



Supported by Different Strokes

## Elterwater Common - Results 2 April 2017

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	John	Helme	Man	25:26	Ambleside	1st Man
2	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
3	915	Jonny	Bradshaw	Man	27:18	Wharfedale	3rd Man
4	341	James	Edwards	MV40	27:35	Lonsdale	1st MV40
5	104	Simon	Mounsey	MV40	27:43	Howgill Harriers	
6	351	Sam	Mason	MU21	28:03	Helm Hill	
7	212	Paul	Reilly	MV40	28:11	Helm Hill	
8	399	Jack	Simpson	Man	28:22	Unattached	
9	30	Oliver	Waters	MV40	28:32	Helm Hill	
10	429	Martin	Spoons	Man	28:50	Howgill Harriers	
11	5	Craig	Burrow	MV40	29:10	Helm Hill	
12	20	James	Graham	MV40	29:14	Unattached	
13	54	Brian	Pennington	MV40	29:17	Howgill Harriers	
14	969	Matthew	Rooke	Man	29:35	Black Combe	
15	69	Martin	Askew	MU21	29:39	Helm Hill	
16	2	Robert	Crawford	MV40	29:46	Howgill Harriers	
17	394	Craig	Smith	MV50	29:57	Keswick	1st MV50
18	297	Paul	Knowles	MV50	30:09	Ambleside	
19	9	Graham	Schofield	MV60	30:27	Horwich	1st MV60
20	206	Martin	Lane	Man	30:34	Howgill Harriers	
21	910	Will	Acland	MV40	30:37	Unattached	
22	48	Paul	Jackson	MV40	30:48	Helm Hill	
23	203	Peter	Lawson	Man	30:50	Unattached	
24	259	Jacob	Aubrey	MU21	31:04	Helm Hill	
25	303	Duncan	Copley	MV50	31:08	Dallam	
26	216	Will	Buckton	Man	31:25	Settle	
27	304	Steven	Middleton	MV40	31:34	Howgill Harriers	
28	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
29	24	Tom	Matthew	MV40	31:51	Bowland	
30	102	Matt	Davis	Man	32:02	Howgill Harriers	
31	349	Nina	Walkingshaw	Lady	32:05	Howgill Harriers	2nd Lady
32	117	Leigh	Warburton	MV50	32:06	Bowland	
33	51	Sean	Robinson	Man	32:09	Howgill Harriers	
34	322	Ray	Gill	MV50	32:53	Dallam	
35	922	Chris	Downham	Man	33:14	Unattached	
36	415	Wilfred	Bell	MV60	33:25	Unattached	
37	12	Tod	Coates	MV40	33:26	Ambleside	
38	287	Jason	Edmondson	MV40	33:29	Ambleside	
39	103	David	Bainbridge	Man	33:50	Howgill Harriers	
40	142	Mike	Walsh	MV60	34:14	Kendal	
41	130	Michael	Toman	MV50	34:17	Rosendale	
42	258	Roger	Aubrey	MV50	34:20	Helm Hill	
43	970	Carl	Bedson	MV40	34:29	Cheshire	
44	387	Justin	Bibby	MV40	34:38	Unattached	
45	10	Eleanor	Knowles	LV40	34:41	Ambleside	3rd Lady/1st LV40
46	426	Andy	Holden	MV50	34:57	Wharfedale	
47	27	Jim	Evans	MV40	35:17	Ambleside	
48	923	Paul	Brown	MV40	35:25	Trawden	
49	106	Mike	Calvert	MV50	35:27	Howgill Harriers	
50	455	Allan	Miller	MV50	35:29	Kendal	
51	86	Dave	Appleyard	MV50	35:32	Helm Hill	
52	967	Angela	Paxton	LV50	35:38	Keighley & Craven	1st LV50
53	169	Jonathon	Gibson	MV50	35:40	Wharfedale	

