



Supported by Different Strokes

Firbank Fell - Results 10 January 2016

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	20:59	Helm Hill	1st Man
2	636	Chris	Arthur	Man	21:40	Bowland	2nd Man
3	656	Michael	Greaves	Man	21:49	Helm Hill	3rd Man
4	566	Harvey	Lord	Man	21:50	Black Combe	
5	760	Sam	Harrison	Man	21:55	Bowland	
6	604	Derek	Hurton	MV40	23:04	Eden Runners	1st MV40
7	516	Jon	Rylance	MV40	23:05	Ambleside	
8	742	Paul	Aitken	Man	23:06	Helm Hill	
9	589	Alan	Ashcroft	Man	23:08	Howgill Harrier	
10	629	Paul	Dugdale	MV50	23:13	Helm Hill	1st MV50
11	766	Jack	Eyre	Man	23:16	Eden Runners	
12	586	Heidi	Dent	Lady	23:32	Howgill Harrier	1st Lady
13	599	Samuel	Russell	Man	23:37	Amble	
14	653	Oliver	Blomfield	MV40	23:46	Eden Runners	
15	571	Andrew	Slattery	MV40	23:54	Keswick	
16	587	Patrick	Hanna	Man	24:02	Howgill Harrier	
17	736	Mike	Egner	MV60	24:06	Settle	1st MV60
18	542	Ian	Willis	MV40	24:11	Kendal	
19	641	Jim	Andrews	MV50	24:13	Coniston	
20	778	Stuart	Stoddart	MV40	24:17	Eden Runners	
21	617	Sharon	Taylor	Lady	24:21	Helm Hill	2nd Lady
22	739	Garry	Beardwood	MV40	24:37	Helm Hill	
23	637	James	Gray	Man	24:37	UA	
24	758	Mark	Irving	Man	24:38	Bowland	
25	687	Ben	Jackson	Man	24:39	UA	
26	611	David	Goadby	Man	24:50	Helm Hill	
27	763	Robert	Mortimore	Man	24:55	Ambleside	
28	755	Brian	Pennington	Man	24:57	Howgill Harrier	
29	779	Gavin	Routledge	MV40	25:03	Ambleside	
30	694	Ian	Harrington	MV40	25:05	Helm Hill	
31	711	Jonathan	Boadle	Man	25:10	UA	
32	530	James	Graham	MV40	25:15	UA	
33	621	Hannah	Russell	Lady	25:19	Helm Hill	3rd Lady
34	700	Tim	Roe	Man	25:28	Helm Hill	
35	573	Anthony	Bowness	MV40	25:30	Kendal	
36	773	Matt	Campbell	Man	25:33	UA	
37	639	James	Baron	MV40	25:38	Helm Hill	
38	560	Luke	Appleyard	Man	25:42	Wharfedale	
39	762	Brian	Kennedy	MV50	25:44	Settle	
40	681	Mike	Berners-Lee	MV50	25:47	UA	
41	588	Robert	Crawford	MV40	25:49	Coniston	
42	527	Sean	Robinson	Man	26:00	Howgill Harrier	
43	626	Russell	Owen	MV50	26:09	Eryri	
44	509	John	Armistead	Man	26:13	Helm Hill	
45	689	Andrew	Hebson	Man	26:17	UA	
46	612	John	Rainford	MV50	26:18	Preston	
47	538	Tom	Harkes	Man	26:19	Dallam	
48	748	Simon	Waller	MV40	26:20	Helm Hill	
49	768	Rowan	Wood	Man	26:42	Lonsdale	
50	769	Robin	Simpson	Man	26:44	UA	
51	643	Stuart	Allan	MV40	26:48	Helm Hill	
52	582	Paul	Senior	MV40	26:57	Helm Hill	
53	606	Paul	Lambert	MV50	27:17	Wharfedale	

54	776	Paul	Atkinson	Man	27:19	UA	
55	774	Tim	Slater	Man	27:31	Eden Runners	
56	584	Jackie	Winn	MV60	27:35	Ellenborough	
57	518	Carol	Evans	LV50	27:37	Settle	1st LV50
58	551	Paul	Jackson	MV40	27:42	Helm Hill	
59	546	Richard	Wells	MV40	27:46	UA	
60	503	Ali	Richards	LV40	27:49	Helm Hill	1st LV40
61	678	Graham	Lobb	MV40	27:52	Coniston	
62	583	Michael	Toman	MV50	27:54	Rosendale	
63	751	Andy	Holden	MV50	28:02	Wharfedale	
64	738	Peter	Bascombe	MV40	28:03	UA	
65	753	Simon	Fox	MV50	28:04	Darwin Dashers	
66	734	Jean	Brown	LV40	28:05	Clayton	
67	754	Mark	Bell	MV50	28:06	Dallam	
68	767	Jess	Bagnall	Lady	28:07	Settle	
69	765	Ben	Merckel	Man	28:08	Lonsdale	
70	600	Tom	Hartley	Man	28:16	Kendal	
71	522	Chris	Schofield	MV50	28:20	Helm Hill	
72	720	Sean	Gibson	Man	28:27	UA	
73	537	Debbie	Copley	LV50	28:35	Dallam	
74	752	Ray	Gill	MV50	28:50	Dallam	
75	679	Patrick	Willink	MV50	29:03	Helm Hill	
76	610	Stephen	Taylor	MV50	29:20	Preston	
77	757	Tony	Shepherd	MV50	29:25	Wharfedale	
78	759	Simon	Galloway	MV50	29:27	Todmorden	
79	519	Owen	Mills	MV40	29:28	Keighley and Craven	
80	690	Allan	Miller	MV50	29:30	Kendal	
81	691	Brian	Thompson	MV60	29:33	Helm Hill	
82	672	Stephen	Moor	MV50	29:40	Settle	
83	614	Michael	McLoughlin	MV60	29:51	Preston	
84	605	Jonathan	Gibson	MV50	29:56	Wharfedale	
85	705	Jonathan	Tombs	MV40	30:10	Eden Runners	
86	520	Eleanor	Knowles	LV40	30:19	Ambleside	
87	572	Andy	Bennett	MV40	30:21	Helm Hill	
88	728	Niall	Johnson	MV40	30:22	UA	
89	743	Barry	Scholes	MV60	30:24	Settle	
90	585	Mo	Kelly	Lady	30:28	Howgill Harrier	
