



Supported by Different Strokes

Whitestone - Results 24 January 2016

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	516	Jon	Rylance	MV40	31:56	Ambleside	1st Man/1st MV40
2	742	Paul	Aitken	Man	32:08	Helm Hill	2nd Man
3	635	Alex	Hinchcliffe	Man	32:12	Helm Hill	3rd Man
4	566	Harvey	Lord	Man	32:27	Black Combe	
5	589	Alan	Ashcroft	Man	32:32	Howgill Harrier	
6	562	Will	Sisson	Man	32:50	Kendal	
7	760	Sam	Harrison	Man	33:19	Bowland	
8	542	Ian	Willis	MV40	33:20	Keighley and Craven	
9	822	Ben	Kent	Man	34:02	Helm Hill	
10	829	Paul	Mason	Man	34:18	Helm Hill	
11	655	James	Edwards	MV40	34:21	Lonsdale	
12	736	Mike	Egner	MV60	34:28	Settle	1st MV60
13	504	Craig	Burrows	MV40	34:36	Helm Hill	
14	617	Sharon	Taylor	Lady	34:39	Helm Hill	1st Lady
15	831	Anthony	Rosevear	Man	34:55	Southwell	
16	527	Sean	Robinson	Man	35:18	Howgill Harrier	
17	641	Jim	Andrews	MV50	35:23	Coniston	1st MV50
18	832	Ian	Barnes	Man	35:42	Ambleside	
19	621	Hannah	Russell	Lady	35:44	Helm Hill	2nd Lady
20	639	James	Baron	MV40	36:06	Helm Hill	
21	606	Paul	Lambert	MV50	36:13	Wharfedale	
22	669	Paul	MacFarlane	Man	36:22	Helm Hill	
23	762	Brian	Kennedy	MV50	36:25	Settle	
24	565	Peter	German	Man	36:26	Helm Hill	
25	768	Rowan	Wood	Man	36:36	Lonsdale	
26	573	Anthony	Bowness	MV40	36:37	Kendal	
27	612	John	Rainford	MV50	36:39	Preston	
28	700	Tim	Roe	Man	36:51	Helm Hill	
29	644	Mike	Gilpin	Man	36:53	Helm Hill	
30	643	Stuart	Allan	MV40	37:12	Helm Hill	
31	840	Martin	Spooner	Man	37:36	Howgill Harrier	
32	546	Richard	Wells	MV40	37:51	UA	
33	676	Peter	Lawson	Man	37:55	UA	
34	763	Robert	Mortimore	Man	37:59	Helm Hill	
35	564	Steven	Procter	Man	38:03	Settle	
36	752	Ray	Gill	MV50	38:19	Dallam	
37	582	Paul	Senior	MV40	38:36	Helm Hill	
38	563	Adam	Procter	Man	38:50	Settle	
39	607	David	Griffin	MV50	38:59	Dallam	
40	518	Carol	Evans	LV50	39:02	Settle	3rd Lady/1st LV50
41	595	Mat	Crawford	Man	39:07	Coniston	
42	567	Roger	Aubrey	MV50	39:20	Helm Hill	
43	551	Paul	Jackson	MV40	39:26	Helm Hill	
44	833	Amy	Whelan	Lady	39:31	Ambleside	
45	842	Nigel	Barnes	MV50	39:35	Garstang	
46	826	Graeme	English	Man	39:38	UA	
47	537	Debbie	Copley	LV50	39:55	Dallam	
48	738	Peter	Bascombe	MV40	39:58	UA	
49	827	Adam	Oliver	Man	40:10	Helm Hill	
50	680	Simon	Milligan	MV50	40:18	Helm Hill	
51	817	Paul	Burns	MV40	40:40	Carnethy	
52	672	Stephen	Moor	MV50	40:45	Settle	
53	505	Tim	Murray	MV50	40:50	Helm Hill	

54	841	Fiona	Pattison	Lady	40:52	Helm Hill	
55	620	Nick	Ganniccliffe	MV50	40:55	Dallam	
56	519	Owen	Mills	MV40	41:00	Keighley and Craven	
57	834	Graham	Jackson	Man	41:12	Allithwaite	
58	821	John	Matthews	MV40	41:16	Ambleside	
59	823	Seamus	Wrigley	MV40	41:23	Waveney Valley	
60	679	Patrick	Willink	MV50	41:27	Helm Hill	
61	839	Adam	Thickett	Man	41:34	UA	
62	835	Matt	Lancaster	Man	41:35	UA	
63	640	Michael	Duncan	Man	41:36	UA	
64	645	Carrie	Gibson	LV40	41:37	Helm Hill	1st LV40
65	585	Mo	Kelly	Lady	41:39	Howgill Harrier	
66	558	Chloe	Routledge	Lady	41:40	Ambleside	
67	759	Simon	Galloway	MV50	41:57	Todmorden	
68	743	Barry	Scholes	MV60	42:00	Settle	
69	539	Peter	Singleton	MV50	42:07	Blackpool	
70	614	Michael	McLoughlin	MV60	42:10	Preston	
71	691	Brian	Thompson	MV60	42:11	Helm Hill	
72	818	Lynn	Murray	LV40	42:12	Barrow	
73	576	Andy	Dickson	MV50	42:19	Coniston	
74	727	Andrew	Shepherd	Man	42:20	UA	
75	830	Neil	Thompson	Man	42:30	Howgill Harrier	
