50 | 39:53 | Helm Hill Runners | |
| 137 | 57 | Ryan | Smith | Man | 39:55 | Unattached | |
| 138 | 105 | Paul | Corkill | Man | 39:56 | Levens Valley AC | |
| 139 | 204 | Gary | Lane | MV40 | 40:05 | Howgill Harriers | |
| 140 | 150 | Darren | Woodhams | MV40 | 40:08 | N/a | |
| 141 | 194 | Dominic | Merchant | Man | 40:16 | Helm Hill | |
| 142 | 75 | Andy | Mingay | Man | 40:18 | Eden Runners | |
| 143 | 78 | Peter | Bascombe | MV40 | 40:28 | Bowness Badminton | |
| 144 | 169 | David | Hollingham | MV50 | 40:33 | Kendal Tri Club | |
| 145 | 106 | Peter | Singleton | MV60 | 40:35 | Blackpool | |
| 146 | 160 | David | Burton | MV50 | 40:39 | Keswick AC | |
| 147 | 109 | Stephen | Armstrong | MV50 | 40:42 | Unattached | |
| 148 | 167 | Mark | Glater | MV50 | 40:49 | Skelmersdale | |
| 149 | 44 | Sam | Gibbs | MV40 | 40:55 | Helm Hill | |
| 150 | 144 | Mike | Addison | MV50 | 41:01 | Unattached | |
| 151 | 138 | Mike | Woodbridge | MV50 | 41:08 | Dallam | |
| 152 | 38 | Jeremy | Wilkinson | MV40 | 41:10 | KCAC | |
| 153 | 1140 | Tony | Shepherd | MV50 | 41:14 | Wharfedale Harriers | |
| 154 | 170 | Nial | Johnston | MV50 | 41:16 | Unattached | |
| 155 | 255 | Chris | Buxton | MV50 | 41:25 | LOC | |
| 156 | 119 | Mark | Charnley | MV40 | 41:59 | Settle Harries | |
| 157 | 148 | John | Graham | MV50 | 42:05 | Bowland Fell Runners | |
| 158 | 213 | Mark | Walker | MV50 | 42:12 | Kendal AAC | |
| 159 | 176 | Tosh | Shepherd | Man | 42:18 | Unattached | |
| 160 | 156 | Andy | Dickson | MV50 | 42:38 | Coniston | |
| 161 | 70 | Sam | Thom | MU21 | 43:22 | KCAC | |
| 162 | 173 | Michael | McLoughlin | MV60 | 43:43 | Preston Harriers | |
| 163 | 193 | Daniel | Rayson | MV40 | 43:50 | | |
| 164 | 247 | Alan | Miller | MV60 | 43:53 | Kendal | |
| 165 | 103 | John | Taylor | MV60 | 44:14 | Bowland FR | |
| 166 | 55 | Barry | Scholes | MV60 | 44:20 | Settle Harriers | |
| 167 | 250 | David | Cowperthwaite | MV50 | 44:28 | N/A | |
| 168 | 242 | Richard | Simpson | MV60 | 44:48 | Dallam | |
| 169 | 175 | Al | Bradley | MV40 | 45:06 | Ambleside | |
| 170 | 97 | Mike | Binks | Man | 45:10 | Unattached | |
| 171 | 230 | Ian | Peters | MV60 | 45:30 | Glaxo | |
| 172 | 246 | John | Hodgson | MV70 | 45:35 | Dallam | 1st MV70 |
| 173 | 132 | Robin | Haywood | MV40 | 45:57 | Howgill Harriers | |
| 174 | 151 | Gordon | Thompson | MV50 | 46:16 | Preston Harriers | |
| 175 | 180 | Grant | Remington | Man | 46:53 | Unattached | |
| 176 | 113 | Ian | Oakey | MV40 | 47:46 | Settle Harriers | |
| 177 | 202 | Greg | Oulton | MV50 | 48:45 | Lytham | |
| 178 | 133 | Gareth | Bradburn-Sims | MV40 | 49:38 | Howgill Harriers | |
| 179 | 153 | Steven | Roberts | MV50 | 49:54 | Unattached | |
| 180 | 227 | Luke | Harding | Man | 50:02 | Kendal Tri Club | |
| 181 | 66 | Philip | Corris | MV60 | 53:29 | Lancashire Constabulary | |
| 182 | 198 | Richard | Handford | MV60 | 54:34 | Settle Harriers | |

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|-----|-----|---------|-----------|------|---------|--------------------------|--|
| 183 | 238 | Jack | Taylor | Man | 54:47 | Unattached | |
| 184 | 82 | Graham | Breeze | MV70 | 54:50 | Wharfedale Harriers | |
| 185 | 104 | Alan | Smaly | MV60 | 55:15 | Blackpool | |
| 186 | 107 | Bernard | Singleton | MV60 | 55:16 | Blackpool | |
| 187 | 125 | Mark | Birbeck | MV50 | 57:07 | Achille Ratti | |
| 188 | 120 | Philip | Kirkby | MV60 | 57:51 | Coniston | |
| 189 | 92 | James | Robinson | MV60 | 58:12 | Red Rose Road Runners | |
| 190 | 21 | Bob | Gibbs | MV60 | 1:00:16 | LOC | |
| 191 | 101 | George | James | MV70 | 1:00:27 | Blackpool | |
| 192 | 15 | Denis | Wood | MV70 | 1:03:04 | Borrowdale | |
| 193 | 154 | David | Rosen | MV60 | 1:03:45 | Lancaster & Morecambe AC | |

MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------------|------|-------|-----------------------|----------|
| 1 | 259 | Phil | Marsden | Man | 27:26 | Horwich Harriers | 1st Man |
| 2 | 164 | James | Hall | Man | 27:52 | Wharfedale | 2nd Man |
| 3 | 4 | Michael | Ainsworth | Man | 28:01 | Helm Hill | 3rd Man |
| 4 | 221 | Jack | Wright | Man | 28:07 | Ambleside | |
| 5 | 244 | Adam | Perry | Man | 28:27 | Helm Hill | |
| 6 | 222 | Jonny | Malley | Man | 28:35 | Ambleside | |
| 7 | 54 | Michael | Barron | Man | 28:39 | Ambleside AC | |
| 8 | 59 | Joshua | Jardine | Man | 29:18 | Helm Hill | |
| 9 | 51 | Tom | Addison | Man | 29:21 | Helm Hill | |
| 10 | 108 | Joshua | Liddle | MU21 | 29:31 | Eden Runners | 1st MU21 |
| 11 | 94 | Oliver | Heaton | Man | 29:41 | Preston Harriers | |
| 12 | 191 | Duncan | Birtwhistle | Man | 29:46 | Unattached | |
| 13 | 91 | Ben | Procter | Man | 29:59 | Helm Hill Runners | |
| 14 | 196 | Doug | Love | Man | 30:09 | Bowland | |
| 15 | 260 | Laurie | Kearsey | Man | 30:18 | Helm Hill | |
| 16 | 99 | Phil | Mather | Man | 30:21 | Lonsdale | |
| 17 | 211 | Philip | Withnall | Man | 30:25 | Lonsdale Fell Runners | |
| 18 | 185 | Jacob | Aubrey | MU21 | 30:51 | Helm Hill Runners | |
| 19 | 209 | Joseph | Conner | MU21 | 31:05 | Helm Hill | |
| 20 | 90 | William | Sisson | Man | 31:13 | Kendal AAC | |
| 21 | 162 | Tom | Simpson | Man | 31:29 | Unattached | |
| 22 | 143 | Lewis | Bowness | MU21 | 31:34 | Helm Hill | |
| 23 | 240 | Michael | Dugdale | MU21 | 31:59 | Helm Hill Runners | |
| 24 | 95 | Jonathon | Lowther | Man | 32:01 | Helm Hill | |
| 25 | 253 | Jack | Simpson | Man | 32:11 | Helm Hill | |
| 26 | 123 | Theo | Johnson | Man | 33:00 | Unattached | |
| 27 | 1138 | David | Goadby | Man | 33:08 | Helm Hill | |
| 28 | 56 | Andy | Wilkin | Man | 33:12 | Unattached | |
| 29 | 137 | Richard | Wilson | Man | 33:13 | Kendal | |
| 30 | 207 | Ross | Jenkin | Man | 33:17 | Howgill harriers | |
| 31 | 116 | Steven | Procter | Man | 33:24 | Settle Harriers | |
| 32 | 187 | Peter | Lawson | Man | 33:32 | | |
| 33 | 10 | Jake | Lowther | Man | 33:48 | Helm Hill | |
| 34 | 71 | Sean | Robinson | Man | 33:55 | Howgill Harriers | |
| 35 | 61 | Wayne | Dunn | Man | 34:08 | Settle Harriers | |
| 36 | 217 | Robert | Moffat | Man | 34:24 | Howgill Harriers | |
| 37 | 129 | Adrian | Beckwith | Man | 34:26 | Howgill Harriers | |
| 38 | 228 | Peter | Rigby | Man | 34:33 | Unattached | |
| 39 | 146 | Martin | Askew | MU21 | 34:49 | Helm Hill | |
| 40 | 237 | James | Todhunter | Man | 34:54 | Helm Hill | |
| 41 | 98 | Rowan | Wood | Man | 35:10 | Lonsdale | |
| 42 | 183 | Ben | Whitham | Man | 35:17 | U/A | |
| 43 | 79 | Jake | Cooper | MU21 | 35:19 | Leven Valley | |
| 44 | 234 | Justin | Evans | Man | 35:30 | Helm Hill | |
| 45 | 157 | Danny | Seddon-Roberts | Man | 35:32 | FRA | |
| 46 | 263 | Tim | Pickering | Man | 35:36 | Helm Hill | |
| 47 | 136 | Declan | Bulmer | Man | 35:42 | Wharfedale | |
| 48 | 126 | Chris | Downham | Man | 36:31 | Unattached | |
| 49 | 257 | Justin | Dixon | Man | 36:36 | kendal tri club | |
| 50 | 13 | Gareth | Davies | Man | 36:56 | Darwen dashers | |
| 51 | 86 | Joey | Umpleby | MU21 | 36:57 | Kendal AAC | |
| 52 | 220 | Richard | Smith | Man | 37:25 | Helm Hill | |
| 53 | 257 | Justin | Dixon | Man | 37:33 | kendal tri club | |
| 54 | 205 | Ronald | Hummelink | Man | 37:44 | Lonsdale fell runners | |
| 55 | 35 | Craig | Peart | Man | 39:16 | LMAC | |
| 56 | 152 | Mark | Taylor | Man | 39:50 | Clayton le Moors | |
| 57 | 57 | Ryan | Smith | Man | 39:55 | Unattached | |
| 58 | 105 | Paul | Corkill | Man | 39:56 | Levens Valley AC | |
| 59 | 194 | Dominic | Merchant | Man | 40:16 | Helm Hill | |
| 60 | 75 | Andy | Mingay | Man | 40:18 | Eden Runners | |

| | | | | | | | |
|----|-----|-------|-----------|------|-------|-----------------|--|
| 61 | 176 | Tosh | Shepherd | Man | 42:18 | Unattached | |
| 62 | 70 | Sam | Thom | MU21 | 43:22 | KCAC | |
| 63 | 97 | Mike | Binks | Man | 45:10 | Unattached | |
| 64 | 180 | Grant | Remington | Man | 46:53 | Unattached | |
| 65 | 227 | Luke | Harding | Man | 50:02 | Kendal Tri Club | |
| 66 | 238 | Jack | Taylor | Man | 54:47 | Unattached | |

MEN UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|-------------------|----------|
| 1 | 108 | Joshua | Liddle | MU21 | 29:31 | Eden Runners | 1st MU21 |
| 2 | 185 | Jacob | Aubrey | MU21 | 30:51 | Helm Hill Runners | |
| 3 | 209 | Joseph | Conner | MU21 | 31:05 | Helm Hill | |
| 4 | 143 | Lewis | Bowness | MU21 | 31:34 | Helm Hill | |
| 5 | 240 | Michael | Dugdale | MU21 | 31:59 | Helm Hill Runners | |
| 6 | 146 | Martin | Askew | MU21 | 34:49 | Helm Hill | |
| 7 | 79 | Jake | Cooper | MU21 | 35:19 | Leven Valley | |
| 8 | 86 | Joey | Umpleby | MU21 | 36:57 | Kendal AAC | |
| 9 | 70 | Sam | Thom | MU21 | 43:22 | KCAC | |