91	745	Gerard	Winnard	MV40	30:33	Newbiggin Harriers	
92	502	Amanda	Burrows	LV40	30:36	Helm Hill	
93	576	Andy	Dickson	MV50	30:38	Coniston	
94	550	Hannah	Thom	Lady	30:45	Keighley and Craven	
95	577	Debs	Greaves	LV40	30:49	Howgill Harrier	
96	532	Jayne	Rigby	LV40	30:54	Helm Hill	
97	555	Ann-Marie	Swallow	LV40	30:58	UA	
98	727	Andrew	Shepherd	Man	31:15	UA	
99	732	Mark	Cropper	MV40	31:21	Helm Hill	
100	547	Mike	Troup	MV60	31:24	Ambleside	
101	593	Alice	Steele	Lady	31:32	Dallam	
102	749	Heather	Eccles	Lady	31:35	Eden Runners	
103	664	Chris	Beesley	MV60	31:38	Settle	
104	549	Tim	Thom	MV40	31:43	Keighley and Craven	
105	668	Wendy	Dodds	LV60	31:52	Clayton	1st LV60
106	648	John	Taylor	MV60	31:55	Bowland	
107	737	Pete	Coe	MV60	32:14	Helm Hill	
108	767	Jess	Bagnall	Lady	32:51	Settle	
109	777	Emma	Jennings	LV40	32:56	Helm Hill	
110	657	Vicky	Kirkwood	LV40	33:01	Dallam	
111	515	Niki	Rylance	LV40	33:23	Ambleside	
112	536	Jan	Wulf	MV40	33:30	Settle	
113	761	Kat	Evans	Lady	33:39	Ambleside	
114	526	Zoe	Ringer	Lady	33:47	Howgill Harrier	
115	692	Emma	Gill	LV40	33:53	Helm Hill	

116	601	John	Hodgson	MV60	33:55	Dallam	
117	500	Georgia	Stevens	Lady	33:56	Helm Hill	
118	688	Karen	Gates	LV50	33:58	Dallam	
119	704	Ian	Peters	MV50	33:59	Hoad Hill Harriers	
120	521	Paula	Bowen	LV40	34:00	Ambleside	
121	764	Ben	Parry	Man	34:01	UA	
122	649	Jo	Taylor	LV50	34:03	Bowland	
123	618	Penny	Attwood	LV50	34:08	Dallam	
124	581	Sarah	Senior	LV40	34:20	Helm Hill	
125	548	Andrew	Biddle	MV60	34:33	West Pennine	
126	521	Paula	Bowen	LV40	34:45	Ambleside	
127	746	Pauly-D	Jones	MV50	34:47	Deeside Orienteering Club	
128	568	Rebecca	Hodgson	Lady	34:52	UA	
129	712	Elizabeth	Hindle	LV60	35:19	Dallam	
130	591	Dave	Hewitt	MV50	35:21	Dallam	
131	781	Rosie	Dutson	Lady	35:29	UA	
132	758	Mark	Irving	Man	35:33	Bowland	
133	775	Chloe	Brown	Lady	35:42	Howgill Harrier	
134	735	Geoff	Thompson	MV50	35:47	Wharfedale	
135	638	Elizabeth	Adams	LV40	35:48	Helm Hill	
136	529	Su	Thompson	LV40	36:08	Wharfedale	
137	623	Phil	Kirby	MV60	38:03	Coniston	
138	501	Anna	Stevens	LV40	38:15	Helm Hill	
139	725	G	Remmington	Man	38:34	UA	
140	772	Miriam	Rosen	LV60	38:47	Lancaster and Morecambe	
141	780	Jenna	Butler	Lady	38:58	UA	
142	523	Peta	Rowand	LV40	39:01	Ambleside	
143	770	Richard	Handford	MV50	39:43	Settle	
144	513	Julie	Laverock	LV40	39:58	Salford Harriers	
145	741	Katherine	Mills	LV40	40:13	Keighley and Craven	
146	740	Lynda	Hargreaves	LV50	40:13	Wharfedale	
147	744	Jill	Gates	LV50	40:15	Settle	
148	590	Lorna	Hewitt	LV40	40:25	Dallam	
149	534	Jo	Matthew	LV40	42:56	UA	
150	750	Joe	Howard	MV70	46:10	Preston	1st MV70
151	771	David	Rosen	MV60	47:00	Lancaster and Morecambe	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	13	Joe	Edmondson	Boy	11:33	Ambleside	1st Boy
2	44	Oliver	Gajdowski	Boy	11:43	Ambleside	2nd Boy
3	173	Robert	Askew	Boy	12:05	Helm Hill	3rd Boy
4	84	Martin	Askew	Boy	12:10	UA	
5	139	Jacob	Aubrey	Boy	12:16	Helm Hill	
6	140	George	Attwood	Boy	12:22	Dallam	
7	150	Michael	Dugdale	Boy	12:29	Helm Hill	
8	170	Logan	Hargreaves	Boy	12:57	Wharfedale	
9	9	Jake	Wren	Boy	12:59	Helm Hill	
10	128	Jamie	Macleod	Boy	13:00	Dallam	
11	53	Jake	Shuttleworth	Boy	13:10	Ambleside	
12	166	Jordan	Rowlins	Boy	13:18	Crook	
13	2	Imogen	Burrow	Girl	13:20	Helm Hill	1st Girl
14	126	Sam	Thom	Boy	14:05	Keighley and Craven	
15	143	Lewis	Bowness	Boy	14:13	Helm Hill	
16	158	Hannah	Durkin	Girl	15:07	Ambleside	2nd Girl
17	151	Katie	Thurlow	Girl	15:32	Helm Hill	3rd Girl
18	142	Amy	Slattery	Girl	16:18	Helm Hill	
19	8	Jodie	Ritchie	Girl	18:29	Hoad Hill Harriers	
20	181	Tommy	Beuzeval	Boy	19:25	Helm Hill	
21	117	Alana	Willis	Girl	19:50	Keighley and Craven	
22	141	Grace	Attwood	Girl	19:58	Dallam	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	185	Samuel	Almond	Boy	07:59	Eden Runners	1st Boy
2	12	Ben	Edmondson	Boy	08:09	Ambleside	2nd Boy
3	160	Alexander	Thompson	Boy	08:36	Wharfedale	3rd Boy
4	79	Charlie	Harding	Boy	08:50	Eden Runners	