54	272	Wendy	Dodds	LV60	36:02	Clayton-Le-Moors	1st LV60
55	444	Bill	Beckett	MV50	36:06	Chorley	
56	414	Andy	Monk	MV60	36:31	ABFR	
57	329	Jenny	Lyon	Lady	37:01	Dallam	
58	158	Mo	Kelly	Lady	37:38	Howgill Harriers	
59	921	Graham	Metcalfe	Man	38:17	Unattached	
60	238	Katherine	France	LV40	38:27	Helm Hill	
61	20	James	Graham	MV40	38:29	Unattached	
62	405	Andy	Evans	MV50	38:38	Settle	
63	66	Russ	Cannon	MV50	38:49	Helm Hill	
64	918	Kate	Newman	Lady	39:16	Wharfedale	
65	107	Lynn	Whittaker	LV50	39:32	Wharfedale	
66	75	Jonny	Grisedale	MV40	39:34	Helm Hill	
67	4	Amanda	Burrow	LV40	39:46	Helm Hill	
68	23	Judith	Marshall	LV40	40:07	Settle	
69	126	Andrew	Hinde	MV50	40:11	Settle	
70	70	Lorna	Askew	LV40	40:19	Helm Hill	
71	239	Kate	Brayshaw	LV40	40:35	Helm Hill	
72	225	Vicky	Kirkwood	LV40	40:51	Dallam	
73	419	Greg	Tagney	MV60	41:07	Dallam	
74	15	Jo	Pennington	LV40	41:20	Kendal	
75	60	Tim	Thom	MV50	41:42	Keighley & Craven	
76	174	David	Cowperthwaite	MV50	41:58	Unattached	
77	240	Katie	Palmer	LV40	42:02	Unattached	
78	252	John	Hodgson	MV70	43:40	Dallam	1st MV70
79	334	Gordon	Thompson	MV50	44:44	Preston	
80	920	Marian	desilver	LV50	45:25	Dallam	
81	305	Graham	Breeze	MV70	45:34	Wharfedale	
82	47	Helen	Greenep	LV50	46:04	Settle	
83	418	Alan	Bradley	MV40	46:06	Clown Road Runners	
84	39	Geoff	Thompson	MV50	46:29	Wharfedale	
85	316	Jill	Gates	LV50	46:30	Settle	
86	62	Veronica	Waller	LV40	46:38	Dallam	
87	8	May	Crawford	Lady	47:02	Helm Hill	
88	173	Elaine	Cowperthwaite	LV40	47:27	Unattached	
89	342	Rhian	Davies	Lady	49:23	Unattached	
90	381	Su	Thompson	LV40	50:21	Wharfedale	
91	289	Joanne	Grisedale	Lady	51:08	Helm Hill	
92	295	Jo	Matthew	LV40	51:32	Lancaster & Morecambe	
93	919	Mark	Birbeck	MV40	52:20	Horwich	
94	383	Alana	Willis	LU21	52:26	Wharfedale	
95	31	Wendy	Smith	LV40	53:54	Helm Hill	
96	33	Lynda	Hargreaves	LV50	56:08	Wharfedale	
97	1	Dennis	Wood	MV70	59:38	Borrowdale	
98	307	Zoe	Robinson	Lady	DNF	Howgill Harriers	

### Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Benjamin	Forrest	Boy	12:01	Rossendale	1st Boy
2	547	Thomas	Marshall	Boy	12:07	Settle	2nd Boy
3	563	Sebastian	Segger-Stavele	Boy	12:20	Settle	3rd Boy
4	633	Robert	Askew	Boy	12:37	Helm Hill	
5	512	Ben	Edmondson	Boy	12:39	Ambleside	
6	561	Rosie	Woodhams	Girl	13:17	Dallam	1st Girl
7	574	Matthew	Holroyd	Boy	13:22	Settle	
8	567	Logan	Hargreaves-Ma	Boy	13:32	Wharfedale	
9	610	Samuel	Thom	Boy	13:36	Keighley & Craven	
10	724	Lewis	Bowness	Boy	13:49	Helm Hill	
11	568	William	Thompson	Boy	14:31	Wharfedale	
12	541	Maia	Doherty	Girl	16:21	Helm Hill	2nd Girl
13	592	Lottie	Beardwood	Girl	16:48	Helm Hill	3rd Girl
14	688	Jack	Hill	Boy	18:09	Unattached	
15	598	Erin	Bagge	Girl	19:20	Helm Hill	
16	565	Tyla	Crook	Girl	20:06	Helm Hill	
17	721	Emily	Crossley	Girl	22:30	Settle	

### Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	544	Daniel	Sanderson	Boy	09:08	Ambleside	1st Boy
2	666	Joel	Taylor	Boy	09:09	Rossendale	2nd Boy
3	789	Alexander	Thompson	Boy	09:40	Wharfedale	3rd Boy
4	572	Charlie	Harding	Boy	09:45	Eden	
5	549	Alex	Tallon	Boy	09:47	Helm Hill	
6	524	Jacob	Smith	Boy	09:52	Kendal	
7	531	Henry	Hunter	Boy	09:54	Helm Hill	
8	644	Toby	Umpleby	Boy	10:22	Kendal	
9	607	Addison	Willis	Boy	10:33	Wharfedale	
10	665	Lilli	Carr	Girl	10:36	Keighley & Craven	1st Girl
11	737	Oliver	Saxon	Boy	10:40	Unattached	
12	603	Brodie Joh	Weymouth	Boy	10:42	Unattached	
13	785	Bernadette	Raven	Girl	10:54	Ilkley	2nd Girl
14	525	Ben	Smith	Boy	11:17	Kendal	
15	591	Ella	Beardwood	Girl	11:36	Helm Hill	3rd Girl
16	786	Holly	Dobson	Girl	11:37	Ambleside	
17	602	Adam	Scott	Boy	11:56	Kendal	
18	725	Alexander	Matthew	Boy	12:34	Lancaster & Morecambe	
19	744	Zach	Doherty	Boy	12:59	Dallam	
20	590	Ella	Park	Girl	13:47	Helm Hill	

### Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	766	William	Hall	Boy	07:11	Calder Valley	1st Boy
2	535	Rowan	Ashworth	Boy	07:39	Ambleside	2nd Boy
3	730	Cameron	Coates	Boy	07:41	Ambleside	3rd Boy
4	517	Jack	Dixon	Boy	07:43	Ambleside	
5	678	Olesia	Winder	Girl	07:53	Leven Valley	1st Girl
6	761	Patrick	Casey	Boy	07:59	CVFR	
7	679	Will	Mcnally	Boy	08:01	Leven Valley	
8	523	Matthew	Ansell	Boy	08:05	Helm Hill	
9	520	Clara	Samson	Girl	08:07	Helm Hill	2nd Girl
10	586	Sam	Greenep	Boy	08:09	Settle	
11	734	Joe	Ligema	Boy	08:17	Ambleside	
12	689	Caius	Pennington	Boy	08:20	Howgill Harriers	
13	604	Matti	Ligema	Boy	08:24	Ambleside	
14	538	Alex	Graham	Boy	08:28	Ambleside	
15	526	Sarah	Smith	Girl	08:30	Helm Hill	3rd Girl
16	518	Elodie	Malcolm	Girl	08:33	Helm Hill	
17	550	Elise	Tallon	Girl	08:35	Helm Hill	
18	624	Jody	Middleton	Boy	08:41	Howgill Harriers	
19	570	William	Durkin	Boy	08:45	Ambleside	
20	791	Luke	Phillips	Boy	08:49	Unattached	
21	503	Richard	Goode-Smith	Boy	08:50	Ambleside	
22	511	Alfie	Addison	Boy	08:51	Helm Hill	
23	505	Jack	Sanderson	Boy	08:53	Settle	
24	790	Eddie	Kelly	Boy	08:58	Unattached	
25	516	Frankie	Exley-Harper	Boy	09:04	Ambleside	
26	562	Douglas	Segger-Staveley	Boy	09:05	Settle	
27	573	Bethan	Saunders	Girl	09:07	Leven Valley	
28	560	Toby	Harper	Boy	09:10	Ambleside	
29	515	Theo	Coates	Boy	09:17	Ambleside	
30	556	Maisie	Evans	Girl	09:20	Ambleside	
31	646	Joel	Saunders	Boy	09:24	Helm Hill	
32	613	Vicky	Woof	Girl	09:30	Howgill Harriers	
33	534	Martha	Rigby	Girl	09:33	Settle	
34	616	Jamie	Waller	Boy	09:36	Dallam	
35	566	Aaron	Smith	Boy	09:38	Helm Hill	
36	667	Evie	Taylor	Girl	09:44	Rossendale	
37	557	Joss	Evans	Girl	09:48	Ambleside	
38	588	Sam	Jackson	Boy	09:50	Helm Hill	
39	781	Scott	Lawson	Boy	09:51	Unattached	
40	514	Rory	Knowles	Boy	09:58	Ambleside	
41	589	Oliver	Park	Boy	10:03	Helm Hill	
42	628	Paddy	Wood	Boy	10:07	Ambleside	
43	780	Toby	Alland	Boy	10:30	Unattached	
44	638	Finley	Grisedale	Boy	10:41	Helm Hill	
45	788	Jamie	Graham	Boy	10:42	Ambleside	
46	552	Bobby	Wilkin	Boy	10:44	Ambleside	
47	558	Oscar	Wulf	Boy	10:53	Settle	
48	597	Theo	Robinson	Boy	11:01	Howgill Harriers	
49	601	Connie	Maye-Scott	Girl	11:12	Unattached	
50	708	Lizzy	Cowin	Girl	11:24	Unattached	
51	740	Noa	Calman	Girl	11:27	Ambleside	
52	661	Lauren	Evans	Girl	11:31	Settle	
53	629	Seren	Green	Girl	11:40	Ambleside	
54	630	Maddison	Parrington	Girl	12:03	Barlick	
55	548	Cate	Matthew	Girl	12:18	Lancaster & Morecambe	
56	506	Alicia	Crawford	Girl	12:32	Helm Hill	
57	542	Benjamin	Grundy	Boy	12:34	Unattached	
58	608	Betsy	Willis	Girl	13:27	Wharfedale	
59	787	Sarah	Dixon	Girl	DNF	Ambleside	
60	522	Cal	McVey	Boy	DNF	Ambleside	