MEN - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|----------------------|----------|
| 1 | 29 | Jon | Rylance | MV40 | 29:10 | Ambleside AC | 1st MV40 |
| 2 | 248 | Tim | Cowin | MV40 | 29:52 | Helm Hill | |
| 3 | 30 | Brian | Pennington | MV40 | 30:57 | Howgill Harriers | |
| 4 | 172 | Paul | Reilly | MV40 | 31:08 | Helm hill | |
| 5 | 256 | Richard | Stevens | MV40 | 31:31 | Ambleside Ac | |
| 6 | 31 | James | Graham | MV40 | 31:35 | Ambleside | |
| 7 | 200 | Alastair | Dunn | MV40 | 32:10 | Helm Hill | |
| 8 | 60 | Garry | Beardwood | MV40 | 32:16 | Helm Hill | |
| 9 | 139 | Calvin | Routledge | MV40 | 32:21 | Ambleside | |
| 10 | 24 | Craig | Burrow | MV40 | 32:46 | Hel Hill Runners | |
| 11 | 49 | Jacob | Dyer | MV40 | 32:47 | Helm Hill | |
| 12 | 32 | Stuart | Dickson | MV40 | 32:48 | Ambleside AC | |
| 13 | 36 | Joe | Todd | MV40 | 32:58 | Kendal | |
| 14 | 115 | Matt | Wilson | MV40 | 33:02 | Kendal AC | |
| 15 | 135 | Carl | Pawson | MV40 | 33:09 | Barlick Fell Runners | |
| 16 | 26 | Daniel | Malcolm | MV40 | 33:15 | Helm Hill | |
| 17 | 50 | Rob | Harper | MV40 | 33:19 | Ambleside | |
| 18 | 73 | Rod | Scott | MV40 | 33:27 | | |
| 19 | 46 | Sam | Brummitt | MV40 | 33:29 | Settle Harriers | |
| 20 | 47 | Will | Acland | MV40 | 33:41 | Helm Hill | |
| 21 | 77 | Rob | Crawford | MV40 | 34:16 | HOWGILL HARRIERS | |
| 22 | 188 | Jonny | Marchant | MV40 | 34:50 | Helm Hill Runners | |
| 23 | 25 | Tom | Matthew | MV40 | 34:54 | Bowland | |
| 24 | 128 | James | Coulthard | MV40 | 35:16 | Howgill Harriers | |
| 25 | 145 | Anthony | Bowness | MV40 | 35:34 | Kendal AC | |
| 26 | 53 | Steven | Middleton | MV40 | 35:35 | Howgill Harriers | |
| 27 | 27 | Jason | Edmondson | MV40 | 35:43 | Ambleside | |
| 28 | 218 | Paul | Macfarlane | MV40 | 35:45 | Helm Hill | |
| 29 | 174 | Alistair | Hearn | MV40 | 36:03 | Helm Hill | |
| 30 | 1139 | Paul | Turner | MV40 | 36:05 | Helm Hill Runners | |
| 31 | 124 | Stuart | Roberts | MV40 | 36:13 | Unattached | |
| 32 | 223 | Simon | Waller | MV40 | 36:33 | Helm Hill | |
| 33 | 147 | Matt | Bourne | MV40 | 37:19 | Bowland Fell Runners | |
| 34 | 203 | Toby | Johnson | MV40 | 37:36 | Helm Hill Runners | |
| 35 | 190 | Nick | Oddy | MV40 | 37:51 | Skipton | |
| 36 | 258 | Mark | Dixon | MV40 | 38:03 | kendal tri club | |
| 37 | 265 | Graeme | Stott | MV40 | 38:10 | Howgill Harriers | |
| 38 | 88 | Steven | Roberts | MV40 | 38:20 | Kendal | |
| 39 | 40 | Jonny | Grisedale | MV40 | 38:46 | Helm Hill | |
| 40 | 232 | Andy | Bryan | MV40 | 38:49 | Dallam | |
| 41 | 210 | John | Tombs | MV40 | 39:11 | Eden | |
| 42 | 215 | Philip | Harrington | MV40 | 39:51 | Helm Hill | |
| 43 | 204 | Gary | Lane | MV40 | 40:05 | Howgill Harriers | |
| 44 | 150 | Darren | Woodhams | MV40 | 40:08 | N/a | |
| 45 | 78 | Peter | Bascombe | MV40 | 40:28 | Bowness Badminton | |
| 46 | 44 | Sam | Gibbs | MV40 | 40:55 | Helm Hill | |
| 47 | 38 | Jeremy | Wilkinson | MV40 | 41:10 | KCAC | |
| 48 | 119 | Mark | Charnley | MV40 | 41:59 | Settle Harries | |
| 49 | 193 | Daniel | Rayson | MV40 | 43:50 | | |
| 50 | 175 | Al | Bradley | MV40 | 45:06 | Ambleside | |
| 51 | 132 | Robin | Haywood | MV40 | 45:57 | Howgill Harriers | |
| 52 | 113 | Ian | Oakey | MV40 | 47:46 | Settle Harriers | |
| 53 | 133 | Gareth | Bradburn-Sims | MV40 | 49:38 | Howgill Harriers | |

MEN - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|----------------------|----------|
| 1 | 74 | Rick | Stuart | MV50 | 31:38 | Helm Hill Runners | 1st MV50 |
| 2 | 87 | Scott | Umpleby | MV50 | 31:46 | Kendal AAC | |
| 3 | 224 | Mike | Berners-Lee | MV50 | 32:57 | Unattached | |
| 4 | 69 | Tim | Thom | MV50 | 33:05 | KCAC | |
| 5 | 171 | Jim | Andrews | MV50 | 33:51 | Helm Hill | |
| 6 | 45 | James | Baron | MV50 | 34:37 | Helm Hill | |
| 7 | 117 | Simon | Fox | MV50 | 34:45 | Darwen Dashers | |
| 8 | 84 | Tom | Smith | MV50 | 34:52 | Bowland | |
| 9 | 127 | John | Rainford | MV50 | 34:56 | Preston Harriers | |
| 10 | 177 | Josh | Griffin | MV50 | 35:12 | Dallam | |
| 11 | 5 | Shaun | Addison | MV50 | 35:37 | Helm Hill | |
| 12 | 212 | Paul | Tynan | MV50 | 35:40 | Lonsdale | |
| 13 | 140 | John | Jones | MV50 | 35:44 | Kendal AAC | |
| 14 | 131 | John | Robson | MV50 | 35:48 | Helm Hill | |
| 15 | 42 | Andy | Holden | MV50 | 35:56 | Wharfedale Harriers | |
| 16 | 206 | Graham | Lubb | MV50 | 36:26 | Unattached | |
| 17 | 142 | Michael | Toman | MV50 | 36:27 | Rosendale Harriers | |
| 18 | 9 | Philip | Rigby | MV50 | 36:45 | Helm Hill | |
| 19 | 241 | Paul | Dugdale | MV50 | 37:30 | Helm Hill Runners | |
| 20 | 85 | Ian | Hutchinson | MV50 | 37:31 | Bowland Fell Runners | |
| 21 | 110 | William | Coupe | MV50 | 38:01 | Helm Hill | |
| 22 | 122 | Martin | Ramsay | MV50 | 30:05 | Helm Hill | |
| 23 | 235 | Tyrone | Lewis | MV50 | 38:24 | Dallam | |
| 24 | 163 | Chris | Schofield | MV50 | 38:27 | Helm Hill | |
| 25 | 62 | David | Appleyard | MV50 | 38:35 | Helm Hill | |
| 26 | 184 | Roger | Aubrey | MV50 | 38:43 | Helm Hill Runners | |
| 27 | 199 | Philipe | Jumeau | MV50 | 38:48 | Unattached | |
| 28 | 12 | Tim | Murray | MV50 | 38:56 | Helm Hill | |
| 29 | 19 | Spencer | Samson | MV50 | 39:47 | Kendal AC | |
| 30 | 243 | Andrew | Russell | MV50 | 39:53 | Helm Hill Runners | |
| 31 | 169 | David | Hollingham | MV50 | 40:33 | Kendal Tri Club | |
| 32 | 160 | David | Burton | MV50 | 40:39 | Keswick AC | |
| 33 | 109 | Stephen | Armstrong | MV50 | 40:42 | Unattached | |
| 34 | 167 | Mark | Glater | MV50 | 40:49 | Skelmersdale | |
| 35 | 144 | Mike | Addison | MV50 | 41:01 | Unattached | |
| 36 | 138 | Mike | Woodbridge | MV50 | 41:08 | Dallam | |
| 37 | 1140 | Tony | Shepherd | MV50 | 41:14 | Wharfedale Harriers | |
| 38 | 170 | Nial | Johnston | MV50 | 41:16 | Unattached | |
| 39 | 255 | Chris | Buxton | MV50 | 41:25 | LOC | |
| 40 | 148 | John | Graham | MV50 | 42:05 | Bowland Fell Runners | |
| 41 | 213 | Mark | Walker | MV50 | 42:12 | Kendal AAC | |
| 42 | 156 | Andy | Dickson | MV50 | 42:38 | Coniston | |
| 43 | 250 | David | Cowperthwaite | MV50 | 44:28 | N/A | |
| 44 | 151 | Gordon | Thompson | MV50 | 46:16 | Preston Harriers | |
| 45 | 202 | Greg | Oulton | MV50 | 48:45 | Lytham | |
| 46 | 153 | Steven | Roberts | MV50 | 49:54 | Unattached | |
| 47 | 125 | Mark | Birbeck | MV50 | 57:07 | Achille Ratti | |