5	61	Jacob	Smith	Boy	08:51	Kendal	
6	47	Josh	Roelants	Boy	09:03	Helm Hill	
7	31	Bob	Evans	Boy	09:13	Settle	
8	23	Chloe	Rylance	Girl	09:25	Ambleside	1st Girl
9	133	Alfie	Thorpe	Boy	09:30	Broughton	
10	112	Toby	Umpleby	Boy	09:33	Kendal	
11	50	Matt	Holdroyd	Boy	09:47	Settle	
12	162	John	Egner	Boy	09:50	Settle	
13	183	Adam	Scott	Boy	09:53	Kendal	
14	168	Rosie	Woodhams	Girl	09:59	Dallam	2nd Girl
15	97	Toby	Winnard	Boy	10:08	Settle	
16	96	Annabelle	Taylor	Girl	10:09	Helm Hill	3rd Girl
17	49	Brodie	Weymouth	Boy	10:12	Aragons Junior Tri	
18	18	Vaughan	Samson	Boy	10:15	Helm Hill	
19	33	Maia	Doherty	Girl	10:26	Helm Hill	
20	87	Harry	Sanderson	Boy	10:29	Ambleside	
21	76	Erin	Bagge	Girl	10:30	Helm Hill	
22	130	Charlotte	Barrett	Girl	10:39	Wharfedale	
23	10	Elliot	Wren	Boy	10:44	Helm Hill	
24	65	Lottie	Beardwood	Girl	10:48	Helm Hill	
25	144	Lydia	Shenton	Girl	10:57	UA	
26	22	Courtney	Hutchinson	Girl	11:04	Ambleside	
27	67	Lily	Maiden	Girl	11:08	Helm Hill	
28	17	Bethan	Rowley	Girl	11:13	Ambleside	
29	1	Emelia	Stevens	Girl	11:31	Helm Hill	
30	52	Jack	Hill	Boy	11:37	Aragons Junior Tri	
31	161	Erin	Cummins	Girl	12:10	Settle	
32	184	Issie	Sykes Macleod	Girl	13:44	Dallam	
33	57	Emily	Crossley	Girl	13:58	Settle	
34	159	Emily	Carpenter	Girl	DNF	Settle	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	James	Bowen	Boy	05:54	Ambleside	1st Boy
2	15	Ollie	Sanders	Boy	06:00	Helm Hill	2nd Boy
3	6	Henry	Hunter	Boy	06:04	Helm Hill	3rd Boy
4	46	Harry	Bowen	Boy	06:10	Ambleside	
5	116	Addison	Willis	Boy	06:23	Keighley and Craven	
6	102	Sonny	Ashton-Fitch	Boy	06:25	Settle	
7	35	Olesia	Winder	Girl	06:28	Hoad Hill Harriers	1st Girl
8	36	Joseph	Clayton	Boy	06:31	Helm Hill	
9	4	Emily	Swarbrick	Girl	06:32	Broughton	2nd Girl
10	34	Evan	Mills	Boy	06:35	Keighley and Craven	
11	109	Evan	Allan	Boy	06:39	Helm Hill	
12	156	Christopher	Brown	Boy	06:54	Clayton	
13	178	Mia	Heath	Girl	06:55	Helm Hill	3rd Girl
14	24	Sophie	Rylance	Girl	06:56	Ambleside	
15	60	Oliver	Smith	Boy	06:58	Kendal	
16	157	William	Durkin	Boy	06:59	Ambleside	
17	7	Nathan	Richie	Boy	07:04	Hoad Hill Harriers	
18	85	Joseph	Rigby	Boy	07:07	Helm Hill	
19	64	Ella	Beardwood	Girl	07:08	Helm Hill	
20	93	Alex	Matthew	Boy	07:09	Lancaster and Morecambe	
21	89	Melissa	McIntosh	Girl	07:11	Border Harriers	
22	83	Alistair	Barr	Boy	07:12	Howgill Harrier	
23	59	Sarah	Smith	Girl	07:13	Kendal	
24	75	Leo	Ranner	Boy	07:16	Helm Hill	
25	164	Charlie	Blackburn	Boy	07:21	Ambleside	
26	29	Bethan	Saunders	Girl	07:23	Hoad Hill Harriers	
27	104	Ella	Park	Girl	07:25	Helm Hill	
28	73	Isaac	Robinson	Boy	07:27	Howgill Harrier	
29	177	Jack	Benson	Boy	07:28	Ambleside	
30	174	Islay	Aitken	Girl	07:29	Helm Hill	
31	81	Alex	Graham	Boy	07:33	Ambleside	
32	78	Oliver	Sampson	Boy	07:34	Settle	
33	11	Jessica	Edmondson	Girl	07:35	Ambleside	
34	180	Georgia	Heath	Girl	07:35	Helm Hill	
35	122	Beau	Walkingshaw	Girl	07:37	Eden Runners	
36	33	Maia	Doherty	Girl	07:38	Helm Hill	
37	71	Jamie	Harris	Boy	07:41	Hoad Hill Harriers	
38	176	Edward	Deighton	Boy	07:44	UA	
39	119	Grace	Wells	Girl	07:45	Howgill Harrier	
40	63	Marvin	Gibbs	Boy	07:46	Helm Hill	
41	110	Tara	Allan	Girl	07:47	Helm Hill	
42	182	Jamie	Waller	Boy	07:48	Dallam	
43	37	Charlie	Clayton	Boy	07:49	Helm Hill	
44	160	Alexander	Thompson	Boy	07:53	Wharfedale	
45	90	Ewan	Magri	Boy	07:54	UA	
46	165	Megan	Bascombe	Girl	07:55	UA	
47	163	Rio	Egner	Boy	07:57	Settle	
48	54	Oliver	Willoghby	Boy	07:59	Helm Hill	
49	175	Finlay	Aitken	Boy	08:05	Helm Hill	
50	106	Oscar	Wulf	Boy	08:07	Settle	
51	123	Esme	Walkingshaw	Girl	08:11	Eden Runners	
52	107	Freya	Richards	Girl	08:12	Helm Hill	
53	68	Jonah	Maiden	Boy	08:15	Hoad Hill Harriers	
54	127	Sam	Jackson	Boy	08:16	Helm Hill	
55	77	Dylan	Sampson	Boy	08:23	Settle	
56	74	Theo	Robinson	Boy	08:26	Howgill Harrier	
57	91	Charlotte	Peart	Girl	08:27	Settle	
58	114	Maesie	Evans	Girl	08:29	Ambleside	
59	120	Toby	Harper	Boy	08:31	UA	
