

## Ambleside Sports - Results 28 July 2016

### Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	42	Simon	Bailey	Man	13:56	Mercia Fell Runners	1st Man
2	807	Robert	Hope	MV40	14:37	Pudsey & Bramley	2nd Man/1st MV40
3	848	Carl	Bell	Man	14:41	Keswick AC	3rd Man
4	834	Rhys	Robinson	Man	14:49	Dark Peak FR	
5	1	Ted	Mason	Man	15:19	Wharfedale Harriers	
6	47	James	Craig	Man	15:28	Barlick	
7	38	Jonny	Bradshaw	Man	15:30	Wharfedale Harriers	
8	855	Oscar	Meanwell	Man	15:38	Borrowdale FR	
9	846	Jack	Wood	Man	15:47	Ilkley Harriers	
10	838	Adam	Perry	Man	15:49	Helm Hill	
11	16	Ben	Kent	Man	15:55	Helm Hill	
12	850	Michael	Ainsworth	Man	15:57	Helm Hill	
13	864	Nigel	Wood	MV40	16:17	Helm Hill	
14	840	Alastair	Dunn	MV40	16:20	Helm Hill	
15	105	Ian	Willis	MV40	16:21	Keighley & Craven	
16	841	Ben	Procter	Man	16:21	Helm Hill	
17	837	Ted	Ferguson	Man	16:22	Borrowdale FR	
18	783	Jon	Rylance	Man	16:32	Ambleside AC	
19	812	Jos	Addison	Man	16:56	Helm Hill	
20	66	Rob	Carr	MV40	16:59	Wharfedale Harriers	
21	854	Paul	Reilly	Man	17:03	Coniston FR	
22	847	John	Perry	Man	17:10	Wharfedale Harriers	
23	839	Carl	Helliwell	MV40	17:28	Clayton-le-Moors	
24	67	Iain	Gibbons	MV40	17:51	Ilkley Harriers	
25	90	John	Marsh	Man	17:53	U/A	
26	101	Stuart	Walton	MV40	17:55	Keighley & Craven	
27	842	Peter	German	Man	17:58	Helm Hill	
28	862	Steve	Angus	MV45	17:59	Keswick AC	1st MV45
29	104	Mike	Egner	MV60	18:01	Settle Harriers	1st MV60
30	796	Paul	Knowles	MV45	18:03	Ambleside AC	
31	866	Sharon	Taylor	Lady	18:03	Helm Hill	1st Lady
32	78	Graham	Pilling	Man	18:04	Pudsey & Bramley	
33	816	Nicola	Jackson	Lady	18:05	Preston Harriers	2nd Lady
34	3	Matt	Richardson	Man	18:26	Wharfedale Harriers	
35	861	Dominic	Raby	MV40	18:33	Chorley AC	
36	28	Stephen	Nicholls	Man	18:39	Wigan & District Harriers & AC	
37	195	Katherine	Lawson	Lady	18:39	Helm Hill	3rd Lady
38	802	Joe	Bolton	Man	18:47	Dudley & Stourbridge H	
39	98	Gavin	Smith	Man	18:55	Skipton AC	
40	40	Rob	Hudson	MV45	19:03	Keighley & Craven	
41	832	Karl	Mason	Man	19:06	Helm Hill	
42	826	Adam	Hayden	Man	19:19	London Fields Tri	
43	849	Jon	Waller	Man	19:21	Pennine FR	
44	41	Andy	Holden	MV50	19:23	Wharfedale Harriers	1st MV50
45	822	Matt	Barnes	MV45	19:24	U/A	
46	178	Rachel	Pilling	Lady	19:35	Pudsey & Bramley	
47	815	Paul	Lowe	Man	19:46	Darlington Harriers	
48	54	Mike	Calvert	MV50	19:48	Howgill Harriers	
49	863	John	Coulston	MV40	19:48	U/A	
50	102	Tom	Matthew	MV45	19:52	Bowland FR	
51	55	Keith	Holder	MV50	19:59	Wharfedale Harriers	