MEN - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|---------|--------------------------|----------|
| 1 | 16 | Graham | Schofield | MV60 | 34:44 | Horwich RMI Harriers | 1st MV60 |
| 2 | 112 | David | Houlsworth | MV60 | 35:23 | Unattached | |
| 3 | 192 | Brian | Thompson | MV60 | 35:28 | Helm Hill | |
| 4 | 67 | Jack | Holt | MV60 | 36:10 | Clayton le Moors | |
| 5 | 159 | Leigh | Warburton | MV60 | 36:53 | Bowland Fell Runners | |
| 6 | 89 | Dave | Kershaw | MV60 | 37:40 | Chorley athletic and tri | |
| 7 | 6 | David | Barnes | MV60 | 38:50 | Horwich | |
| 8 | 111 | Mike | Walsh | MV60 | 39:41 | Kendal AAC | |
| 9 | 106 | Peter | Singleton | MV60 | 40:35 | Blackpool | |
| 10 | 173 | Michael | McLoughlin | MV60 | 43:43 | Preston Harriers | |
| 11 | 247 | Alan | Miller | MV60 | 43:53 | Kendal | |
| 12 | 103 | John | Taylor | MV60 | 44:14 | Bowland FR | |
| 13 | 55 | Barry | Scholes | MV60 | 44:20 | Settle Harriers | |
| 14 | 242 | Richard | Simpson | MV60 | 44:48 | Dallam | |
| 15 | 230 | Ian | Peters | MV60 | 45:30 | Glaxo | |
| 16 | 66 | Philip | Corris | MV60 | 53:29 | Lancashire Constabulary | |
| 17 | 198 | Richard | Handford | MV60 | 54:34 | Settle Harriers | |
| 18 | 104 | Alan | Smaly | MV60 | 55:15 | Blackpool | |
| 19 | 107 | Bernard | Singleton | MV60 | 55:16 | Blackpool | |
| 20 | 120 | Philip | Kirkby | MV60 | 57:51 | Coniston | |
| 21 | 92 | James | Robinson | MV60 | 58:12 | Red Rose Road Runners | |
| 22 | 21 | Bob | Gibbs | MV60 | 1:00:16 | LOC | |
| 23 | 154 | David | Rosen | MV60 | 1:03:45 | Lancaster & Morecambe AC | |

MEN - VET 70

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|---------|---------------------|----------|
| 1 | 246 | John | Hodgson | MV70 | 45:35 | Dallam | 1st MV70 |
| 2 | 82 | Graham | Breeze | MV70 | 54:50 | Wharfedale Harriers | |
| 3 | 101 | George | James | MV70 | 1:00:27 | Blackpool | |
| 4 | 15 | Denis | Wood | MV70 | 1:03:04 | Borrowdale | |