76	690	Allan	Miller	MV50	42:57	Kendal	
77	520	Eleanor	Knowles	LV40	42:59	Ambleside	
78	544	Bianca	Dyer	LV40	43:19	Kendal Tri	
79	588	Robert	Crawford	MV40	43:23	Coniston	
80	580	Matthew	Senior	Man	43:39	Helm Hill	
81	824	Lindsey	Berends	LV40	43:41	Preston	
82	500	Georgia	Stevens	Lady	43:55	Helm Hill	
83	745	Gerard	Winnard	MV40	44:00	Newbiggin Harriers	
84	668	Wendy	Dodds	LV60	44:17	Clayton	1st LV60
85	825	Andrew	Millard	Man	44:30	UA	
86	837	Sarah	Gerrish	Lady	44:37	Kendal	
87	628	Mark	Charnley	MV40	44:45	Settle	
88	577	Debs	Greaves	LV40	44:46	Howgill Harrier	
89	642	Daniel	Rayson	MV40	45:02	UA	
90	593	Alice	Steele	Lady	45:34	Dallam	
91	556	Russell	Cannon	MV50	46:02	Helm Hill	
92	559	Carolyn	Meschino	Lady	46:21	Ambleside	
93	664	Chris	Beesley	MV60	46:31	Settle	
94	515	Niki	Rylance	LV40	46:37	Ambleside	
95	673	Victoria	Upton	Lady	46:51	Helm Hill	
96	610	Stephen	Taylor	MV50	47:01	Preston	
97	657	Vicky	Kirkwood	LV40	47:21	Dallam	
98	581	Sarah	Senior	LV40	49:12	Helm Hill	
99	601	John	Hodgson	MV60	49:21	Dallam	
100	704	Ian	Peters	MV50	49:38	Hoad Hill Harriers	
101	836	Sally	Handford	Lady	50:16	Settle	
102	591	Dave	Hewitt	MV50	50:48	Dallam	
103	735	Geoff	Thompson	MV50	51:15	Wharfedale	
104	725	Grant	Remmington	Man	51:17	UA	
105	638	Elizabeth	Adams	LV40	51:20	Helm Hill	
106	828	Hannah	Goodfellow	Lady	51:28	Dallam	
107	838	Marjolein	Thickett	Lady	52:43	UA	
108	501	Anna	Stevens	LV40	54:38	Helm Hill	
109	744	Jill	Gates	LV50	55:45	Settle	
110	590	Lorna	Hewitt	LV40	56:14	Dallam	
111	623	Phil	Kirby	MV60	56:15	Coniston	
112	814	Tracey	Benson	LV40	59:25	UA	
113	741	Katherine	Mills	LV40	1:02:42	Keighley and Craven	
114	531	Lorna	Askew	LV40	1:02:46	Helm Hill	
115	750	Joe	Howard	MV70	1:10:52	Preston	1st MV70

116	716	David	Mainwaring	MV50	DNF	UA	
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Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	134	Reuben	Fox Copley	Boy	10:54	Dallam	1st Boy
2	154	Elliott	Matier	Boy	10:56	Eden Runners	2nd Boy
3	13	Joe	Edmondson	Boy	10:57	Ambleside	3rd Boy
4	139	Jacob	Aubrey	Boy	11:01	Helm Hill	
5	44	Oliver	Gajdowski	Boy	11:31	Ambleside	
6	14	Tom	Marchant	Boy	11:35	Pendle	
7	43	Luke	Bowen	Boy	11:49	Ambleside	
8	53	Jake	Shuttleworth	Boy	11:50	Ambleside	
9	140	George	Attwood	Boy	12:30	Dallam	
10	128	Jamie	Macleod	Boy	12:51	Dallam	
11	223	Robert	Albion	Boy	13:14	Broughton	
12	143	Lewis	Bowness	Boy	13:39	Helm Hill	
13	2	Imogen	Burrow	Girl	14:04	Helm Hill	1st Girl
14	126	Sam	Thom	Boy	14:56	Keighley and Craven	
15	158	Hannah	Durkin	Girl	14:57	Ambleside	2nd Girl
16	155	Katie	Russell	Girl	15:41	Helm Hill	3rd Girl
17	151	Katie	Thurlow	Girl	15:52	Helm Hill	
18	181	Tommy	Beuzeval	Boy	16:29	Helm Hill	
19	233	Euan	Burns	Boy	16:46	Carnethy	
20	141	Grace	Attwood	Girl	18:28	Dallam	
21	222	Leah	Albion	Girl	18:39	Broughton	
22	8	Jodie	Ritchie	Girl	19:53	Hoad Hill Harriers	
23	238	Charlotte	Foster	Girl	20:28	Dallam	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	07:39	Ambleside	1st Boy
2	221	Thomas	Marshall	Boy	07:43	Settle	2nd Boy
3	79	Charlie	Harding	Boy	08:01	Eden Runners	3rd Boy
4	61	Jacob	Smith	Boy	08:12	Kendal	
5	88	Daniel	Sanderson	Boy	08:17	Ambleside	
6	229	Briony	Holt	Girl	08:18	Clayton	1st Girl
7	47	Josh	Roelants	Boy	08:19	Helm Hill	
8	23	Chloe	Rylance	Girl	08:20	Ambleside	2nd Girl