60	172	Lucy	Swarbrick	Girl	08:32	Barrow Strider	

61	171	Blake	Mills	Boy	08:42	Keighley and Craven	
62	38	Matthew	Wright	Boy	08:51	Helm Hill	
63	179	Kitty	Carr	Girl	08:53	UA	
64	95	Connie	Maye	Girl	08:54	UA	
65	30	Lauren	Evans	Girl	08:56	Settle	
66	115	Joss	Evans	Girl	08:57	Ambleside	
67	92	Cate	Matthew	Girl	09:10	Lancaster and Morecambe	
68	39	Rory	Knowles	Boy	09:16	Ambleside	
69	167	Izzy	Ashton-Fitch	Girl	09:22	Settle	
70	169	Amelia	King	Girl	09:39	Helm Hill	
71	132	Rowan	Ashworth	Boy	11:23	Ambleside	

Firbank Fell 2016 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	20:59	Helm Hill	1st Man
2	636	Chris	Arthur	Man	21:40	Bowland	2nd Man
3	656	Michael	Greaves	Man	21:49	Helm Hill	3rd Man
4	566	Harvey	Lord	Man	21:50	Black Combe	
5	760	Sam	Harrison	Man	21:55	Bowland	
6	604	Derek	Hurton	MV40	23:04	Eden Runners	1st MV40
7	516	Jon	Rylance	MV40	23:05	Ambleside	
8	742	Paul	Aitken	Man	23:06	Helm Hill	
9	589	Alan	Ashcroft	Man	23:08	Howgill Harrier	
10	629	Paul	Dugdale	MV50	23:13	Helm Hill	1st MV50
11	766	Jack	Eyre	Man	23:16	Eden Runners	
12	599	Samuel	Russell	Man	23:37	Amble	
13	653	Oliver	Blomfield	MV40	23:46	Eden Runners	
14	571	Andrew	Slattery	MV40	23:54	Keswick	
15	587	Patrick	Hanna	Man	24:02	Howgill Harrier	
16	736	Mike	Egner	MV60	24:06	Settle	1st MV60
17	542	Ian	Willis	MV40	24:11	Kendal	
18	641	Jim	Andrews	MV50	24:13	Coniston	
19	778	Stuart	Stoddart	MV40	24:17	Eden Runners	
20	739	Garry	Beardwood	MV40	24:37	Helm Hill	
21	637	James	Gray	Man	24:37	UA	
22	758	Mark	Irving	Man	24:38	Bowland	
23	687	Ben	Jackson	Man	24:39	UA	
24	611	David	Goadby	Man	24:50	Helm Hill	
25	763	Robert	Mortimore	Man	24:55	Ambleside	
26	755	Brian	Pennington	Man	24:57	Howgill Harrier	
27	779	Gavin	Routledge	MV40	25:03	Ambleside	
28	694	Ian	Harrington	MV40	25:05	Helm Hill	
29	711	Jonathan	Boadle	Man	25:10	UA	
30	530	James	Graham	MV40	25:15	UA	
31	700	Tim	Roe	Man	25:28	Helm Hill	
32	573	Anthony	Bowness	MV40	25:30	Kendal	
33	773	Matt	Campbell	Man	25:33	UA	
34	639	James	Baron	MV40	25:38	Helm Hill	
35	560	Luke	Appleyard	Man	25:42	Wharfedale	
36	762	Brian	Kennedy	MV50	25:44	Settle	
37	681	Mike	Berners-Lee	MV50	25:47	UA	
38	588	Robert	Crawford	MV40	25:49	Coniston	
39	527	Sean	Robinson	Man	26:00	Howgill Harrier	
40	626	Russell	Owen	MV50	26:09	Eryri	
41	509	John	Armistead	Man	26:13	Helm Hill	
42	689	Andrew	Hebson	Man	26:17	UA	
43	612	John	Rainford	MV50	26:18	Preston	
44	538	Tom	Harkes	Man	26:19	Dallam	
45	748	Simon	Waller	MV40	26:20	Helm Hill	
46	768	Rowan	Wood	Man	26:42	Lonsdale	
47	769	Robin	Simpson	Man	26:44	UA	
48	643	Stuart	Allan	MV40	26:48	Helm Hill	
49	582	Paul	Senior	MV40	26:57	Helm Hill	
50	606	Paul	Lambert	MV50	27:17	Wharfedale	
51	776	Paul	Atkinson	Man	27:19	UA	
52	774	Tim	Slater	Man	27:31	Eden Runners	
53	584	Jackie	Winn	MV60	27:35	Ellenborough	
54	551	Paul	Jackson	MV40	27:42	Helm Hill	
55	546	Richard	Wells	MV40	27:46	UA	
56	678	Graham	Lobb	MV40	27:52	Coniston	
57	583	Michael	Toman	MV50	27:54	Rossendale	
58	751	Andy	Holden	MV50	28:02	Wharfedale	

59	738	Peter	Bascombe	MV40	28:03	UA	
60	753	Simon	Fox	MV50	28:04	Darwin Dashers	
61	754	Mark	Bell	MV50	28:06	Dallam	
62	765	Ben	Merckel	Man	28:08	Lonsdale	
63	600	Tom	Hartley	Man	28:16	Kendal	
64	522	Chris	Schofield	MV50	28:20	Helm Hill	
65	720	Sean	Gibson	Man	28:27	UA	
66	752	Ray	Gill	MV50	28:50	Dallam	
67	679	Patrick	Willink	MV50	29:03	Helm Hill	
68	610	Stephen	Taylor	MV50	29:20	Preston	
69	757	Tony	Shepherd	MV50	29:25	Wharfedale	
70	759	Simon	Galloway	MV50	29:27	Todmorden	
71	519	Owen	Mills	MV40	29:28	Keighley and Craven	
72	690	Allan	Miller	MV50	29:30	Kendal	
73	691	Brian	Thompson	MV60	29:33	Helm Hill	
74	672	Stephen	Moor	MV50	29:40	Settle	
75	614	Michael	McLoughlin	MV60	29:51	Preston	
76	605	Jonathan	Gibson	MV50	29:56	Wharfedale	
77	705	Jonathan	Tombs	MV40	30:10	Eden Runners	
78	572	Andy	Bennett	MV40	30:21	Helm Hill	
79	728	Niall	Johnson	MV40	30:22	UA	
80	743	Barry	Scholes	MV60	30:24	Settle	
81	745	Gerard	Winnard	MV40	30:33	Newbiggin Harriers	