# Elterwater Common 2017 Category Results

## ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	John	Helme	Man	25:26	Ambleside	1st Man
2	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
3	915	Jonny	Bradshaw	Man	27:18	Wharfedale	3rd Man
4	341	James	Edwards	MV40	27:35	Lonsdale	1st MV40
5	104	Simon	Mounsey	MV40	27:43	Howgill Harriers	
6	351	Sam	Mason	MU21	28:03	Helm Hill	
7	212	Paul	Reilly	MV40	28:11	Helm Hill	
8	399	Jack	Simpson	Man	28:22	Unattached	
9	30	Oliver	Waters	MV40	28:32	Helm Hill	
10	429	Martin	Spoons	Man	28:50	Howgill Harriers	
11	5	Craig	Burrow	MV40	29:10	Helm Hill	
12	20	James	Graham	MV40	29:14	Unattached	
13	54	Brian	Pennington	MV40	29:17	Howgill Harriers	
14	969	Matthew	Rooke	Man	29:35	Black Combe	
15	69	Martin	Askew	MU21	29:39	Helm Hill	
16	2	Robert	Crawford	MV40	29:46	Howgill Harriers	
17	394	Craig	Smith	MV50	29:57	Keswick	1st MV50
18	297	Paul	Knowles	MV50	30:09	Ambleside	
19	9	Graham	Schofield	MV60	30:27	Horwich	1st MV60
20	206	Martin	Lane	Man	30:34	Howgill Harriers	
21	910	Will	Acland	MV40	30:37	Unattached	
22	48	Paul	Jackson	MV40	30:48	Helm Hill	
23	203	Peter	Lawson	Man	30:50	Unattached	
24	259	Jacob	Aubrey	MU21	31:04	Helm Hill	
25	303	Duncan	Copley	MV50	31:08	Dallam	
26	216	Will	Buckton	Man	31:25	Settle	
27	304	Steven	Middleton	MV40	31:34	Howgill Harriers	
28	24	Tom	Matthew	MV40	31:51	Bowland	
29	102	Matt	Davis	Man	32:02	Howgill Harriers	
30	117	Leigh	Warburton	MV50	32:06	Bowland	
31	51	Sean	Robinson	Man	32:09	Howgill Harriers	
32	322	Ray	Gill	MV50	32:53	Dallam	
33	922	Chris	Downham	Man	33:14	Unattached	
34	415	Wilfred	Bell	MV60	33:25	Unattached	
35	12	Tod	Coates	MV40	33:26	Ambleside	
36	287	Jason	Edmondson	MV40	33:29	Ambleside	
37	103	David	Bainbridge	Man	33:50	Howgill Harriers	
38	142	Mike	Walsh	MV60	34:14	Kendal	
39	130	Michael	Toman	MV50	34:17	Rossendale	
40	258	Roger	Aubrey	MV50	34:20	Helm Hill	
41	970	Carl	Bedson	MV40	34:29	Cheshire	
42	387	Justin	Bibby	MV40	34:38	Unattached	
43	426	Andy	Holden	MV50	34:57	Wharfedale	
44	27	Jim	Evans	MV40	35:17	Ambleside	
45	923	Paul	Brown	MV40	35:25	Trawden	
46	106	Mike	Calvert	MV50	35:27	Howgill Harriers	
47	455	Allan	Miller	MV50	35:29	Kendal	
48	86	Dave	Appleyard	MV50	35:32	Helm Hill	
49	169	Jonathon	Gibson	MV50	35:40	Wharfedale	
50	444	Bill	Beckett	MV50	36:06	Chorley	
51	414	Andy	Monk	MV60	36:31	ABFR	
52	921	Graham	Metcalf	Man	38:17	Unattached	
53	20	James	Graham	MV40	38:29	Unattached	
54	405	Andy	Evans	MV50	38:38	Settle	
55	66	Russ	Cannon	MV50	38:49	Helm Hill	
56	75	Jonny	Grisedale	MV40	39:34	Helm Hill	
57	126	Andrew	Hinde	MV50	40:11	Settle	
58	419	Greg	Tagney	MV60	41:07	Dallam	