ALL SENIOR LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|--------------------------------|-------------------|
| 1 | 225 | Kelli | Roberts | Lady | 32:55 | U/A | 1st Lady |
| 2 | 23 | Imogen | Burrow | LU21 | 34:59 | Helm hill | 2nd Lady/1st LU21 |
| 3 | 219 | Clare | Nance | Lady | 35:24 | Lonsdale | 3rd Lady |
| 4 | 261 | Emma | Johnston | Lady | 35:47 | Helm Hill Runners | |
| 5 | 48 | Bianca | Dyer | LV40 | 36:38 | Helm Hill | 1st LV40 |
| 6 | 100 | Ellie | Maddocks | Lady | 36:39 | Lonsdale | |
| 7 | 130 | Amy | Slattery | LU21 | 36:47 | Helm Hill | |
| 8 | 195 | Nina | Walkingshaw | LV40 | 36:50 | Howgill Harriers | |
| 9 | 17 | Ali | Richards | LV40 | 37:39 | Helm Hill Runners | |
| 10 | 197 | Joanna | Rycroft | Lady | 37:43 | Unattached | |
| 11 | 236 | Lucie | Todhunter | Lady | 38:19 | U/A | |
| 12 | 252 | Rachel | Simpson | Lady | 38:45 | Helm hill | |
| 13 | 165 | Bridget | Glaister | LV40 | 39:00 | Parbold Pink Panthers | |
| 14 | 189 | Debbie | Copley | LV50 | 39:04 | Dallam | 1st LV50 |
| 15 | 8 | Jayne | Rigby | LV40 | 40:22 | helm hill | |
| 16 | 226 | Allison | Daly | LV40 | 40:31 | Kendal | |
| 17 | 178 | Caroline | Lambert | LV40 | 40:37 | | |
| 18 | 76 | Heather | Eccles | Lady | 40:52 | Eden Runners | |
| 19 | 233 | Joanne | Mcleod | LV50 | 40:57 | Barrow and Furness Striders AC | |
| 20 | 22 | Jacqueline | Nowell | LV50 | 41:06 | Kendal | |
| 21 | 168 | Claire | Farrington | Lady | 41:46 | Unattached | |
| 22 | 63 | Erica | Evans | Lady | 42:09 | Unattached | |
| 23 | 264 | Anne Marie | Swallow | LV40 | 42:11 | Unattached | |
| 24 | 141 | Lorna | Askew | LV40 | 42:15 | Helm Hill | |
| 25 | 179 | Wendy | Dodds | LV60 | 42:17 | Clayton Le Moors Harriers | 1st LV60 |
| 26 | 33 | Leah | Albion | LU21 | 42:22 | Broughton | |
| 27 | 18 | Helen | Samson | LV40 | 42:26 | Helm Hill Runners | |
| 28 | 34 | Joanne | Pennington | LV40 | 42:45 | Kendal AAC | |
| 29 | 201 | Katie | Palmer | LV40 | 43:01 | Helm Hill | |
| 30 | 52 | Michelle | Middleton | Lady | 43:05 | Howgill Harriers | |
| 31 | 149 | Rachel | Slattery | LV40 | 43:10 | Helm Hill | |
| 32 | 102 | Jo | Taylor | LV50 | 43:14 | Bowland FR | |
| 33 | 65 | Katherine | France | LV40 | 43:19 | Helm Hill | |
| 34 | 20 | Kat | Evans | Lady | 43:27 | Ambleside | |
| 35 | 231 | Victoria | Upton | Lady | 43:33 | Helm Hill Runners | |
| 36 | 14 | Claire | Hardy | Lady | 43:37 | Darwen dashers | |
| 37 | 28 | Niki | Rylance | LV40 | 43:42 | Ambleside AC | |
| 38 | 208 | Lucy | Johnson | LV40 | 44:08 | Helm Hill | |
| 39 | 161 | Libby | Dixon | LV40 | 44:16 | Ambleside | |
| 40 | 64 | Kate | Brayshaw | LV40 | 44:17 | Helm Hill | |
| 41 | 181 | Amy | McGowan | Lady | 44:23 | Helm Hill Runners | |
| 42 | 186 | Liz | McNally | LV40 | 44:31 | Leven Valley | |
| 43 | 216 | Jackie | Chapman | LV50 | 44:33 | LOC | |
| 44 | 11 | Sarah | Senior | LV50 | 44:35 | Helm Hill | |
| 45 | 39 | Joanne | Grisedale | LV40 | 44:39 | Helm Hill | |
| 46 | 96 | Helen | Barker | LV40 | 45:01 | Kendal AAC | |
| 47 | 121 | Gill | Ramsay | LV50 | 45:05 | Helm Hill | |
| 48 | 81 | Meredith | Revill | Lady | 45:12 | Helm Hill | |
| 49 | 118 | Katy | Thompson | LV60 | 45:17 | Clayton le Moors | |
| 50 | 80 | Georgia | Cooper | LU21 | 45:21 | Leven Valley | |
| 51 | 229 | Jo | Rodham | Lady | 45:31 | Unattached | |
| 52 | 245 | Patty | Davies | LV50 | 45:43 | Helm Hill | |
| 53 | 214 | Jane | Latham | LV40 | 45:49 | Unattached | |
| 54 | 58 | Anastasia | Winder | Lady | 45:53 | Leven Valley | |
| 55 | 158 | Paula | Bowen | LV40 | 45:54 | Ambleside | |
| 56 | 41 | Lynn | Whittaker | LV50 | 46:06 | Wharfedale Harriers | |
| 57 | 182 | Hazel | Pearson | LV50 | 46:29 | Helm Hill | |
| 58 | 72 | Zoe | Robinson | Lady | 46:34 | Howgill Harriers | |
| 59 | 37 | Jo | Cater | Lady | 46:39 | Helm Hill | |
| 60 | 249 | Elaine | Cowperthwaite | LV40 | 47:00 | N/A | |

| | | | | | | | |
|----|-----|---------|---------------|------|---------|--------------------------|--|
| 61 | 166 | Nicola | Johnston | LV40 | 47:36 | Parbold Pink Panthers | |
| 62 | 262 | Lindsay | Harrod | LV50 | 47:59 | Helm Hill Runners | |
| 63 | 3 | May | Crawford | Lady | 48:12 | Helm Hill | |
| 64 | 68 | Pam | Bagot | LV40 | 48:54 | Settle | |
| 65 | 114 | Peta | Rowand | LV40 | 50:12 | Ambleside | |
| 66 | 134 | Kellie | Bradburn-Sims | LV40 | 51:33 | Howgill Harriers | |
| 67 | 83 | Rebecca | Atkinson | Lady | 51:42 | | |
| 68 | 93 | Jill | Gates | LV50 | 53:26 | Settle Harriers | |
| 69 | 155 | Miriam | Rosen | LV60 | 53:32 | Lancaster & Morecambe AC | |
| 70 | 7 | Anna | Stevens | LV40 | 54:42 | Helm hill | |
| 71 | 239 | Rachel | Taylor | Lady | 54:46 | Unattached | |
| 72 | 2 | Wendy | Smith | LV40 | 56:38 | Helm Hill | |
| 73 | 43 | Becky | Gibby | LV40 | 1:00:15 | Helm Hill | |
| 74 | 254 | Marie | Robson | LV50 | 1:03:48 | Helm Hill | |

LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|-------------------|-------------------|
| 1 | 225 | Kelli | Roberts | Lady | 32:55 | U/A | 1st Lady |
| 2 | 23 | Imogen | Burrow | LU21 | 34:59 | Helm hill | 2nd Lady/1st LU21 |
| 3 | 219 | Clare | Nance | Lady | 35:24 | Lonsdale | 3rd Lady |
| 4 | 261 | Emma | Johnston | Lady | 35:47 | Helm Hill Runners | |
| 5 | 100 | Ellie | Maddocks | Lady | 36:39 | Lonsdale | |
| 6 | 130 | Amy | Slattery | LU21 | 36:47 | Helm Hill | |
| 7 | 197 | Joanna | Rycroft | Lady | 37:43 | Unattached | |
| 8 | 236 | Lucie | Todhunter | Lady | 38:19 | U/A | |
| 9 | 252 | Rachel | Simpson | Lady | 38:45 | Helm hill | |
| 10 | 76 | Heather | Eccles | Lady | 40:52 | Eden Runners | |
| 11 | 168 | Claire | Farrington | Lady | 41:46 | Unattached | |
| 12 | 63 | Erica | Evans | Lady | 42:09 | Unattached | |
| 13 | 33 | Leah | Albion | LU21 | 42:22 | Broughton | |
| 14 | 52 | Michelle | Middleton | Lady | 43:05 | Howgill Harriers | |
| 15 | 20 | Kat | Evans | Lady | 43:27 | Ambleside | |
| 16 | 231 | Victoria | Upton | Lady | 43:33 | Helm Hill Runners | |
| 17 | 14 | Claire | Hardy | Lady | 43:37 | Darwen dashers | |
| 18 | 181 | Amy | McGowan | Lady | 44:23 | Helm Hill Runners | |
| 19 | 81 | Meredith | Revill | Lady | 45:12 | Helm Hill | |
| 20 | 80 | Georgia | Cooper | LU21 | 45:21 | Leven Valley | |
| 21 | 229 | Jo | Rodham | Lady | 45:31 | Unattached | |
| 22 | 58 | Anastasia | Winder | Lady | 45:53 | Leven Valley | |
| 23 | 72 | Zoe | Robinson | Lady | 46:34 | Howgill Harriers | |
| 24 | 37 | Jo | Cater | Lady | 46:39 | Helm Hill | |
| 25 | 3 | May | Crawford | Lady | 48:12 | Helm Hill | |
| 26 | 83 | Rebecca | Atkinson | Lady | 51:42 | | |
| 27 | 239 | Rachel | Taylor | Lady | 54:46 | Unattached | |

LADIES UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|--------------|-------------------|
| 1 | 23 | Imogen | Burrow | LU21 | 34:59 | Helm hill | 2nd Lady/1st LU21 |
| 2 | 130 | Amy | Slattery | LU21 | 36:47 | Helm Hill | |
| 3 | 33 | Leah | Albion | LU21 | 42:22 | Broughton | |
| 4 | 80 | Georgia | Cooper | LU21 | 45:21 | Leven Valley | |

LADIES - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|---------|-----------------------|----------|
| 1 | 48 | Bianca | Dyer | LV40 | 36:38 | Helm Hill | 1st LV40 |
| 2 | 195 | Nina | Walkingshaw | LV40 | 36:50 | Howgill Harriers | |
| 3 | 17 | Ali | Richards | LV40 | 37:39 | Helm Hill Runners | |
| 4 | 165 | Bridget | Glaister | LV40 | 39:00 | Parbold Pink Panthers | |
| 5 | 8 | Jayne | Rigby | LV40 | 40:22 | helm hill | |
| 6 | 226 | Allison | Daly | LV40 | 40:31 | Kendal | |
| 7 | 178 | Caroline | Lambert | LV40 | 40:37 | | |
| 8 | 264 | Anne Marie | Swallow | LV40 | 42:11 | Unattached | |
| 9 | 141 | Lorna | Askew | LV40 | 42:15 | Helm Hill | |
| 10 | 18 | Helen | Samson | LV40 | 42:26 | Helm Hill Runners | |
| 11 | 34 | Joanne | Pennington | LV40 | 42:45 | Kendal AAC | |
| 12 | 201 | Katie | Palmer | LV40 | 43:01 | Helm Hill | |
| 13 | 149 | Rachel | Slattery | LV40 | 43:10 | Helm Hill | |
| 14 | 65 | Katherine | France | LV40 | 43:19 | Helm Hill | |
| 15 | 28 | Niki | Rylance | LV40 | 43:42 | Ambleside AC | |
| 16 | 208 | Lucy | Johnson | LV40 | 44:08 | Helm Hill | |
| 17 | 161 | Libby | Dixon | LV40 | 44:16 | Ambleside | |
| 18 | 64 | Kate | Brayshaw | LV40 | 44:17 | Helm Hill | |
| 19 | 186 | Liz | McNally | LV40 | 44:31 | Leven Valley | |
| 20 | 39 | Joanne | Grisedale | LV40 | 44:39 | Helm Hill | |
| 21 | 96 | Helen | Barker | LV40 | 45:01 | Kendal AAC | |
| 22 | 214 | Jane | Latham | LV40 | 45:49 | Unattached | |
| 23 | 158 | Paula | Bowen | LV40 | 45:54 | Ambleside | |
| 24 | 249 | Elaine | Cowperthwaite | LV40 | 47:00 | N/A | |
| 25 | 166 | Nicola | Johnston | LV40 | 47:36 | Parbold Pink Panthers | |
| 26 | 68 | Pam | Bagot | LV40 | 48:54 | Settle | |
| 27 | 114 | Peta | Rowand | LV40 | 50:12 | Ambleside | |
| 28 | 134 | Kellie | Bradburn-Sims | LV40 | 51:33 | Howgill Harriers | |
| 29 | 7 | Anna | Stevens | LV40 | 54:42 | Helm hill | |
| 30 | 2 | Wendy | Smith | LV40 | 56:38 | Helm Hill | |
| 31 | 43 | Becky | Gibby | LV40 | 1:00:15 | Helm Hill | |

LADIES - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|---------|--------------------------------|----------|
| 1 | 189 | Debbie | Copley | LV50 | 39:04 | Dallam | 1st LV50 |
| 2 | 233 | Joanne | Mcleod | LV50 | 40:57 | Barrow and Furness Striders AC | |
| 3 | 22 | Jacqueline | Nowell | LV50 | 41:06 | Kendal | |
| 4 | 102 | Jo | Taylor | LV50 | 43:14 | Bowland FR | |
| 5 | 216 | Jackie | Chapman | LV50 | 44:33 | LOC | |
| 6 | 11 | Sarah | Senior | LV50 | 44:35 | Helm Hill | |
| 7 | 121 | Gill | Ramsay | LV50 | 45:05 | Helm Hill | |
| 8 | 245 | Patty | Davies | LV50 | 45:43 | Helm Hill | |
| 9 | 41 | Lynn | Whittaker | LV50 | 46:06 | Wharfedale Harriers | |
| 10 | 182 | Hazel | Pearson | LV50 | 46:29 | Helm Hill | |
| 11 | 262 | Lindsay | Harrod | LV50 | 47:59 | Helm Hill Runners | |
| 12 | 93 | Jill | Gates | LV50 | 53:26 | Settle Harriers | |
| 13 | 254 | Marie | Robson | LV50 | 1:03:48 | Helm Hill | |

LADIES - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|---------------------------|----------|
| 1 | 179 | Wendy | Dodds | LV60 | 42:17 | Clayton Le Moors Harriers | 1st LV60 |
| 2 | 118 | Katy | Thompson | LV60 | 45:17 | Clayton le Moors | |
| 3 | 155 | Miriam | Rosen | LV60 | 53:32 | Lancaster & Morecambe AC | |