82	576	Andy	Dickson	MV50	30:38	Coniston	
83	727	Andrew	Shepherd	Man	31:15	UA	
84	732	Mark	Cropper	MV40	31:21	Helm Hill	
85	547	Mike	Troup	MV60	31:24	Ambleside	
86	664	Chris	Beesley	MV60	31:38	Settle	
87	549	Tim	Thom	MV40	31:43	Keighley and Craven	
88	648	John	Taylor	MV60	31:55	Bowland	
89	737	Pete	Coe	MV60	32:14	Helm Hill	
90	536	Jan	Wulf	MV40	33:30	Settle	
91	601	John	Hodgson	MV60	33:55	Dallam	
92	704	Ian	Peters	MV50	33:59	Hoad Hill Harriers	
93	764	Ben	Parry	Man	34:01	UA	
94	548	Andrew	Biddle	MV60	34:33	West Pennine	
95	746	Pauly-D	Jones	MV50	34:47	Deeside Orienteering Club	
96	591	Dave	Hewitt	MV50	35:21	Dallam	
97	758	Mark	Irving	Man	35:33	Bowland	
98	735	Geoff	Thompson	MV50	35:47	Wharfedale	
99	623	Phil	Kirby	MV60	38:03	Coniston	
100	725	G	Remmington	Man	38:34	UA	
101	770	Richard	Handford	MV50	39:43	Settle	
102	750	Joe	Howard	MV70	46:10	Preston	1st MV70
103	771	David	Rosen	MV60	47:00	Lancaster and Morecambe	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	707	Tom	Addison	Man	20:59	Helm Hill	1st Man
2	636	Chris	Arthur	Man	21:40	Bowland	2nd Man
3	656	Michael	Greaves	Man	21:49	Helm Hill	3rd Man
4	566	Harvey	Lord	Man	21:50	Black Combe	
5	760	Sam	Harrison	Man	21:55	Bowland	
6	742	Paul	Aitken	Man	23:06	Helm Hill	
7	589	Alan	Ashcroft	Man	23:08	Howgill Harrier	
8	766	Jack	Eyre	Man	23:16	Eden Runners	
9	599	Samuel	Russell	Man	23:37	Amble	
10	587	Patrick	Hanna	Man	24:02	Howgill Harrier	
11	637	James	Gray	Man	24:37	UA	
12	758	Mark	Irving	Man	24:38	Bowland	
13	687	Ben	Jackson	Man	24:39	UA	
14	611	David	Goadby	Man	24:50	Helm Hill	
15	763	Robert	Mortimore	Man	24:55	Ambleside	
16	755	Brian	Pennington	Man	24:57	Howgill Harrier	
17	711	Jonathan	Boadle	Man	25:10	UA	
18	700	Tim	Roe	Man	25:28	Helm Hill	
19	773	Matt	Campbell	Man	25:33	UA	
20	560	Luke	Appleyard	Man	25:42	Wharfedale	
21	527	Sean	Robinson	Man	26:00	Howgill Harrier	
22	509	John	Armistead	Man	26:13	Helm Hill	
23	689	Andrew	Hebson	Man	26:17	UA	
24	538	Tom	Harkes	Man	26:19	Dallam	
25	768	Rowan	Wood	Man	26:42	Lonsdale	
26	769	Robin	Simpson	Man	26:44	UA	
27	776	Paul	Atkinson	Man	27:19	UA	
28	774	Tim	Slater	Man	27:31	Eden Runners	
29	765	Ben	Merckel	Man	28:08	Lonsdale	
30	600	Tom	Hartley	Man	28:16	Kendal	
31	720	Sean	Gibson	Man	28:27	UA	
32	727	Andrew	Shepherd	Man	31:15	UA	
33	764	Ben	Parry	Man	34:01	UA	
34	758	Mark	Irving	Man	35:33	Bowland	
35	725	G	Remmington	Man	38:34	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	604	Derek	Hurton	MV40	23:04	Eden Runners	1st MV40
2	516	Jon	Rylance	MV40	23:05	Ambleside	
3	653	Oliver	Blomfield	MV40	23:46	Eden Runners	
4	571	Andrew	Slattery	MV40	23:54	Keswick	
5	542	Ian	Willis	MV40	24:11	Kendal	
6	778	Stuart	Stoddart	MV40	24:17	Eden Runners	
7	739	Garry	Beardwood	MV40	24:37	Helm Hill	
8	779	Gavin	Routledge	MV40	25:03	Ambleside	
9	694	Ian	Harrington	MV40	25:05	Helm Hill	
10	530	James	Graham	MV40	25:15	UA	
11	573	Anthony	Bowness	MV40	25:30	Kendal	
12	639	James	Baron	MV40	25:38	Helm Hill	
13	588	Robert	Crawford	MV40	25:49	Coniston	
14	748	Simon	Waller	MV40	26:20	Helm Hill	
15	643	Stuart	Allan	MV40	26:48	Helm Hill	
16	582	Paul	Senior	MV40	26:57	Helm Hill	
17	551	Paul	Jackson	MV40	27:42	Helm Hill	
18	546	Richard	Wells	MV40	27:46	UA	
19	678	Graham	Lobb	MV40	27:52	Coniston	
20	738	Peter	Bascombe	MV40	28:03	UA	
21	519	Owen	Mills	MV40	29:28	Keighley and Craven	
22	705	Jonathan	Tombs	MV40	30:10	Eden Runners	
23	572	Andy	Bennett	MV40	30:21	Helm Hill	
24	728	Niall	Johnson	MV40	30:22	UA	
25	745	Gerard	Winnard	MV40	30:33	Newbiggin Harriers	
26	732	Mark	Cropper	MV40	31:21	Helm Hill	
27	549	Tim	Thom	MV40	31:43	Keighley and Craven	
28	536	Jan	Wulf	MV40	33:30	Settle	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	629	Paul	Dugdale	MV50	23:13	Helm Hill	1st MV50
2	641	Jim	Andrews	MV50	24:13	Coniston	
3	762	Brian	Kennedy	MV50	25:44	Settle	
4	681	Mike	Berners-Lee	MV50	25:47	UA	
5	626	Russell	Owen	MV50	26:09	Eryri	