59	60	Tim	Thom	MV50	41:42	Keighley & Craven	
60	174	David	Cowperthwaite	MV50	41:58	Unattached	
61	252	John	Hodgson	MV70	43:40	Dallam	1st MV70
62	334	Gordon	Thompson	MV50	44:44	Preston	
63	305	Graham	Breeze	MV70	45:34	Wharfedale	
64	418	Alan	Bradley	MV40	46:06	Clown Road Runners	
65	39	Geoff	Thompson	MV50	46:29	Wharfedale	
66	919	Mark	Birbeck	MV40	52:20	Horwich	
67	1	Dennis	Wood	MV70	59:38	Borrowdale	

**MEN**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	267	John	Helme	Man	25:26	Ambleside	1st Man
2	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
3	915	Jonny	Bradshaw	Man	27:18	Wharfedale	3rd Man
4	351	Sam	Mason	MU21	28:03	Helm Hill	
5	399	Jack	Simpson	Man	28:22	Unattached	
6	429	Martin	Spoons	Man	28:50	Howgill Harriers	
7	969	Matthew	Rooke	Man	29:35	Black Combe	
8	69	Martin	Askew	MU21	29:39	Helm Hill	
9	206	Martin	Lane	Man	30:34	Howgill Harriers	
10	203	Peter	Lawson	Man	30:50	Unattached	
11	259	Jacob	Aubrey	MU21	31:04	Helm Hill	
12	216	Will	Buckton	Man	31:25	Settle	
13	102	Matt	Davis	Man	32:02	Howgill Harriers	
14	51	Sean	Robinson	Man	32:09	Howgill Harriers	
15	922	Chris	Downham	Man	33:14	Unattached	
16	103	David	Bainbridge	Man	33:50	Howgill Harriers	
17	921	Graham	Metcalfe	Man	38:17	Unattached	



**MEN UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	73	Reuben	Copley	MU21	26:37	Dallam	2nd Man/1st MU21
2	351	Sam	Mason	MU21	28:03	Helm Hill	
3	69	Martin	Askew	MU21	29:39	Helm Hill	
4	259	Jacob	Aubrey	MU21	31:04	Helm Hill	

**MEN - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	341	James	Edwards	MV40	27:35	Lonsdale	1st MV40
2	104	Simon	Mounsey	MV40	27:43	Howgill Harriers	
3	212	Paul	Reilly	MV40	28:11	Helm Hill	
4	30	Oliver	Waters	MV40	28:32	Helm Hill	
5	5	Craig	Burrow	MV40	29:10	Helm Hill	
6	20	James	Graham	MV40	29:14	Unattached	
7	54	Brian	Pennington	MV40	29:17	Howgill Harriers	
8	2	Robert	Crawford	MV40	29:46	Howgill Harriers	
9	910	Will	Acland	MV40	30:37	Unattached	
10	48	Paul	Jackson	MV40	30:48	Helm Hill	
11	304	Steven	Middleton	MV40	31:34	Howgill Harriers	
12	24	Tom	Matthew	MV40	31:51	Bowland	
13	12	Tod	Coates	MV40	33:26	Ambleside	
14	287	Jason	Edmondson	MV40	33:29	Ambleside	
15	970	Carl	Bedson	MV40	34:29	Cheshire	
16	387	Justin	Bibby	MV40	34:38	Unattached	
17	27	Jim	Evans	MV40	35:17	Ambleside	
18	923	Paul	Brown	MV40	35:25	Trawden	
19	20	James	Graham	MV40	38:29	Unattached	
20	75	Jonny	Grisedale	MV40	39:34	Helm Hill	
21	418	Alan	Bradley	MV40	46:06	Clown Road Runners	
22	919	Mark	Birbeck	MV40	52:20	Horwich	