52	199	Sally	Houghton	LV50	20:03	Ripon Runners	1st LV50
53	865	Chris	Hodgson	MV50	20:08	Fellandale	
54	831	Catherine	Niblock	Lady	20:17	Helm Hill	
55	59	Roger	Aubrey	MV50	20:24	Helm Hill	
56	64	Nick	Oddy	MV40	20:26	Skipton AC	
57	52	Robert	Wills	MV40	20:29	U/A	
58	818	Clive	Thornton	MV50	20:33	Esk Valley FC	

59	827	Nathawael-Jon	Ingram	Man	20:42	U/A	
60	14	Thod	Gibson	MV50	20:44	Wharfedale Harriers	
61	184	Kirstin	Bailey	LV40	20:46	Mercia Fell Runners	1st LV40
62	814	Natalie	Curgenven	Lady	20:48	Darlington Harriers	
63	87	Mathew	Cocker	Man	20:53	U/A	
64	193	Jean	Powell	LV45	20:59	Wharfedale Harriers	1st LV45
65	7	Dave	Allen	MV60	21:00	Northern Vets	
66	764	Dave	Bradley	MV45	21:02	Wharfedale Harriers	
67	57	Barry	Scholes	MV60	21:17	Settle Harriers	
68	775	Jason	Edmondson	MV40	21:19	Coniston FR	
69	828	Gary	Mason	MV50	21:43	U/A	
70	824	Matthew	Cannon	Man	21:55	Helm Hill	
71	860	David	Appleyard	MV50	21:56	Helm Hill	
72	843	Alison	Weston	LV50	21:59	Ilkley Harriers	
73	169	Judith	Marshall	LV40	22:02	Settle Harriers	
74	50	Trevor	Symonds	MV60	22:05	U/A	
75	811	Wendy	Dodds	LV50	22:07	Clayton-le-Moors	
76	844	Mary	Gibbons	Lady	22:19	Ilkley Harriers	
77	200	Georgia	Stevens	Lady	22:27	Helm Hill	
78	817	Mark	Nutter	MV50	22:28	Clayton-le-Moors	
79	773	Marcia	Frimm	LV40	22:33	Ambleside AC	
80	170	Julie	Gardner	LV50	22:37	Macclesfield	
81	858	Dave	Kershaw	MV60	22:58	Chorley AC	
82	835	William	Ross	MV40	22:59	Black Combe Runners	
83	819	Andrew	Firth	MV50	23:10	Clayton-le-Moors	
84	197	Vicky	Kirkwood	LV45	23:28	Dallam	
85	782	Nicola	Rylance	LV45	23:36	Ambleside AC	
86	798	David	Wilson	Man	23:41	Wharfedale Harriers	
87	859	Carolyn	Meschino	Lady	24:06	Ambleside AC	
88	8	Paul	Wilson	MV50	24:23	Wharfedale Harriers	
89	823	Russell	Cannon	MV50	24:44	Helm Hill	
90	154	Sarah	Wills	LV40	24:50	U/A	
91	867	Jon	Tombs	MV45	24:52	Eden Runners	
92	804	Brian	Richardson	MV50	25:03	Blackburn Harriers	
93	754	Anastasia	Winder	Lady	25:09	Leven Valley AC	
94	31	Geoff	Thompson	MV50	25:16	Wharfedale Harriers	
95	752	Paula	Bowen	Lady	25:20	Ambleside AC	
96	20	David	Greenwood	MV50	25:45	Rosendale Harriers	
97	830	Katy	Thompson	LV50	25:54	Clayton-le-Moors	
98	829	Alice	Steele	Lady	25:59	Dallam	
99	160	Lucy	Saunders	Lady	26:34	U/A	
100	851	Tim	Farrar	MV45	26:48	Dallam	
101	181	Anne	Handley	LV50	26:51	Wharfedale Harriers	
102	836	Susan	Ross	LV40	26:56	Black Combe Runners	
103	803	Stacey	Skitt	Lady	26:59	Dudley & Stourbridge H	
104	808	Rebecca	Hodgson	Lady	27:03	Helm Hill	