6	612	John	Rainford	MV50	26:18	Preston	
7	606	Paul	Lambert	MV50	27:17	Wharfedale	
8	583	Michael	Toman	MV50	27:54	Rossendale	
9	751	Andy	Holden	MV50	28:02	Wharfedale	
10	753	Simon	Fox	MV50	28:04	Darwin Dashers	
11	754	Mark	Bell	MV50	28:06	Dallam	
12	522	Chris	Schofield	MV50	28:20	Helm Hill	
13	752	Ray	Gill	MV50	28:50	Dallam	
14	679	Patrick	Willink	MV50	29:03	Helm Hill	
15	610	Stephen	Taylor	MV50	29:20	Preston	
16	757	Tony	Shepherd	MV50	29:25	Wharfedale	
17	759	Simon	Galloway	MV50	29:27	Todmorden	
18	690	Allan	Miller	MV50	29:30	Kendal	
19	672	Stephen	Moor	MV50	29:40	Settle	
20	605	Jonathan	Gibson	MV50	29:56	Wharfedale	
21	576	Andy	Dickson	MV50	30:38	Coniston	
22	704	Ian	Peters	MV50	33:59	Hoad Hill Harriers	
23	746	Pauly-D	Jones	MV50	34:47	Deeside Orienteering Club	
24	591	Dave	Hewitt	MV50	35:21	Dallam	
25	735	Geoff	Thompson	MV50	35:47	Wharfedale	
26	770	Richard	Handford	MV50	39:43	Settle	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	736	Mike	Egner	MV60	24:06	Settle	1st MV60
2	584	Jackie	Winn	MV60	27:35	Ellenborough	
3	691	Brian	Thompson	MV60	29:33	Helm Hill	
4	614	Michael	McLoughlin	MV60	29:51	Preston	
5	743	Barry	Scholes	MV60	30:24	Settle	
6	547	Mike	Troup	MV60	31:24	Ambleside	
7	664	Chris	Beesley	MV60	31:38	Settle	
8	648	John	Taylor	MV60	31:55	Bowland	
9	737	Pete	Coe	MV60	32:14	Helm Hill	
10	601	John	Hodgson	MV60	33:55	Dallam	
11	548	Andrew	Biddle	MV60	34:33	West Pennine	
12	623	Phil	Kirby	MV60	38:03	Coniston	
13	771	David	Rosen	MV60	47:00	Lancaster and Morecambe	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	750	Joe	Howard	MV70	46:10	Preston	1st MV70

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Heidi	Dent	Lady	23:32	Howgill Harrier	1st Lady
2	617	Sharon	Taylor	Lady	24:21	Helm Hill	2nd Lady
3	621	Hannah	Russell	Lady	25:19	Helm Hill	3rd Lady
4	518	Carol	Evans	LV50	27:37	Settle	1st LV50
5	503	Ali	Richards	LV40	27:49	Helm Hill	1st LV40
6	734	Jean	Brown	LV40	28:05	Clayton	
7	767	Jess	Bagnall	Lady	28:07	Settle	
8	537	Debbie	Copley	LV50	28:35	Dallam	
9	520	Eleanor	Knowles	LV40	30:19	Ambleside	
10	585	Mo	Kelly	Lady	30:28	Howgill Harrier	
11	502	Amanda	Burrows	LV40	30:36	Helm Hill	
12	550	Hannah	Thom	Lady	30:45	Keighley and Craven	
13	577	Debs	Greaves	LV40	30:49	Howgill Harrier	
14	532	Jayne	Rigby	LV40	30:54	Helm Hill	
15	555	Ann-Marie	Swallow	LV40	30:58	UA	
16	593	Alice	Steele	Lady	31:32	Dallam	
17	749	Heather	Eccles	Lady	31:35	Eden Runners	
18	668	Wendy	Dodds	LV60	31:52	Clayton	1st LV60
19	767	Jess	Bagnall	Lady	32:51	Settle	
20	777	Emma	Jennings	LV40	32:56	Helm Hill	
21	657	Vicky	Kirkwood	LV40	33:01	Dallam	
22	515	Niki	Rylance	LV40	33:23	Ambleside	
23	761	Kat	Evans	Lady	33:39	Ambleside	
24	526	Zoe	Ringer	Lady	33:47	Howgill Harrier	
25	692	Emma	Gill	LV40	33:53	Helm Hill	
26	500	Georgia	Stevens	Lady	33:56	Helm Hill	
27	688	Karen	Gates	LV50	33:58	Dallam	
28	521	Paula	Bowen	LV40	34:00	Ambleside	
29	649	Jo	Taylor	LV50	34:03	Bowland	
30	618	Penny	Attwood	LV50	34:08	Dallam	
31	581	Sarah	Senior	LV40	34:20	Helm Hill	
32	521	Paula	Bowen	LV40	34:45	Ambleside	
33	568	Rebecca	Hodgson	Lady	34:52	UA	
34	712	Elizabeth	Hindle	LV60	35:19	Dallam	
35	781	Rosie	Dutson	Lady	35:29	UA	
36	775	Chloe	Brown	Lady	35:42	Howgill Harrier	
37	638	Elizabeth	Adams	LV40	35:48	Helm Hill	
38	529	Su	Thompson	LV40	36:08	Wharfedale	
39	501	Anna	Stevens	LV40	38:15	Helm Hill	
40	772	Miriam	Rosen	LV60	38:47	Lancaster and Morecambe	
41	780	Jenna	Butler	Lady	38:58	UA	
42	523	Peta	Rowand	LV40	39:01	Ambleside	
43	513	Julie	Laverock	LV40	39:58	Salford Harriers	
44	741	Katherine	Mills	LV40	40:13	Keighley and Craven	
45	740	Lynda	Hargreaves	LV50	40:13	Wharfedale	
46	744	Jill	Gates	LV50	40:15	Settle	
47	590	Lorna	Hewitt	LV40	40:25	Dallam	
48	534	Jo	Matthew	LV40	42:56	UA	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	586	Heidi	Dent	Lady	23:32	Howgill Harrier	1st Lady
2	617	Sharon	Taylor	Lady	24:21	Helm Hill	2nd Lady
3	621	Hannah	Russell	Lady	25:19	Helm Hill	3rd Lady