**MEN - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	394	Craig	Smith	MV50	29:57	Keswick	1st MV50
2	297	Paul	Knowles	MV50	30:09	Ambleside	
3	303	Duncan	Copley	MV50	31:08	Dallam	
4	117	Leigh	Warburton	MV50	32:06	Bowland	
5	322	Ray	Gill	MV50	32:53	Dallam	
6	130	Michael	Toman	MV50	34:17	Rosendale	
7	258	Roger	Aubrey	MV50	34:20	Helm Hill	
8	426	Andy	Holden	MV50	34:57	Wharfedale	
9	106	Mike	Calvert	MV50	35:27	Howgill Harriers	
10	455	Allan	Miller	MV50	35:29	Kendal	
11	86	Dave	Appleyard	MV50	35:32	Helm Hill	
12	169	Jonathon	Gibson	MV50	35:40	Wharfedale	
13	444	Bill	Beckett	MV50	36:06	Chorley	
14	405	Andy	Evans	MV50	38:38	Settle	
15	66	Russ	Cannon	MV50	38:49	Helm Hill	
16	126	Andrew	Hinde	MV50	40:11	Settle	
17	60	Tim	Thom	MV50	41:42	Keighley & Craven	
18	174	David	Cowperthwaite	MV50	41:58	Unattached	
19	334	Gordon	Thompson	MV50	44:44	Preston	
20	39	Geoff	Thompson	MV50	46:29	Wharfedale	

**MEN - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	9	Graham	Schofield	MV60	30:27	Horwich	1st MV60
2	415	Wilfred	Bell	MV60	33:25	Unattached	
3	142	Mike	Walsh	MV60	34:14	Kendal	
4	414	Andy	Monk	MV60	36:31	ABFR	
5	419	Greg	Tagney	MV60	41:07	Dallam	

**MEN - VET 70**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	252	John	Hodgson	MV70	43:40	Dallam	1st MV70
2	305	Graham	Breeze	MV70	45:34	Wharfedale	
3	1	Dennis	Wood	MV70	59:38	Borrowdale	

**ALL SENIOR LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
2	349	Nina	Walkingshaw	Lady	32:05	Howgill Harriers	2nd Lady
3	10	Eleanor	Knowles	LV40	34:41	Ambleside	3rd Lady/1st LV40
4	967	Angela	Paxton	LV50	35:38	Keighley & Craven	1st LV50
5	272	Wendy	Dodds	LV60	36:02	Clayton-Le-Moors	1st LV60
6	329	Jenny	Lyon	Lady	37:01	Dallam	
7	158	Mo	Kelly	Lady	37:38	Howgill Harriers	
8	238	Katherine	France	LV40	38:27	Helm Hill	
9	918	Kate	Newman	Lady	39:16	Wharfedale	
10	107	Lynn	Whittaker	LV50	39:32	Wharfedale	
11	4	Amanda	Burrow	LV40	39:46	Helm Hill	
12	23	Judith	Marshall	LV40	40:07	Settle	
13	70	Lorna	Askew	LV40	40:19	Helm Hill	
14	239	Kate	Brayshaw	LV40	40:35	Helm Hill	
15	225	Vicky	Kirkwood	LV40	40:51	Dallam	
16	15	Jo	Pennington	LV40	41:20	Kendal	
17	240	Katie	Palmer	LV40	42:02	Unattached	
18	920	Marian	desilver	LV50	45:25	Dallam	
19	47	Helen	Greenep	LV50	46:04	Settle	
20	316	Jill	Gates	LV50	46:30	Settle	
21	62	Veronica	Waller	LV40	46:38	Dallam	
22	8	May	Crawford	Lady	47:02	Helm Hill	
23	173	Elaine	Cowperthwaite	LV40	47:27	Unattached	
24	342	Rhian	Davies	Lady	49:23	Unattached	
25	381	Su	Thompson	LV40	50:21	Wharfedale	
26	289	Joanne	Grisedale	Lady	51:08	Helm Hill	
27	295	Jo	Matthew	LV40	51:32	Lancaster & Morecambe	
28	383	Alana	Willis	LU21	52:26	Wharfedale	
29	31	Wendy	Smith	LV40	53:54	Helm Hill	
30	33	Lynda	Hargreaves	LV50	56:08	Wharfedale	
DNF	307	Zoe	Robinson	Lady	DNF	Howgill Harriers	

**LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
2	349	Nina	Walkingshaw	Lady	32:05	Howgill Harriers	2nd Lady
3	329	Jenny	Lyon	Lady	37:01	Dallam	
4	158	Mo	Kelly	Lady	37:38	Howgill Harriers	
5	918	Kate	Newman	Lady	39:16	Wharfedale	
6	8	May	Crawford	Lady	47:02	Helm Hill	
7	342	Rhian	Davies	Lady	49:23	Unattached	
8	289	Joanne	Grisedale	Lady	51:08	Helm Hill	
9	383	Alana	Willis	LU21	52:26	Wharfedale	
DNF	307	Zoe	Robinson	Lady	DNF	Howgill Harriers	