9	228	Lilli	Carr	Girl	08:30	Keighley and Craven	3rd Girl
10	97	Toby	Winnard	Boy	08:52	Settle	
11	112	Toby	Umpleby	Boy	08:54	Kendal	
12	162	John	Egner	Boy	09:11	Settle	
13	49	Brodie	Weymouth	Boy	09:20	Aragons Junior Tri	
14	18	Vaughan	Samson	Boy	09:34	Helm Hill	
15	33	Maia	Doherty	Girl	09:37	Helm Hill	
16	96	Annabelle	Taylor	Girl	09:39	Helm Hill	
17	87	Harry	Sanderson	Boy	09:41	Ambleside	
18	183	Adam	Scott	Boy	09:42	Kendal	
19	168	Rosie	Woodhams	Girl	09:43	Dallam	
20	65	Lottie	Beardwood	Girl	09:44	Helm Hill	
21	130	Charlotte	Barrett	Girl	09:48	Wharfedale	
22	159	Emily	Carpenter	Girl	10:11	Settle	
23	22	Courtney	Hutchinson	Girl	10:13	Ambleside	
24	138	Matthew	Pendlebury	Boy	10:14	Howgill Harrier	
25	17	Bethan	Rowley	Girl	10:16	Ambleside	
26	161	Erin	Cummins	Girl	10:26	Settle	
27	52	Jack	Hill	Boy	10:32	Aragons Junior Tri	
28	137	Giselle	Meschino	Girl	11:02	Ambleside	
29	144	Lydia	Shenton	Girl	11:05	UA	
30	225	Charlie	Dixon	Boy	11:18	Ambleside	
31	234	Holly	Murray	Girl	11:33	Barrow	
32	57	Emily	Crossley	Girl	11:53	Settle	
33	125	Beckie	Dyer	Girl	12:09	Helm Hill	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	41	Sam	Smith	Boy	05:55	Wharfedale	1st Boy
2	45	James	Bowen	Boy	05:57	Ambleside	2nd Boy
3	15	Ollie	Sanders	Boy	05:58	Helm Hill	3rd Boy
4	46	Harry	Bowen	Boy	06:04	Ambleside	
5	6	Henry	Hunter	Boy	06:09	Helm Hill	
6	224	Eilo	Beestley	Boy	06:31	Calder Valley	
7	5	James	Duffy	Boy	06:48	CVFR	
8	24	Sophie	Rylance	Girl	06:49	Ambleside	1st Girl
9	34	Evan	Mills	Boy	06:50	Keighley and Craven	
10	36	Joseph	Clayton	Boy	06:52	Helm Hill	
11	109	Evan	Allan	Boy	06:54	Helm Hill	
12	4	Emily	Swarbrick	Girl	06:55	Broughton	2nd Girl
13	58	Ben	Smith	Boy	06:59	Kendal	
14	116	Addison	Willis	Boy	07:04	Keighley and Craven	
15	156	Christophe	Brown	Boy	07:09	Clayton	
16	19	Clara	Samson	Girl	07:13	Helm Hill	3rd Girl
17	178	Mia	Heath	Girl	07:16	Helm Hill	
18	66	Warren	Flemming	Boy	07:17	Hoad Hill Harriers	
19	157	William	Durkin	Boy	07:18	Ambleside	
20	208	Ben	Greenep	Boy	07:19	Settle	
21	60	Oliver	Smith	Boy	07:20	Kendal	
22	29	Bethan	Saunders	Girl	07:21	Hoad Hill Harriers	
23	56	Charlie	Barry	Boy	07:26	Settle	
24	81	Alex	Graham	Boy	07:30	Ambleside	
25	226	Freddie	Dixon	Boy	07:31	Ambleside	
26	90	Ewan	Magri	Boy	07:33	UA	
27	174	Islay	Aitken	Girl	07:37	Helm Hill	
28	164	Charlie	Blackburn	Boy	07:39	Ambleside	
29	177	Jack	Benson	Boy	07:42	Ambleside	
30	7	Nathan	Richie	Boy	07:43	Hoad Hill Harriers	
31	75	Leo	Ranner	Boy	07:52	Helm Hill	
32	32	Zach	Doherty	Boy	07:53	Dallam	
33	64	Ella	Beardwood	Girl	07:55	Helm Hill	
34	2	Imogen	Burrow	Girl	07:59	Helm Hill	
35	42	Gordon	Blackburn	Boy	08:02	Ambleside	
36	59	Sarah	Smith	Girl	08:04	Kendal	
37	227	Rhiannon	Winder	Girl	08:05	UA	
38	132	Rowan	Ashworth	Boy	08:08	Ambleside	
39	175	Finlay	Aitken	Boy	08:09	Helm Hill	
40	127	Sam	Jackson	Boy	08:10	Helm Hill	
41	165	Megan	Bascombe	Girl	08:11	UA	
42	11	Jessica	Edmondson	Girl	08:12	Ambleside	
43	236	Jude	Evans	Boy	08:15	Helm Hill	
44	196	Theo	Coates	Boy	08:24	Ambleside	
45	73	Isaac	Robinson	Boy	08:25	Howgill Harrier	
46	180	Georgia	Heath	Girl	08:26	Helm Hill	
47	3	Olivia	Swarbrick	Girl	08:27	Broughton	
48	37	Charlie	Clayton	Boy	08:28	Helm Hill	
49	48	Oliver	Oldham	Boy	08:30	Hoad Hill Harriers	
50	231	Rebecca	Boving Forste	Girl	08:34	Eden Runners	
51	163	Rio	Egner	Boy	08:36	Settle	
52	100	Alfie	Wilkin	Boy	08:37	UA	