105	856	Karen	Goodyear	LV50	28:02	U/A	
106	187	Su	Thompson	LV45	28:04	Wharfedale Harriers	
107	857	Richard	Tait	MV60	28:05	Ambleside AC	
108	852	George	Thompson	MV60	28:09	Darwen Dashers	
109	833	Reuben	Allonby	Man	28:11	U/A	
110	785	Jason	Middleton	MV45	28:18	Horwich RMI Harriers	
111	747	Lisa	Moodie	LV40	28:44	U/A	
112	810	Scott	Bairstow	MV40	28:45	Keighley & Craven	
113	46	Mark	Birbeck	MV45	29:12	Horwich	
114	821	Peter	Graef	MV50	29:14	U/A	
115	191	Lynda	Hargreaves	LV50	29:52	Wharfedale Harriers	
116	820	Peter	Erhardt	MV60	30:06	Todmorden Harriers	
117	177	Tracey	Strong	Lady	30:52	Wharfedale Harriers	
118	825	Eileen	Jones	LV50	31:19	Clayton-le-Moors	
DNS	845	Eleanor	Knowles	LV45	DNS	Ambleside AC	
DNS	853	Rebecca	Rooke	Lady	DNS	Black Combe Runners	



### Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	220	Joe	Hudson	Boy	14:38	Keighley & Craven	1st Boy
2	229	Joe	Edmondson	Boy	14:44	Ambleside	2nd Boy
3	770	Tom	Barrett	Boy	15:45	Keighley & Craven	3rd Boy
4	799	Harry	Greenbank	Boy	15:56	Calder Valley FR	
5	760	Oliver	Gajdowski	Boy	16:15	Ambleside AC	
6	214	Jacob	Aubrey	Boy	16:27	Helm Hill	
7	222	Logan	Hargreaves-I	Boy	16:28	Wharfedale Harriers	
8	813	Tom	Humphries	Boy	16:34	Eden Runners	
9	208	Adam	Gibson	Boy	16:39	Wharfedale Harriers	
10	727	Sam	Jackson	Boy	16:43	Keighley & Craven	
11	749	Luke	Bowden	Boy	17:05	Ambleside AC	
12	206	Jack	Walton	Boy	17:13	Keighley & Craven	
13	202	Robert	Askew	Boy	17:30	Helm Hill	
14	732	Lewis	Bowness	Boy	17:32	Helm Hill	
15	201	Briony	Holt	Girl	17:37	Clayton-le-Moors	1st Girl
16	226	Jake	Shuttleworth	Boy	18:07	Ambleside	
17	218	Joey	Umpleby	Boy	19:13	Kendal	
18	212	Abbie	Allan	Girl	20:03	Kendal	2nd Girl
19	758	Hannah	Durkin	Girl	20:11	Ambleside AC	3rd Girl
20	209	Emily	Jones	Girl	20:12	Wharfedale Harriers	
21	805	Isobel	Stockley	Girl	20:43	Epsom & Ewell Harriers	
22	809	Corinna	Howorth	Girl	23:18	Rossendale Harriers	
23	213	Emily	Carpenter	Girl	24:10	Settle Harriers	
24	722	Jodie	Ritchie	Girl	25:01	Leven Valley AC	
25	219	Katie	Thurlow	Girl	26:00	Helm Hill	
26	236	Thomas	Beuzeval	Boy	27:28	Helm Hill	
27	224	Alana	Willis	Girl	29:11	Keighley & Craven	

### Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	25	Louis	Hudson	Boy	12:01	Keighley & Craven	1st Boy
2	739	Samuel	Almond	Boy	12:39	Eden Runners	2nd Boy
3	10	Thomas	Marshall	Boy	12:48	Settle Harriers	3rd Boy
4	786	Daniel	Sanderson	Boy	13:00	Ambleside AC	
5	14	Sam	Smith	Boy	13:04	Wharfedale Harriers	