**LADIES UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	35	Hannah	Durkin	LU21	31:39	Ambleside	1st Lady/1st LU21
2	383	Alana	Willis	LU21	52:26	Wharfedale	



**LADIES - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	10	Eleanor	Knowles	LV40	34:41	Ambleside	3rd Lady/1st LV40
2	238	Katherine	France	LV40	38:27	Helm Hill	
3	4	Amanda	Burrow	LV40	39:46	Helm Hill	
4	23	Judith	Marshall	LV40	40:07	Settle	
5	70	Lorna	Askew	LV40	40:19	Helm Hill	
6	239	Kate	Brayshaw	LV40	40:35	Helm Hill	
7	225	Vicky	Kirkwood	LV40	40:51	Dallam	
8	15	Jo	Pennington	LV40	41:20	Kendal	
9	240	Katie	Palmer	LV40	42:02	Unattached	
10	62	Veronica	Waller	LV40	46:38	Dallam	
11	173	Elaine	Cowperthwaite	LV40	47:27	Unattached	
12	381	Su	Thompson	LV40	50:21	Wharfedale	
13	295	Jo	Matthew	LV40	51:32	Lancaster & Morecambe	
14	31	Wendy	Smith	LV40	53:54	Helm Hill	

**LADIES - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	967	Angela	Paxton	LV50	35:38	Keighley & Craven	1st LV50
2	107	Lynn	Whittaker	LV50	39:32	Wharfedale	
3	920	Marian	desilver	LV50	45:25	Dallam	
4	47	Helen	Greenep	LV50	46:04	Settle	
5	316	Jill	Gates	LV50	46:30	Settle	
6	33	Lynda	Hargreaves	LV50	56:08	Wharfedale	

**LADIES - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	272	Wendy	Dodds	LV60	36:02	Clayton-Le-Moors	1st LV60

**UNDER 17 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	668	Benjamin	Forrest	Boy	12:01	Rossendale	1st Boy
2	547	Thomas	Marshall	Boy	12:07	Settle	2nd Boy
3	563	Sebastian	Segger-Staveley	Boy	12:20	Settle	3rd Boy
4	633	Robert	Askew	Boy	12:37	Helm Hill	
5	512	Ben	Edmondson	Boy	12:39	Ambleside	
6	574	Matthew	Holroyd	Boy	13:22	Settle	
7	567	Logan	Hargreaves-Ma	Boy	13:32	Wharfedale	
8	610	Samuel	Thom	Boy	13:36	Keighley & Craven	
9	724	Lewis	Bowness	Boy	13:49	Helm Hill	
10	568	William	Thompson	Boy	14:31	Wharfedale	
11	688	Jack	Hill	Boy	18:09	Unattached	

**UNDER 17 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	561	Rosie	Woodhams	Girl	13:17	Dallam	1st Girl
2	541	Maia	Doherty	Girl	16:21	Helm Hill	2nd Girl
3	592	Lottie	Beardwood	Girl	16:48	Helm Hill	3rd Girl
4	598	Erin	Bagge	Girl	19:20	Helm Hill	
5	565	Tyla	Crook	Girl	20:06	Helm Hill	
6	721	Emily	Crossley	Girl	22:30	Settle	

**UNDER 15 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	544	Daniel	Sanderson	Boy	09:08	Ambleside	1st Boy
2	666	Joel	Taylor	Boy	09:09	Rossendale	2nd Boy
3	789	Alexander	Thompson	Boy	09:40	Wharfedale	3rd Boy
4	572	Charlie	Harding	Boy	09:45	Eden	
5	549	Alex	Tallon	Boy	09:47	Helm Hill	
6	524	Jacob	Smith	Boy	09:52	Kendal	
7	531	Henry	Hunter	Boy	09:54	Helm Hill	
8	644	Toby	Umpleby	Boy	10:22	Kendal	
9	607	Addison	Willis	Boy	10:33	Wharfedale	
10	737	Oliver	Saxon	Boy	10:40	Unattached	
11	603	Brodie Joh	Weymouth	Boy	10:42	Unattached	
12	525	Ben	Smith	Boy	11:17	Kendal	
13	602	Adam	Scott	Boy	11:56	Kendal	
14	725	Alexander	Matthew	Boy	12:34	Lancaster & Morecambe	
15	744	Zach	Doherty	Boy	12:59	Dallam	

**UNDER 15 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	665	Lilli	Carr	Girl	10:36	Keighley & Craven	1st Girl
2	785	Bernadette	Raven	Girl	10:54	Ilkley	2nd Girl
3	591	Ella	Beardwood	Girl	11:36	Helm Hill	3rd Girl
4	786	Holly	Dobson	Girl	11:37	Ambleside	
5	590	Ella	Park	Girl	13:47	Helm Hill	