53	39	Rory	Knowles	Boy	08:43	Ambleside	
54	89	Melissa	McIntosh	Girl	08:45	Border Harriers	
55	110	Tara	Allan	Girl	09:00	Helm Hill	
56	54	Oliver	Willoghby	Boy	09:01	Helm Hill	
57	237	Alex	Walton	Boy	09:03	UA	
58	230	David	Blenman	Boy	09:06	UA	
59	74	Theo	Robinson	Boy	09:11	Howgill Harrier	
60	95	Connie	Maye	Girl	09:13	UA	

61	120	Toby	Harper	Boy	09:21	UA	
62	101	Isabelle	Helm	Girl	09:25	UA	
63	171	Blake	Mills	Boy	09:27	Keighley and Craven	
64	235	Jesse	Wilsdon	Boy	09:36	UA	
65	40	Mollie	Smith	Girl	09:41	Wharfedale	
66	92	Cate	Matthew	Girl	09:48	Lancaster and Morecambe	
67	232	Emily	Burns	Girl	11:02	Carnethy	
68	169	Amelia	King	Girl	11:04	Helm Hill	

Whitestone 2016 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	516	Jon	Rylance	MV40	31:56	Ambleside	1st Man/1st MV40
2	742	Paul	Aitken	Man	32:08	Helm Hill	2nd Man
3	635	Alex	Hinchcliffe	Man	32:12	Helm Hill	3rd Man
4	566	Harvey	Lord	Man	32:27	Black Combe	
5	589	Alan	Ashcroft	Man	32:32	Howgill Harrier	
6	562	Will	Sisson	Man	32:50	Kendal	
7	760	Sam	Harrison	Man	33:19	Bowland	
8	542	Ian	Willis	MV40	33:20	Keighley and Craven	
9	822	Ben	Kent	Man	34:02	Helm Hill	
10	829	Paul	Mason	Man	34:18	Helm Hill	
11	655	James	Edwards	MV40	34:21	Lonsdale	
12	736	Mike	Egner	MV60	34:28	Settle	1st MV60
13	504	Craig	Burrows	MV40	34:36	Helm Hill	
14	831	Anthony	Rosevear	Man	34:55	Southwell	
15	527	Sean	Robinson	Man	35:18	Howgill Harrier	
16	641	Jim	Andrews	MV50	35:23	Coniston	1st MV50
17	832	Ian	Barnes	Man	35:42	Ambleside	
18	639	James	Baron	MV40	36:06	Helm Hill	
19	606	Paul	Lambert	MV50	36:13	Wharfedale	
20	669	Paul	MacFarlane	Man	36:22	Helm Hill	
21	762	Brian	Kennedy	MV50	36:25	Settle	
22	565	Peter	German	Man	36:26	Helm Hill	
23	768	Rowan	Wood	Man	36:36	Lonsdale	
24	573	Anthony	Bowness	MV40	36:37	Kendal	
25	612	John	Rainford	MV50	36:39	Preston	
26	700	Tim	Roe	Man	36:51	Helm Hill	
27	644	Mike	Gilpin	Man	36:53	Helm Hill	
28	643	Stuart	Allan	MV40	37:12	Helm Hill	
29	840	Martin	Spooner	Man	37:36	Howgill Harrier	
30	546	Richard	Wells	MV40	37:51	UA	
31	676	Peter	Lawson	Man	37:55	UA	
32	763	Robert	Mortimore	Man	37:59	Helm Hill	
33	564	Steven	Procter	Man	38:03	Settle	
34	752	Ray	Gill	MV50	38:19	Dallam	
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39	567	Roger	Aubrey	MV50	39:20	Helm Hill	
40	551	Paul	Jackson	MV40	39:26	Helm Hill	
41	842	Nigel	Barnes	MV50	39:35	Garstang	
42	826	Graeme	English	Man	39:38	UA	
43	738	Peter	Bascombe	MV40	39:58	UA	
44	827	Adam	Oliver	Man	40:10	Helm Hill	
45	680	Simon	Milligan	MV50	40:18	Helm Hill	
46	817	Paul	Burns	MV40	40:40	Carnethy	
47	672	Stephen	Moor	MV50	40:45	Settle	
48	505	Tim	Murray	MV50	40:50	Helm Hill	
49	620	Nick	Ganniccliffe	MV50	40:55	Dallam	
50	519	Owen	Mills	MV40	41:00	Keighley and Craven	
51	834	Graham	Jackson	Man	41:12	Allithwaite	
52	821	John	Matthews	MV40	41:16	Ambleside	
53	823	Seamus	Wrigley	MV40	41:23	Waveney Valley	
54	679	Patrick	Willink	MV50	41:27	Helm Hill	
55	839	Adam	Thickett	Man	41:34	UA	
56	835	Matt	Lancaster	Man	41:35	UA	
57	640	Michael	Duncan	Man	41:36	UA	
58	759	Simon	Galloway	MV50	41:57	Todmorden	

59	743	Barry	Scholes	MV60	42:00	Settle	
60	539	Peter	Singleton	MV50	42:07	Blackpool	
61	614	Michael	McLoughlin	MV60	42:10	Preston	
62	691	Brian	Thompson	MV60	42:11	Helm Hill	
63	576	Andy	Dickson	MV50	42:19	Coniston	
64	727	Andrew	Shepherd	Man	42:20	UA	