4	767	Jess	Bagnall	Lady	28:07	Settle	
5	585	Mo	Kelly	Lady	30:28	Howgill Harrier	
6	550	Hannah	Thom	Lady	30:45	Keighley and Craven	
7	593	Alice	Steele	Lady	31:32	Dallam	
8	749	Heather	Eccles	Lady	31:35	Eden Runners	
9	767	Jess	Bagnall	Lady	32:51	Settle	
10	761	Kat	Evans	Lady	33:39	Ambleside	
11	526	Zoe	Ringer	Lady	33:47	Howgill Harrier	
12	500	Georgia	Stevens	Lady	33:56	Helm Hill	
13	568	Rebecca	Hodgson	Lady	34:52	UA	
14	781	Rosie	Dutson	Lady	35:29	UA	
15	775	Chloe	Brown	Lady	35:42	Howgill Harrier	
16	780	Jenna	Butler	Lady	38:58	UA	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	503	Ali	Richards	LV40	27:49	Helm Hill	1st LV40
2	734	Jean	Brown	LV40	28:05	Clayton	
3	520	Eleanor	Knowles	LV40	30:19	Ambleside	
4	502	Amanda	Burrows	LV40	30:36	Helm Hill	
5	577	Debs	Greaves	LV40	30:49	Howgill Harrier	
6	532	Jayne	Rigby	LV40	30:54	Helm Hill	
7	555	Ann-Marie	Swallow	LV40	30:58	UA	
8	777	Emma	Jennings	LV40	32:56	Helm Hill	
9	657	Vicky	Kirkwood	LV40	33:01	Dallam	
10	515	Niki	Rylance	LV40	33:23	Ambleside	
11	692	Emma	Gill	LV40	33:53	Helm Hill	
12	521	Paula	Bowen	LV40	34:00	Ambleside	
13	581	Sarah	Senior	LV40	34:20	Helm Hill	
14	521	Paula	Bowen	LV40	34:45	Ambleside	
15	638	Elizabeth	Adams	LV40	35:48	Helm Hill	
16	529	Su	Thompson	LV40	36:08	Wharfedale	
17	501	Anna	Stevens	LV40	38:15	Helm Hill	
18	523	Peta	Rowand	LV40	39:01	Ambleside	
19	513	Julie	Laverock	LV40	39:58	Salford Harriers	
20	741	Katherine	Mills	LV40	40:13	Keighley and Craven	
21	590	Lorna	Hewitt	LV40	40:25	Dallam	
22	534	Jo	Matthew	LV40	42:56	UA	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	Carol	Evans	LV50	27:37	Settle	1st LV50
2	537	Debbie	Copley	LV50	28:35	Dallam	
3	688	Karen	Gates	LV50	33:58	Dallam	
4	649	Jo	Taylor	LV50	34:03	Bowland	
5	618	Penny	Attwood	LV50	34:08	Dallam	
6	740	Lynda	Hargreaves	LV50	40:13	Wharfedale	
7	744	Jill	Gates	LV50	40:15	Settle	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Wendy	Dodds	LV60	31:52	Clayton	1st LV60
2	712	Elizabeth	Hindle	LV60	35:19	Dallam	
3	772	Miriam	Rosen	LV60	38:47	Lancaster and Morecambe	

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	13	Joe	Edmondson	Boy	11:33	Ambleside	1st Boy
2	44	Oliver	Gajdowski	Boy	11:43	Ambleside	2nd Boy
3	173	Robert	Askew	Boy	12:05	Helm Hill	3rd Boy
4	84	Martin	Askew	Boy	12:10	UA	
5	139	Jacob	Aubrey	Boy	12:16	Helm Hill	
6	140	George	Attwood	Boy	12:22	Dallam	
7	150	Michael	Dugdale	Boy	12:29	Helm Hill	
8	170	Logan	Hargreaves	Boy	12:57	Wharfedale	
9	9	Jake	Wren	Boy	12:59	Helm Hill	
10	128	Jamie	Macleod	Boy	13:00	Dallam	
11	53	Jake	Shuttleworth	Boy	13:10	Ambleside	
12	166	Jordan	Rowlins	Boy	13:18	Crook	
13	126	Sam	Thom	Boy	14:05	Keighley and Craven	
14	143	Lewis	Bowness	Boy	14:13	Helm Hill	
15	181	Tommy	Beuzeval	Boy	19:25	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	2	Imogen	Burrow	Girl	13:20	Helm Hill	1st Girl
2	158	Hannah	Durkin	Girl	15:07	Ambleside	2nd Girl
3	151	Katie	Thurlow	Girl	15:32	Helm Hill	3rd Girl
4	142	Amy	Slattery	Girl	16:18	Helm Hill	
5	8	Jodie	Ritchie	Girl	18:29	Hoad Hill Harriers	
6	117	Alana	Willis	Girl	19:50	Keighley and Craven	
7	141	Grace	Attwood	Girl	19:58	Dallam	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	185	Samuel	Almond	Boy	07:59	Eden Runners	1st Boy
2	12	Ben	Edmondson	Boy	08:09	Ambleside	2nd Boy
3	160	Alexander	Thompson	Boy	08:36	Wharfedale	3rd Boy
4	79	Charlie	Harding	Boy	08:50	Eden Runners	
5	61	Jacob	Smith	Boy	08:51	Kendal	
6	47	Josh	Roelants	Boy	09:03	Helm Hill	
7	31	Bob	Evans	Boy	09:13	Settle	
8	133	Alfie	Thorpe	Boy	09:30	Broughton	
9	112	Toby	Umpleby	Boy	09:33	Kendal	
10	50	Matt	Holdroyd	Boy	09:47	Settle	
11	162	John	Egner	Boy	09:50	Settle	
12	183	Adam	Scott	Boy	09:53	Kendal	
13	97	Toby	Winnard	Boy	10:08	Settle	
14	49	Brodie	Weymouth	Boy	10:12	Aragons Junior Tri	
15	18	Vaughan	Samson	Boy	10:15	Helm Hill	
16	87	Harry	Sanderson	Boy	10:29	Ambleside	
17	10	Elliot	Wren	Boy	10:44	Helm Hill	