6	763	Alex	Parson	Boy	13:08	Team Bath AC	
7	768	Robin	Regan	Boy	13:13	Eden Runners	
8	7	Sebastian	Segger-Stave	Boy	13:17	Settle Harriers	
9	33	Ben	Edmondson	Boy	13:19	Ambleside	
10	18	Jackson	McKay	Boy	13:25	Clayton-le-Moors	
11	37	Toby	Middleton	Boy	13:32	Horwich	
12	781	Chloe	Rylance	Girl	13:58	Ambleside AC	1st Girl
13	22	Josh	Roelants	Boy	14:09	Helm Hill	
14	19	Alexander	Thompson	Boy	14:12	Wharfedale Harriers	
15	746	Joe	Hodgson	Boy	14:23	U/A	
16	1	Alice	Jones	Girl	14:26	Wharfedale Harriers	2nd Girl
17	728	Eric	Beaumont	Boy	14:28	Keighley & Craven	
18	27	John	Egner	Boy	14:34	Settle Harriers	
19	20	Lauryn	Gregg	Girl	14:50	Rossendale Harriers	3rd Girl
20	784	Lilli	Carr	Girl	15:00	Keighley & Craven	
21	23	Toby	Umpleby	Boy	15:10	Kendal	
22	16	Declan	Walker	Boy	15:14	Pudsey & Bramley	
23	8	Hamish	Wills	Boy	15:20	Keighley & Craven	
24	791	Daniel	Harris	Boy	15:38	Helm Hill	
25	769	Will	Atkinson	Boy	16:01	Keighley & Craven	
26	38	Sonny	Ashton-Fitch	Boy	16:10	Settle Harriers	
27	726	Matthew	Thornley	Boy	16:22	Ambleside AC	
28	736	Amy	Proctor	Girl	16:23	Harrogate Harriers	
29	776	Bethan	Rowley	Girl	16:47	Ambleside AC	
30	36	Courtney	Hutchinson	Girl	17:26	Ambleside	
31	744	Bethany	Reid	Girl	17:50	Chorley AC	
32	737	Emma	Proctor	Girl	19:11	Harrogate Harriers	
33	806	Gisselle	Meschino	Girl	23:26	Ambleside AC	

### Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	751	James	Bowen	Boy	08:04	Ambleside AC	1st Boy
2	750	Harry	Bowen	Boy	08:28	Ambleside AC	2nd Boy
3	95	Dexta	Thompson	Boy	08:46	Clayton le Moors	3rd Boy
4	725	James	Thornley	Boy	08:56	Ambleside AC	
5	60	Lewis	Carr	Boy	08:57	Ilkley Harriers	
6	112	Scott	Fisher	Boy	09:01	Hoad Hill Harriers	
7	71	James	Duffy	Boy	09:07	Calder Valley	
8	74	Addison	Willis	Boy	09:22	Keighley & Craven	
9	118	Samuel	Headley	Boy	09:31	Keighley & Craven	
10	721	Olesia	Winder	Girl	09:32	Leven Valley AC	1st Girl
11	738	Jack	Dixon	Boy	09:33	Ambleside AC	
12	87	Beth	Roberts	Girl	09:36	Keighley & Craven	2nd Girl
13	780	Sophie	Rylance	Girl	09:37	Ambleside AC	3rd Girl
14	66	Jenson	Bentham	Boy	09:43	Clayton le Moors	
15	73	George	Milner	Boy	09:45	Wharfedale Harriers	
16	761	Zak	Dimitrijenic	Boy	09:46	Keighley & Craven	
17	797	Amy	Leonard	Girl	09:48	Houghton Harriers	
18	730	Cal	McIvey	Boy	09:57	Ambleside AC	
19	57	Emily	Swarbrick	Girl	10:04	Broughton Runners	
20	756	James	Kelly	Boy	10:09	Ambleside AC	
21	733	Rowan	Ashworth	Boy	10:11	Ambleside AC	
22	800	Jack	Bevon	Boy	10:12	Ambleside AC	