65	830	Neil	Thompson	Man	42:30	Howgill Harrier	
66	690	Allan	Miller	MV50	42:57	Kendal	
67	588	Robert	Crawford	MV40	43:23	Coniston	
68	580	Matthew	Senior	Man	43:39	Helm Hill	
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70	825	Andrew	Millard	Man	44:30	UA	
71	628	Mark	Charnley	MV40	44:45	Settle	
72	642	Daniel	Rayson	MV40	45:02	UA	
73	556	Russell	Cannon	MV50	46:02	Helm Hill	
74	664	Chris	Beesley	MV60	46:31	Settle	
75	610	Stephen	Taylor	MV50	47:01	Preston	
76	601	John	Hodgson	MV60	49:21	Dallam	
77	704	Ian	Peters	MV50	49:38	Hoad Hill Harriers	
78	591	Dave	Hewitt	MV50	50:48	Dallam	
79	735	Geoff	Thompson	MV50	51:15	Wharfedale	
80	725	Grant	Remmington	Man	51:17	UA	
81	623	Phil	Kirby	MV60	56:15	Coniston	
82	750	Joe	Howard	MV70	1:10:52	Preston	1st MV70
DNF	716	David	Mainwaring	MV50	DNF	UA	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	742	Paul	Aitken	Man	32:08	Helm Hill	2nd Man
2	635	Alex	Hinchcliffe	Man	32:12	Helm Hill	3rd Man
3	566	Harvey	Lord	Man	32:27	Black Combe	
4	589	Alan	Ashcroft	Man	32:32	Howgill Harrier	
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6	760	Sam	Harrison	Man	33:19	Bowland	
7	822	Ben	Kent	Man	34:02	Helm Hill	
8	829	Paul	Mason	Man	34:18	Helm Hill	
9	831	Anthony	Rosevear	Man	34:55	Southwell	
10	527	Sean	Robinson	Man	35:18	Howgill Harrier	
11	832	Ian	Barnes	Man	35:42	Ambleside	
12	669	Paul	MacFarlane	Man	36:22	Helm Hill	
13	565	Peter	German	Man	36:26	Helm Hill	
14	768	Rowan	Wood	Man	36:36	Lonsdale	
15	700	Tim	Roe	Man	36:51	Helm Hill	
16	644	Mike	Gilpin	Man	36:53	Helm Hill	
17	840	Martin	Spooner	Man	37:36	Howgill Harrier	
18	676	Peter	Lawson	Man	37:55	UA	
19	763	Robert	Mortimore	Man	37:59	Helm Hill	
20	564	Steven	Procter	Man	38:03	Settle	
21	563	Adam	Procter	Man	38:50	Settle	
22	595	Mat	Crawford	Man	39:07	Coniston	
23	826	Graeme	English	Man	39:38	UA	
24	827	Adam	Oliver	Man	40:10	Helm Hill	
25	834	Graham	Jackson	Man	41:12	Allithwaite	
26	839	Adam	Thickett	Man	41:34	UA	
27	835	Matt	Lancaster	Man	41:35	UA	
28	640	Michael	Duncan	Man	41:36	UA	
29	727	Andrew	Shepherd	Man	42:20	UA	
30	830	Neil	Thompson	Man	42:30	Howgill Harrier	
31	580	Matthew	Senior	Man	43:39	Helm Hill	
32	825	Andrew	Millard	Man	44:30	UA	
33	725	Grant	Remmington	Man	51:17	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	516	Jon	Rylance	MV40	31:56	Ambleside	1st Man/1st MV40
2	542	Ian	Willis	MV40	33:20	Keighley and Craven	
3	655	James	Edwards	MV40	34:21	Lonsdale	
4	504	Craig	Burrows	MV40	34:36	Helm Hill	
5	639	James	Baron	MV40	36:06	Helm Hill	
6	573	Anthony	Bowness	MV40	36:37	Kendal	
7	643	Stuart	Allan	MV40	37:12	Helm Hill	
8	546	Richard	Wells	MV40	37:51	UA	
9	582	Paul	Senior	MV40	38:36	Helm Hill	
10	551	Paul	Jackson	MV40	39:26	Helm Hill	
11	738	Peter	Bascombe	MV40	39:58	UA	
12	817	Paul	Burns	MV40	40:40	Carnethy	
13	519	Owen	Mills	MV40	41:00	Keighley and Craven	
14	821	John	Matthews	MV40	41:16	Ambleside	
15	823	Seamus	Wrigley	MV40	41:23	Waveney Valley	
16	588	Robert	Crawford	MV40	43:23	Coniston	
17	745	Gerard	Winnard	MV40	44:00	Newbiggin Harriers	
18	628	Mark	Charnley	MV40	44:45	Settle	
19	642	Daniel	Rayson	MV40	45:02	UA	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	641	Jim	Andrews	MV50	35:23	Coniston	1st MV50
2	606	Paul	Lambert	MV50	36:13	Wharfedale	
3	762	Brian	Kennedy	MV50	36:25	Settle	
4	612	John	Rainford	MV50	36:39	Preston	