UNDER 17 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|-----|-------|-----------------------|----------|
| 1 | 1064 | Daniel | Sanderson | Boy | 17:36 | Ambleside | 1st Boy |
| 2 | 1081 | Matthew | Knowles | Boy | 17:49 | Lancaster & Morecambe | 2nd Boy |
| 3 | 1133 | Toby | Umpleby | Boy | 18:00 | Kendal | 3rd Boy |
| 4 | 1018 | Ben | Edmondson | Boy | 18:23 | Ambleside | |
| 5 | 1038 | Jacob | Smith | Boy | 18:36 | Kendal AAC | |
| 6 | 1087 | Josh | Roelants | Boy | 18:43 | Helm Hill | |
| 7 | 1107 | Toby | Winnard | Boy | 19:56 | Settle Harriers | |
| 8 | 1130 | Harvey | Cooper | Boy | 19:58 | Leven Valley | |
| 9 | 1120 | Adam | Scott | Boy | 23:28 | Kendal | |
| 10 | 1007 | Vaughan | Samson | Boy | 23:30 | Helm Hill Runners | |

UNDER 17 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|------------------|----------|
| 1 | 1029 | Chloe | Rylance | Girl | 19:29 | Ambleside AC | 1st Girl |
| 2 | 1074 | Maia | Doherty | Girl | 21:17 | Helm Hill | 2nd Girl |
| 3 | 1060 | Iris | Palmer | Girl | 21:46 | Halifax Harriers | 3rd Girl |
| 4 | 1097 | Lottie | Beardwood | Girl | 23:58 | Helm Hill | |
| 5 | 1129 | Erin | Bagge | Girl | 24:18 | Helm Hill | |
| 6 | 1073 | Becky | Dyer | Girl | 24:52 | Helm Hill | |
| 7 | 1101 | Annabelle | Taylor | Girl | 25:02 | Helm Hill | |
| 8 | 1034 | Tyla | Crook | Girl | 26:47 | Helm Hill | |
| 9 | 1015 | Simone | Rigby | Girl | 30:12 | Settle | |
| 10 | 1134 | Emily | Crossley | Girl | 32:03 | Settle Harriers | |
| 11 | 1039 | Anya | Bardsley | Girl | 34:51 | Unattached | |

UNDER 15 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|-------------|--------------|-----|-------|---------------------------------|----------|
| 1 | 1006 | Ollie | Sanders | Boy | 08:30 | Helm Hill | 1st Boy |
| 2 | 1003 | Henry | Hunter | Boy | 08:54 | Helm Hill | 2nd Boy |
| 3 | 1050 | William | Hall | Boy | 08:55 | Calder valley | 3rd Boy |
| 4 | 1054 | Alex | Tallon | Boy | 09:02 | Helm Hill | |
| 5 | 1037 | Ben | Smith | Boy | 09:12 | Kendal AAC | |
| 6 | 1045 | Dylan | Cater | Boy | 09:20 | Helm Hill | |
| 7 | 1049 | Cameron | Coates | Boy | 09:25 | Ambleside | |
| 8 | 1046 | Joe | Ligema | Boy | 09:48 | Ambleside | |
| 9 | 1053 | Christopher | Brown | Boy | 09:55 | Clayton le Moors | |
| 10 | 1100 | Joe | Clayton | Boy | 10:10 | Helmhill | |
| 11 | 1040 | John | Bardsley | Boy | 10:17 | Unattached | |
| 12 | 1088 | Ben | Greenep | Boy | 10:27 | Kendal AC | |
| 13 | 1076 | Zach | Doherty | Boy | 10:50 | Dallam | |
| 14 | 1084 | Jack | Collett | Boy | 11:00 | lancaster & morecambe athletics | |
| 15 | 1026 | Frank | Exley-Harper | Boy | 11:39 | Ambleside | |
| 16 | 1051 | Finley | Grisedale | Boy | 11:59 | Helm Hill | |
| 17 | 1113 | Nathan | Ritchie | Boy | 12:06 | Hoad Hill Harriers | |
| 18 | 1104 | Jacob | Saunders | Boy | 12:41 | Unattached | |
| 19 | 1121 | Benjamin | Grundy | Boy | 14:25 | Unattached | |

UNDER 15 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|------------------|----------|
| 1 | 1030 | Sophie | Rylance | Girl | 09:57 | Ambleside AC | 1st Girl |
| 2 | 1028 | Holly | Dobson | Girl | 10:09 | Ambleside AC | 2nd Girl |
| 3 | 1017 | Elodie | Malcolm | Girl | 10:37 | Helm Hill | 3rd Girl |
| 4 | 1080 | CJ | Middleton | Girl | 10:58 | Howgill Harriers | |
| 5 | 1126 | Freya | Richards | Girl | 11:31 | Helm Hill | |
| 6 | 1011 | Maisie | Evans | Girl | 12:08 | Ambleside | |
| 7 | 1098 | Ella | Beardwood | Girl | 13:58 | Helm Hill | |