18	52	Jack	Hill	Boy	11:37	Aragons Junior Tri	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Chloe	Rylance	Girl	09:25	Ambleside	1st Girl
2	168	Rosie	Woodhams	Girl	09:59	Dallam	2nd Girl
3	96	Annabelle	Taylor	Girl	10:09	Helm Hill	3rd Girl
4	33	Maia	Doherty	Girl	10:26	Helm Hill	
5	76	Erin	Bagge	Girl	10:30	Helm Hill	
6	130	Charlotte	Barrett	Girl	10:39	Wharfedale	
7	65	Lottie	Beardwood	Girl	10:48	Helm Hill	
8	144	Lydia	Shenton	Girl	10:57	UA	
9	22	Courtney	Hutchinson	Girl	11:04	Ambleside	
10	67	Lily	Maiden	Girl	11:08	Helm Hill	
11	17	Bethan	Rowley	Girl	11:13	Ambleside	
12	1	Emelia	Stevens	Girl	11:31	Helm Hill	
13	161	Erin	Cummins	Girl	12:10	Settle	
14	184	Issie	Sykes Macleod	Girl	13:44	Dallam	
15	57	Emily	Crossley	Girl	13:58	Settle	
DNF	159	Emily	Carpenter	Girl	DNF	Settle	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	James	Bowen	Boy	05:54	Ambleside	1st Boy
2	15	Ollie	Sanders	Boy	06:00	Helm Hill	2nd Boy
3	6	Henry	Hunter	Boy	06:04	Helm Hill	3rd Boy
4	46	Harry	Bowen	Boy	06:10	Ambleside	
5	116	Addison	Willis	Boy	06:23	Keighley and Craven	
6	102	Sonny	Ashton-Fitch	Boy	06:25	Settle	
7	36	Joseph	Clayton	Boy	06:31	Helm Hill	
8	34	Evan	Mills	Boy	06:35	Keighley and Craven	
9	109	Evan	Allan	Boy	06:39	Helm Hill	
10	156	Christopher	Brown	Boy	06:54	Clayton	
11	60	Oliver	Smith	Boy	06:58	Kendal	
12	157	William	Durkin	Boy	06:59	Ambleside	
13	7	Nathan	Richie	Boy	07:04	Hoad Hill Harriers	
14	85	Joseph	Rigby	Boy	07:07	Helm Hill	
15	93	Alex	Matthew	Boy	07:09	Lancaster and Morecambe	
16	83	Alistair	Barr	Boy	07:12	Howgill Harrier	
17	75	Leo	Ranner	Boy	07:16	Helm Hill	
18	164	Charlie	Blackburn	Boy	07:21	Ambleside	
19	73	Isaac	Robinson	Boy	07:27	Howgill Harrier	
20	177	Jack	Benson	Boy	07:28	Ambleside	
21	81	Alex	Graham	Boy	07:33	Ambleside	
22	78	Oliver	Sampson	Boy	07:34	Settle	
23	71	Jamie	Harris	Boy	07:41	Hoad Hill Harriers	
24	176	Edward	Deighton	Boy	07:44	UA	
25	63	Marvin	Gibbs	Boy	07:46	Helm Hill	
26	182	Jamie	Waller	Boy	07:48	Dallam	
27	37	Charlie	Clayton	Boy	07:49	Helm Hill	
28	160	Alexander	Thompson	Boy	07:53	Wharfedale	
29	90	Ewan	Magri	Boy	07:54	UA	
30	163	Rio	Egner	Boy	07:57	Settle	
31	54	Oliver	Willoghby	Boy	07:59	Helm Hill	
32	175	Finlay	Aitken	Boy	08:05	Helm Hill	
33	106	Oscar	Wulf	Boy	08:07	Settle	
34	68	Jonah	Maiden	Boy	08:15	Hoad Hill Harriers	
35	127	Sam	Jackson	Boy	08:16	Helm Hill	
36	77	Dylan	Sampson	Boy	08:23	Settle	
37	74	Theo	Robinson	Boy	08:26	Howgill Harrier	
38	120	Toby	Harper	Boy	08:31	UA	
39	171	Blake	Mills	Boy	08:42	Keighley and Craven	
40	38	Matthew	Wright	Boy	08:51	Helm Hill	
41	39	Rory	Knowles	Boy	09:16	Ambleside	
42	132	Rowan	Ashworth	Boy	11:23	Ambleside	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Olesia	Winder	Girl	06:28	Hoad Hill Harriers	1st Girl
2	4	Emily	Swarbrick	Girl	06:32	Broughton	2nd Girl
3	178	Mia	Heath	Girl	06:55	Helm Hill	3rd Girl
4	24	Sophie	Rylance	Girl	06:56	Ambleside	
5	64	Ella	Beardwood	Girl	07:08	Helm Hill	
6	89	Melissa	McIntosh	Girl	07:11	Border Harriers	
7	59	Sarah	Smith	Girl	07:13	Kendal	
8	29	Bethan	Saunders	Girl	07:23	Hoad Hill Harriers	
9	104	Ella	Park	Girl	07:25	Helm Hill	
10	174	Islay	Aitken	Girl	07:29	Helm Hill	
11	11	Jessica	Edmondson	Girl	07:35	Ambleside	
12	180	Georgia	Heath	Girl	07:35	Helm Hill	
13	122	Beau	Walkingshaw	Girl	07:37	Eden Runners	
14	33	Maia	Doherty	Girl	07:38	Helm Hill	
15	119	Grace	Wells	Girl	07:45	Howgill Harrier	
16	110	Tara	Allan	Girl	07:47	Helm Hill	
17	165	Megan	Bascombe	Girl	07:55	UA	
18	123	Esme	Walkingshaw	Girl	08:11	Eden Runners	
19	107	Freya	Richards	Girl	08:12	Helm Hill	
20	91	Charlotte	Peart	Girl	08:27	Settle	
21	114	Maesie	Evans	Girl	08:29	Ambleside	
22	172	Lucy	Swarbrick	Girl	08:32	Barrow Strider	
23	179	Kitty	Carr	Girl	08:53	UA	
24	95	Connie	Maye	Girl	08:54	UA	
25	30	Lauren	Evans	Girl	08:56	Settle	
26	115	Joss	Evans	Girl	08:57	Ambleside	
27	92	Cate	Matthew	Girl	09:10	Lancaster and Morecambe	
28	167	Izzy	Ashton-Fitch	Girl	09:22	Settle	
29	169	Amelia	King	Girl	09:39	Helm Hill	