5	752	Ray	Gill	MV50	38:19	Dallam	
6	607	David	Griffin	MV50	38:59	Dallam	
7	567	Roger	Aubrey	MV50	39:20	Helm Hill	
8	842	Nigel	Barnes	MV50	39:35	Garstang	
9	680	Simon	Milligan	MV50	40:18	Helm Hill	
10	672	Stephen	Moor	MV50	40:45	Settle	
11	505	Tim	Murray	MV50	40:50	Helm Hill	
12	620	Nick	Ganncliffe	MV50	40:55	Dallam	
13	679	Patrick	Willink	MV50	41:27	Helm Hill	
14	759	Simon	Galloway	MV50	41:57	Todmorden	
15	539	Peter	Singleton	MV50	42:07	Blackpool	
16	576	Andy	Dickson	MV50	42:19	Coniston	
17	690	Allan	Miller	MV50	42:57	Kendal	
18	556	Russell	Cannon	MV50	46:02	Helm Hill	
19	610	Stephen	Taylor	MV50	47:01	Preston	
20	704	Ian	Peters	MV50	49:38	Hoad Hill Harriers	
21	591	Dave	Hewitt	MV50	50:48	Dallam	
22	735	Geoff	Thompson	MV50	51:15	Wharfedale	
DNF	716	David	Mainwaring	MV50	DNF	UA	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	736	Mike	Egner	MV60	34:28	Settle	1st MV60
2	743	Barry	Scholes	MV60	42:00	Settle	
3	614	Michael	McLoughlin	MV60	42:10	Preston	
4	691	Brian	Thompson	MV60	42:11	Helm Hill	
5	664	Chris	Beesley	MV60	46:31	Settle	
6	601	John	Hodgson	MV60	49:21	Dallam	
7	623	Phil	Kirby	MV60	56:15	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	750	Joe	Howard	MV70	1:10:52	Preston	1st MV70

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	617	Sharon	Taylor	Lady	34:39	Helm Hill	1st Lady
2	621	Hannah	Russell	Lady	35:44	Helm Hill	2nd Lady
3	518	Carol	Evans	LV50	39:02	Settle	3rd Lady/1st LV50
4	833	Amy	Whelan	Lady	39:31	Ambleside	
5	537	Debbie	Copley	LV50	39:55	Dallam	
6	841	Fiona	Pattison	Lady	40:52	Helm Hill	
7	645	Carrie	Gibson	LV40	41:37	Helm Hill	1st LV40
8	585	Mo	Kelly	Lady	41:39	Howgill Harrier	
9	558	Chloe	Routledge	Lady	41:40	Ambleside	
10	818	Lynn	Murray	LV40	42:12	Barrow	
11	520	Eleanor	Knowles	LV40	42:59	Ambleside	
12	544	Bianca	Dyer	LV40	43:19	Kendal Tri	
13	824	Lindsey	Berends	LV40	43:41	Preston	
14	500	Georgia	Stevens	Lady	43:55	Helm Hill	
15	668	Wendy	Dodds	LV60	44:17	Clayton	1st LV60
16	837	Sarah	Gerrish	Lady	44:37	Kendal	
17	577	Debs	Greaves	LV40	44:46	Howgill Harrier	
18	593	Alice	Steele	Lady	45:34	Dallam	
19	559	Carolyn	Meschino	Lady	46:21	Ambleside	
20	515	Niki	Rylance	LV40	46:37	Ambleside	
21	673	Victoria	Upton	Lady	46:51	Helm Hill	
22	657	Vicky	Kirkwood	LV40	47:21	Dallam	
23	581	Sarah	Senior	LV40	49:12	Helm Hill	
24	836	Sally	Handford	Lady	50:16	Settle	
25	638	Elizabeth	Adams	LV40	51:20	Helm Hill	
26	828	Hannah	Goodfellow	Lady	51:28	Dallam	
27	838	Marjolein	Thickett	Lady	52:43	UA	
28	501	Anna	Stevens	LV40	54:38	Helm Hill	
29	744	Jill	Gates	LV50	55:45	Settle	
30	590	Lorna	Hewitt	LV40	56:14	Dallam	
31	814	Tracey	Benson	LV40	59:25	UA	
32	741	Katherine	Mills	LV40	1:02:42	Keighley and Craven	
33	531	Lorna	Askew	LV40	1:02:46	Helm Hill	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	617	Sharon	Taylor	Lady	34:39	Helm Hill	1st Lady
2	621	Hannah	Russell	Lady	35:44	Helm Hill	2nd Lady
3	833	Amy	Whelan	Lady	39:31	Ambleside	
4	841	Fiona	Pattison	Lady	40:52	Helm Hill	
5	585	Mo	Kelly	Lady	41:39	Howgill Harrier	
6	558	Chloe	Routledge	Lady	41:40	Ambleside	
7	500	Georgia	Stevens	Lady	43:55	Helm Hill	
8	837	Sarah	Gerrish	Lady	44:37	Kendal	
9	593	Alice	Steele	Lady	45:34	Dallam	
10	559	Carolyn	Meschino	Lady	46:21	Ambleside	
11	673	Victoria	Upton	Lady	46:51	Helm Hill	
12	836	Sally	Handford	Lady	50:16	Settle	
13	828	Hannah	Goodfellow	Lady	51:28	Dallam	