23	100	Lachlan	Wills	Boy	10:15	Keighley & Craven	
24	83	Harley	Treidl	Boy	10:18	Barlick FR	
25	58	Douglas	Segger-Stave	Boy	10:19	Settle Harriers	
26	52	Dylan	Carr	Boy	10:21	Ilkley Harriers	
27	64	Bethan	Saunders	Girl	10:22	Hoad Hill Harriers	
28	1	Oliver	Bailey	Boy	10:34	Mercia Fell Runners	
29	772	Islay	Aitken	Girl	10:36	Helm Hill	
30	759	William	Durkin	Boy	10:37	Ambleside AC	
31	86	Alex	Matthew	Boy	10:38	Lancaster and Morecambe AC	
32	731	Frank	Exley-Harper	Boy	10:40	Ambleside AC	
33	724	Sam	Thornley	Boy	10:47	Ambleside AC	
34	765	Matthew	Bradley	Boy	10:50	Wharfedale Harriers	
35	723	Nathan	Ritchie	Boy	11:08	Leven Valley AC	
36	110	Ella	Dorrington	Girl	11:10	Clayton-le-Moors	
37	103	Jessica	Edmondson	Girl	11:13	Ambleside	
38	729	Matt	Lannaghan	Boy	11:18	U/A	
39	790	Tom	Williams	Boy	11:19	U/A	
40	792	Hannah	Nicholson	Girl	11:23	Ambleside AC	
41	55	Katie	Handley	Girl	11:25	Wharfedale Harriers	
42	755	Edward	Kelly	Boy	11:27	U/A	
43	743	Maesie	Evans	Girl	11:40	Ambleside AC	
44	793	Alfie	Wilkin	Boy	11:41	Ambleside AC	
45	69	Olivia	Swarbrick	Girl	11:44	Broughton Runners	
46	789	Jamie	Harris	Boy	12:06	Helm Hill	
47	753	Lucy	Goldthorp	Girl	12:13	Chorley AC	
48	740	Ellen	Dickson	Girl	12:23	Ambleside AC	
49	734	Tom	Ashworth	Boy	12:38	Ambleside AC	
50	62	Adele	Dry	Girl	12:42	Teesdale AC	
51	762	Daisy	Dimitrijenic	Girl	12:44	Keighley & Craven	
52	771	Finlay	Aitken	Boy	12:47	Helm Hill	
53	107	Theo	Middleton	Boy	12:48	Horwich	
54	795	Rory	Knowles	Boy	12:49	Ambleside AC	
55	122	Amelie	Lane	Girl	12:50	U/A	
56	794	Bobby	Wilkin	Boy	13:00	Ambleside AC	
57	774	Alexander	Wilson	Boy	13:10	Ambleside AC	
58	778	Ruby	Duxbury	Girl	13:11	Ambleside AC	
59	779	Emma	Duxbury	Girl	13:20	Ambleside AC	
60	115	Minnie	Mills	Girl	13:22	Settle Harriers	

61	85	Lily	Milner	Girl	13:23	Wharfedale Harriers	
62	757	Joshua	Fisher	Boy	13:24	U/A	
63	742	Joss	Evans	Boy	13:26	Ambleside AC	
64	80	Benjamin	Grundy	Boy	13:28	U/A	
65	735	Alena	Cartmell	Girl	13:33	U/A	
66	787	Jessie	Benson	Girl	14:15	U/A	
67	94	Kady	Thompson	Girl	14:30	Clayton le Moors	
68	745	Emily	Reid	Girl	14:42	Chorley AC	
69	748	Charlie	Scott	Boy	15:16	U/A	
70	14	Rosie	Dry	Girl	15:19	U/A	
71	51	Cate	Matthew	Girl	15:22	Lancaster and Morecambe AC	
72	109	Izzy	Ashton-Fitch	Girl	15:32	Settle Harriers	
73	5	Melissa	Walker	Girl	15:40	Pudsey & Bramley	
74	6	Betsy	Willis	Girl	15:45	Keighley & Craven	
75	777	Ben	Rowley	Boy	16:01	Ambleside AC	
76	741	Scarlett	Evans	Girl	16:14	Ambleside AC	
77	767	Oliver	Ellis	Boy	18:59	U/A	