**UNDER 13 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	766	William	Hall	Boy	07:11	Calder Valley	1st Boy
2	535	Rowan	Ashworth	Boy	07:39	Ambleside	2nd Boy
3	730	Cameron	Coates	Boy	07:41	Ambleside	3rd Boy
4	517	Jack	Dixon	Boy	07:43	Ambleside	
5	761	Patrick	Casey	Boy	07:59	CVFR	
6	679	Will	Mcnally	Boy	08:01	Leven Valley	
7	523	Matthew	Ansell	Boy	08:05	Helm Hill	
8	586	Sam	Greenep	Boy	08:09	Settle	
9	734	Joe	Ligema	Boy	08:17	Ambleside	
10	689	Caius	Pennington	Boy	08:20	Howgill Harriers	
11	604	Matti	Ligema	Boy	08:24	Ambleside	
12	538	Alex	Graham	Boy	08:28	Ambleside	
13	624	Jody	Middleton	Boy	08:41	Howgill Harriers	
14	570	William	Durkin	Boy	08:45	Ambleside	
15	791	Luke	Phillips	Boy	08:49	Unattached	
16	503	Richard	Goode-Smith	Boy	08:50	Ambleside	
17	511	Alfie	Addison	Boy	08:51	Helm Hill	
18	505	Jack	Sanderson	Boy	08:53	Settle	
19	790	Eddie	Kelly	Boy	08:58	Unattached	
20	516	Frankie	Exley-Harper	Boy	09:04	Ambleside	
21	562	Douglas	Segger-Staveley	Boy	09:05	Settle	
22	560	Toby	Harper	Boy	09:10	Ambleside	
23	515	Theo	Coates	Boy	09:17	Ambleside	
24	646	Joel	Saunders	Boy	09:24	Helm Hill	
25	616	Jamie	Waller	Boy	09:36	Dallam	
26	566	Aaron	Smith	Boy	09:38	Helm Hill	
27	588	Sam	Jackson	Boy	09:50	Helm Hill	
28	781	Scott	Lawson	Boy	09:51	Unattached	
29	514	Rory	Knowles	Boy	09:58	Ambleside	
30	589	Oliver	Park	Boy	10:03	Helm Hill	
31	628	Paddy	Wood	Boy	10:07	Ambleside	
32	780	Toby	Alland	Boy	10:30	Unattached	
33	638	Finley	Grisedale	Boy	10:41	Helm Hill	
34	788	Jamie	Graham	Boy	10:42	Ambleside	
35	552	Bobby	Wilkin	Boy	10:44	Ambleside	
36	558	Oscar	Wulf	Boy	10:53	Settle	
37	597	Theo	Robinson	Boy	11:01	Howgill Harriers	
38	542	Benjamin	Grundy	Boy	12:34	Unattached	
DNF	522	Cal	McVey	Boy	DNF	Ambleside	



**UNDER 13 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	678	Olesia	Winder	Girl	07:53	Leven Valley	1st Girl
2	520	Clara	Samson	Girl	08:07	Helm Hill	2nd Girl
3	526	Sarah	Smith	Girl	08:30	Helm Hill	3rd Girl
4	518	Elodie	Malcolm	Girl	08:33	Helm Hill	
5	550	Elise	Tallon	Girl	08:35	Helm Hill	
6	573	Bethan	Saunders	Girl	09:07	Leven Valley	
7	556	Maisie	Evans	Girl	09:20	Ambleside	
8	613	Vicky	Woof	Girl	09:30	Howgill Harriers	
9	534	Martha	Rigby	Girl	09:33	Settle	
10	667	Evie	Taylor	Girl	09:44	Rossendale	
11	557	Joss	Evans	Girl	09:48	Ambleside	
12	601	Connie	Maye-Scott	Girl	11:12	Unattached	
13	708	Lizzy	Cowin	Girl	11:24	Unattached	
14	740	Noa	Calman	Girl	11:27	Ambleside	
15	661	Lauren	Evans	Girl	11:31	Settle	
16	629	Seren	Green	Girl	11:40	Ambleside	
17	630	Maddison	Parrington	Girl	12:03	Barlick	
18	548	Cate	Matthew	Girl	12:18	Lancaster & Morecambe	
19	506	Alicia	Crawford	Girl	12:32	Helm Hill	
20	608	Betsy	Willis	Girl	13:27	Wharfedale	
DNF	787	Sarah	Dixon	Girl	DNF	Ambleside	