14	838	Marjolein	Thickett	Lady	52:43	UA	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	645	Carrie	Gibson	LV40	41:37	Helm Hill	1st LV40
2	818	Lynn	Murray	LV40	42:12	Barrow	
3	520	Eleanor	Knowles	LV40	42:59	Ambleside	
4	544	Bianca	Dyer	LV40	43:19	Kendal Tri	
5	824	Lindsey	Berends	LV40	43:41	Preston	
6	577	Debs	Greaves	LV40	44:46	Howgill Harrier	
7	515	Niki	Rylance	LV40	46:37	Ambleside	
8	657	Vicky	Kirkwood	LV40	47:21	Dallam	
9	581	Sarah	Senior	LV40	49:12	Helm Hill	
10	638	Elizabeth	Adams	LV40	51:20	Helm Hill	
11	501	Anna	Stevens	LV40	54:38	Helm Hill	
12	590	Lorna	Hewitt	LV40	56:14	Dallam	
13	814	Tracey	Benson	LV40	59:25	UA	
14	741	Katherine	Mills	LV40	1:02:42	Keighley and Craven	
15	531	Lorna	Askew	LV40	1:02:46	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	Carol	Evans	LV50	39:02	Settle	3rd Lady/1st LV50
2	537	Debbie	Copley	LV50	39:55	Dallam	
3	744	Jill	Gates	LV50	55:45	Settle	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Wendy	Dodds	LV60	44:17	Clayton	1st LV60

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	134	Reuben	Fox Copley	Boy	10:54	Dallam	1st Boy
2	154	Elliott	Matier	Boy	10:56	Eden Runners	2nd Boy
3	13	Joe	Edmondson	Boy	10:57	Ambleside	3rd Boy
4	139	Jacob	Aubrey	Boy	11:01	Helm Hill	
5	44	Oliver	Gajdowski	Boy	11:31	Ambleside	
6	14	Tom	Marchant	Boy	11:35	Pendle	
7	43	Luke	Bowen	Boy	11:49	Ambleside	
8	53	Jake	Shuttleworth	Boy	11:50	Ambleside	
9	140	George	Attwood	Boy	12:30	Dallam	
10	128	Jamie	Macleod	Boy	12:51	Dallam	
11	223	Robert	Albion	Boy	13:14	Broughton	
12	143	Lewis	Bowness	Boy	13:39	Helm Hill	
13	126	Sam	Thom	Boy	14:56	Keighley and Craven	
14	181	Tommy	Beuzeval	Boy	16:29	Helm Hill	
15	233	Euan	Burns	Boy	16:46	Carnethy	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	2	Imogen	Burrow	Girl	14:04	Helm Hill	1st Girl
2	158	Hannah	Durkin	Girl	14:57	Ambleside	2nd Girl
3	155	Katie	Russell	Girl	15:41	Helm Hill	3rd Girl
4	151	Katie	Thurlow	Girl	15:52	Helm Hill	
5	141	Grace	Attwood	Girl	18:28	Dallam	
6	222	Leah	Albion	Girl	18:39	Broughton	
7	8	Jodie	Ritchie	Girl	19:53	Hoad Hill Harriers	
8	238	Charlotte	Foster	Girl	20:28	Dallam	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	12	Ben	Edmondson	Boy	07:39	Ambleside	1st Boy
2	221	Thomas	Marshall	Boy	07:43	Settle	2nd Boy
3	79	Charlie	Harding	Boy	08:01	Eden Runners	3rd Boy
4	61	Jacob	Smith	Boy	08:12	Kendal	
5	88	Daniel	Sanderson	Boy	08:17	Ambleside	
6	47	Josh	Roelants	Boy	08:19	Helm Hill	
7	97	Toby	Winnard	Boy	08:52	Settle	
8	112	Toby	Umpleby	Boy	08:54	Kendal	
9	162	John	Egner	Boy	09:11	Settle	
10	49	Brodie	Weymouth	Boy	09:20	Aragons Junior Tri	
11	18	Vaughan	Samson	Boy	09:34	Helm Hill	
12	87	Harry	Sanderson	Boy	09:41	Ambleside	
13	183	Adam	Scott	Boy	09:42	Kendal	
14	138	Matthew	Pendlebury	Boy	10:14	Howgill Harrier	
15	52	Jack	Hill	Boy	10:32	Aragons Junior Tri	
16	225	Charlie	Dixon	Boy	11:18	Ambleside	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	229	Briony	Holt	Girl	08:18	Clayton	1st Girl
2	23	Chloe	Rylance	Girl	08:20	Ambleside	2nd Girl
3	228	Lilli	Carr	Girl	08:30	Keighley and Craven	3rd Girl
4	33	Maia	Doherty	Girl	09:37	Helm Hill	
5	96	Annabelle	Taylor	Girl	09:39	Helm Hill	
6	168	Rosie	Woodhams	Girl	09:43	Dallam	
7	65	Lottie	Beardwood	Girl	09:44	Helm Hill	
8	130	Charlotte	Barrett	Girl	09:48	Wharfedale	
9	159	Emily	Carpenter	Girl	10:11	Settle	