UNDER 13 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|-----|-------|----------------------------|----------|
| 1 | 1009 | Luke | Carrington | Boy | 06:41 | East Cheshire Harriers | 1st Boy |
| 2 | 1001 | Joseph | Rigby | Boy | 06:55 | helm hill | 2nd Boy |
| 3 | 1013 | Cal | McVey | Boy | 06:56 | Ambleside | 3rd Boy |
| 4 | 1025 | Rowan | Ashworth | Boy | 06:58 | Ambleside | |
| 5 | 1047 | Ewan | Wilkinson | Boy | 07:03 | KCAC | |
| 6 | 1063 | Patrick | Casey | Boy | 07:04 | Calder Valley Fell Runners | |
| 7 | 1002 | Simon | Rigby | Boy | 07:06 | helm hill | |
| 8 | 1089 | Callum | Osborne | Boy | 07:08 | Trawden | |
| 9 | 1106 | Charlie | Barry | Boy | 07:10 | SETTLE HARRIERS | |
| 10 | 1031 | Caius | Pennington | Boy | 07:22 | Howgill Harriers | |
| 11 | 1027 | Tom | Ashworth | Boy | 07:25 | Ambleside | |
| 12 | 1108 | Daniel | Knowles-Stark | Boy | 07:28 | Settle | |
| 13 | 1042 | Joshua | Todd | Boy | 07:38 | Unattached | |
| 14 | 1005 | Richard | Goode-Smith | Boy | 07:40 | Ambleside | |
| 15 | 1052 | Harvey | Shaw | Boy | 07:41 | Ambleside | |
| 16 | 1135 | Jamie | Waller | Boy | 07:43 | Unattached | |
| 17 | 1082 | Jody | Middleton | Boy | 07:46 | Howgill Harriers | |
| 18 | 1067 | Marvin | Gibbs | Boy | 07:48 | Helm Hill | |
| 19 | 1116 | Euan | Wells | Boy | 07:48 | Howgill Harriers | |
| 20 | 1083 | Hal | Saner-Heigh | Boy | 07:49 | Helm Hill | |
| 21 | 1069 | Blake | Fleming | Boy | 07:50 | Hoad Hill Harriers | |
| 22 | 1044 | Alfie | Todd | Boy | 07:51 | Unattached | |
| 23 | 1115 | Samuel | Jackson | Boy | 07:59 | Helm Hill | |
| 24 | 1085 | Liam | Barr | Boy | 08:01 | Howgill Harriers | |
| 25 | 1103 | Joel | Saunders | Boy | 08:02 | Helm Hill | |
| 26 | 1123 | Isaac | Robinson | Boy | 08:06 | Howgill Harriers | |
| 27 | 1004 | Luke | Campbell | Boy | 08:08 | Ambleside | |
| 28 | 1078 | Toby | Harper | Boy | 08:10 | Ambleside | |
| 29 | 1127 | Arran | Revill | Boy | 08:12 | Helm Hill | |
| 30 | 1032 | Aaron | Smith | Boy | 08:18 | Howgill Harrier | |
| 31 | 1057 | Toby | Acland | Boy | 08:20 | Helm Hill | |
| 32 | 1128 | Matthew | Gornall | Boy | 08:25 | Ambleside | |
| 33 | 1061 | Oliver | Brummitt | Boy | 08:28 | Settle | |
| 34 | 1114 | Will | Brayshaw | Boy | 08:34 | Helm Hill | |
| 35 | 1066 | Ewan | Black | Boy | 08:40 | Helm Hill | |
| 36 | 1111 | Jude | Evans | Boy | 08:42 | Unattached | |
| 37 | 1022 | Jamie | Graham | Boy | 08:44 | Ambleside | |
| 38 | 1041 | Oliver | Willoughby | Boy | 08:45 | Helm Hill | |
| 39 | 1095 | Thomas | Hearn | Boy | 08:56 | Helm Hill | |
| 40 | 1125 | Theo | Robinson | Boy | 08:57 | Howgill Harriers | |
| 41 | 1119 | Sonny | Atkin | Boy | 09:01 | Settle | |
| 42 | 1086 | Felix | Cooper | Boy | 09:04 | Hoadhill harriers | |
| 43 | 1024 | Rory | Knowles | Boy | 09:06 | Ambleside | |
| 44 | 1058 | Zack | Capstick | Boy | 09:08 | Ambleside | |
| 45 | 1036 | Alfie | Almond | Boy | 09:19 | Unattached | |
| 46 | 1059 | Bobby | Wilkin | Boy | 09:24 | Ambleside | |
| 47 | 1023 | Patrick | Wood | Boy | 09:32 | Ambleside | |
| DNF | 1099 | Charlie | Clayton | Boy | DNF | Helmhill | |

UNDER 13 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|-------------------------|----------|
| 1 | 1035 | Sarah | Smith | Girl | 06:53 | Helm Hill | 1st Girl |
| 2 | 1008 | Clara | Samson | Girl | 07:02 | Helm Hill Runners | 2nd Girl |
| 3 | 1062 | Bethan | Saunders | Girl | 07:26 | Leven Valley | 3rd Girl |
| 4 | 1056 | Elise | Tallon | Girl | 07:33 | Helm Hill | |
| 5 | 1079 | Tilly | Knowles | Girl | 07:52 | Ambleside | |
| 6 | 1091 | Ella | Martindale | Girl | 07:56 | Helm Hill Runners | |
| 7 | 1048 | Megan | Wilkinson | Girl | 08:09 | KCAC | |
| 8 | 1014 | Martha | Rigby | Girl | 08:11 | Settle | |
| 9 | 1020 | Jessica | Edmondson | Girl | 08:14 | Ambleside | |
| 10 | 1093 | Charlotte | Peart | Girl | 08:17 | Settle Harriers | |
| 11 | 1137 | Esme | Walkingshaw | Girl | 08:22 | Eden | |
| 12 | 1077 | Vicky | Woof | Girl | 08:31 | Howgill Harriers | |
| 13 | 1117 | Lucy | Bagot | Girl | 08:39 | Settle | |
| 14 | 1010 | Joss | Evans | Girl | 08:41 | Ambleside | |
| 15 | 1118 | Connie-May | Scott | Girl | 08:43 | Kendal | |
| 16 | 1021 | Ruby | Duxbury | Girl | 08:46 | Ambleside | |
| 17 | 1090 | Tamzin | Osborne | Girl | 08:50 | Trawden | |
| 18 | 1019 | Emma | Duxbury | Girl | 08:51 | Ambleside | |
| 19 | 1092 | Madeleine | Martindale | Girl | 09:03 | | |
| 20 | 1043 | Jo | Cater | Girl | 09:04 | Helm Hill | |
| 21 | 1068 | Tess | Gibbs | Girl | 09:11 | Helm Hill | |
| 22 | 1012 | Emily | Peart | Girl | 09:14 | Lancaster and Morecambe | |
| 23 | 1131 | Leala | Gornall | Girl | 09:28 | Ambleside | |
| 24 | 1016 | Cate | Matthew | Girl | 09:39 | N/A | |
| 25 | 1105 | Sophie | Goodall | Girl | 09:43 | Unattached | |
| 26 | 1075 | Katie | Lowis | Girl | 09:55 | Howgill Harriers | |
| 27 | 1071 | Hannah | Dyer | Girl | 09:56 | Helm Hill | |
| 28 | 1112 | Georgia | France | Girl | 09:56 | Helm Hill | |
| 29 | 1109 | Poppy | Scott | Girl | 09:57 | Unattached | |
| 30 | 1102 | Ava | Saunders | Girl | 10:05 | Unattached | |
| 31 | 1072 | Noa | Calman | Girl | 10:07 | Ambleside AC | |
| 32 | 1096 | Alicia | Crawford | Girl | 10:17 | Helm Hill | |
| 33 | 1124 | Tess | Evans | Girl | 10:21 | Unattached | |
| 34 | 1065 | Eleanor | King | Girl | 10:29 | Helm Hill | |
| 35 | 1070 | Seren | Green | Girl | 10:30 | Ambleside | |
| 36 | 1055 | Megan | Harris | Girl | 10:39 | Helm Hill | |
| 37 | 1136 | Beau | Walkingshaw | Girl | 10:47 | Eden | |
| 38 | 1132 | Bridget | Atkinson | Girl | 10:50 | | |
| 39 | 1122 | Robin | Blunden | Girl | 11:57 | Helm Hill | |
| 40 | 1094 | Sophie | Hearn | Girl | 12:05 | Unattached | |
| DNF | 1110 | Amelia | Knowles-Stark | Girl | DNF | Settle | |