10	22	Courtney	Hutchinson	Girl	10:13	Ambleside	
11	17	Bethan	Rowley	Girl	10:16	Ambleside	
12	161	Erin	Cummins	Girl	10:26	Settle	
13	137	Giselle	Meschino	Girl	11:02	Ambleside	
14	144	Lydia	Shenton	Girl	11:05	UA	
15	234	Holly	Murray	Girl	11:33	Barrow	
16	57	Emily	Crossley	Girl	11:53	Settle	
17	125	Beckie	Dyer	Girl	12:09	Helm Hill	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	41	Sam	Smith	Boy	05:55	Wharfedale	1st Boy
2	45	James	Bowen	Boy	05:57	Ambleside	2nd Boy
3	15	Ollie	Sanders	Boy	05:58	Helm Hill	3rd Boy
4	46	Harry	Bowen	Boy	06:04	Ambleside	
5	6	Henry	Hunter	Boy	06:09	Helm Hill	
6	224	Eilo	Beestley	Boy	06:31	Calder Valley	
7	5	James	Duffy	Boy	06:48	CVFR	
8	34	Evan	Mills	Boy	06:50	Keighley and Craven	
9	36	Joseph	Clayton	Boy	06:52	Helm Hill	
10	109	Evan	Allan	Boy	06:54	Helm Hill	
11	58	Ben	Smith	Boy	06:59	Kendal	
12	116	Addison	Willis	Boy	07:04	Keighley and Craven	
13	156	Christophe	Brown	Boy	07:09	Clayton	
14	66	Warren	Flemming	Boy	07:17	Hoad Hill Harriers	
15	157	William	Durkin	Boy	07:18	Ambleside	
16	208	Ben	Greenep	Boy	07:19	Settle	
17	60	Oliver	Smith	Boy	07:20	Kendal	
18	56	Charlie	Barry	Boy	07:26	Settle	
19	81	Alex	Graham	Boy	07:30	Ambleside	
20	226	Freddie	Dixon	Boy	07:31	Ambleside	
21	90	Ewan	Magri	Boy	07:33	UA	
22	164	Charlie	Blackburn	Boy	07:39	Ambleside	
23	177	Jack	Benson	Boy	07:42	Ambleside	
24	7	Nathan	Richie	Boy	07:43	Hoad Hill Harriers	
25	75	Leo	Ranner	Boy	07:52	Helm Hill	
26	32	Zach	Doherty	Boy	07:53	Dallam	
27	42	Gordon	Blackburn	Boy	08:02	Ambleside	
28	132	Rowan	Ashworth	Boy	08:08	Ambleside	
29	175	Finlay	Aitken	Boy	08:09	Helm Hill	
30	127	Sam	Jackson	Boy	08:10	Helm Hill	
31	236	Jude	Evans	Boy	08:15	Helm Hill	
32	196	Theo	Coates	Boy	08:24	Ambleside	
33	73	Isaac	Robinson	Boy	08:25	Howgill Harrier	
34	37	Charlie	Clayton	Boy	08:28	Helm Hill	
35	48	Oliver	Oldham	Boy	08:30	Hoad Hill Harriers	
36	163	Rio	Egner	Boy	08:36	Settle	
37	100	Alfie	Wilkin	Boy	08:37	UA	
38	39	Rory	Knowles	Boy	08:43	Ambleside	
39	54	Oliver	Willoughby	Boy	09:01	Helm Hill	
40	237	Alex	Walton	Boy	09:03	UA	
41	230	David	Blenman	Boy	09:06	UA	
42	74	Theo	Robinson	Boy	09:11	Howgill Harrier	
43	120	Toby	Harper	Boy	09:21	UA	
44	171	Blake	Mills	Boy	09:27	Keighley and Craven	
45	235	Jesse	Wilsdon	Boy	09:36	UA	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	24	Sophie	Rylance	Girl	06:49	Ambleside	1st Girl
2	4	Emily	Swarbrick	Girl	06:55	Broughton	2nd Girl
3	19	Clara	Samson	Girl	07:13	Helm Hill	3rd Girl
4	178	Mia	Heath	Girl	07:16	Helm Hill	
5	29	Bethan	Saunders	Girl	07:21	Hoad Hill Harriers	
6	174	Islay	Aitken	Girl	07:37	Helm Hill	
7	64	Ella	Beardwood	Girl	07:55	Helm Hill	
8	2	Imogen	Burrow	Girl	07:59	Helm Hill	
9	59	Sarah	Smith	Girl	08:04	Kendal	
10	227	Rhiannon	Winder	Girl	08:05	UA	
11	165	Megan	Bascombe	Girl	08:11	UA	
12	11	Jessica	Edmondson	Girl	08:12	Ambleside	
13	180	Georgia	Heath	Girl	08:26	Helm Hill	
14	3	Olivia	Swarbrick	Girl	08:27	Broughton	
15	231	Rebecca	Boving Forste	Girl	08:34	Eden Runners	
16	89	Melissa	McIntosh	Girl	08:45	Border Harriers	
17	110	Tara	Allan	Girl	09:00	Helm Hill	
18	95	Connie	Maye	Girl	09:13	UA	
19	101	Isabelle	Helm	Girl	09:25	UA	
20	40	Mollie	Smith	Girl	09:41	Wharfedale	
21	92	Cate	Matthew	Girl	09:48	Lancaster and Morecambe	
22	232	Emily	Burns	Girl	11:02	Carnethy	
23	169	Amelia	King	Girl	11:04	Helm Hill	