

## 10th OCTOBER 2009 LANGDALE HORSESHOE RESULTS

POSITRACE NO	SURNAME	SEX	AGE	TEAM	TIME
Apologies for approximate times from 3hours 44 minutes through timer failure.					
If you have an accurate time please advise (bell.roger@btinternet.com or 015394 32730).					
1	42 Simon Booth	M	V40	Borrowdale	2.05.02
2	293 Graham Pearce	M	Sen	Pudsey & Bramley	2.05.08
3	17 Simon Bailey	M	Sen	Mercia	2.05.12
4	184 Rob Hope	M	Sen	Pudsey & Bramley	2.05.15
5	179 Ian Holmes	M	V40	Bingley	2.05.22
6	361 Matthew Speake	M	Sen	Dark Peak	2.05.45
7	376 LLOYD Taggart	M	V40	Dark Peak	2.06.24
8	21 Ben Bardsley	M	Sen	Borrowdale	2.07.53
9	168 John Heneghan	M	Sen	Pudsey & Bramley	2.08.37
10	399 Pete Vale	M	Sen	Mercia	2.08.51
11	183 Danny Hope	M	Sen	Pudsey & Bramley	2.10.13
12	322 Mark Roberts	M	V45	Borrowdale	2.10.18
13	104 Gary Devine	M	V40	Pudsey & Bramley	2.14.43
14	99 Jim Davies	M	V40	Borrowdale	2.15.08
15	263 Ben Mounsey	M	Sen	Calder Valley	2.15.43
16	260 Jon Morgan	M	V40	Dark Peak	2.16.23
17	236 James Logue	M	V40	Horwich	2.16.31
18	288 Mark Palmer	M	V45	Mynydd Du	2.16.45
19	327 Mike Robinson	M	V40	Dark Peak	2.18.45
20	36 Steve Birkinshaw	M	V40	Borrowdale	2.18.55
21	194 John Hunt	M	V40	Dark Peak	2.19.00
22	300 Alun Powell	M	V40	Pudsey & Bramley	2.19.34
23	316 Matthew Reedy	M	Sen	Ambleside	2.19.58
24	193 Matthew Hulley	M	Sen	Dark Peak	2.20.02
25	252 Richard Mellon	M	Sen	Bowland	2.20.21
26	103 Jonathan Deegan	M	V40	Ambleside	2.20.27
27	112 Dan Duxbury	M	Sen	Ambleside	2.20.40
28	334 Philip Sanderson	M	V40	Northumberland Fell Runners	2.20.51
29	90 Paul Cornforth	M	V45	Borrowdale	2.21.09
30	115 Tim Edward	M	V40	Clayton	2.21.25
31	422 Tim Werrett	M	Sen	Mercia	2.21.38
32	1 Ben Abdelnoor	M	Sen	Ambleside	2.22.17
33	211 Mike Johnson	M	V45	Bowland	2.24.12
34	81 Jon Coe	M	Sen	Dark Peak	2.25.59
35	444 Andrew Wrench	M	V40	Todmorden	2.26.02
36	151 Michael Green	M	V45	Horwich	2.26.07
37	22 Ian Barnes	M	Sen	Ambleside	2.26.11
38	214 Gareth Jones	M	Sen	Bitton RR	2.26.26
39	40 Stuart Bond	M	Sen	Tommy's Fell Stars	2.26.42
40	434 Garry Wilkinson	M	V45	Clayton	2.28.15
41	313 Chris Reade	M	V45	Bowland	2.28.21
42	317 Alastair Rhodes-Dawson	M	Sen	Todmorden	2.28.37
43	270 Andrew Nicoll	M	V40	Bingley	2.30.51
44	356 Stephen Smithies	M	Sen	Calder Valley	2.31.20
45	433 Dave Wilby	M	Sen	Ilkley	2.31.27
46	390 Gary Thorpe	M	V45	Ambleside	2.31.39
47	351 Anthony Smith	M	Sen	Ambleside	2.31.54
48	117 Thomas Edwards	M	Sen	Dark Peak	2.32.27
49	308 Julian Rank	M	V45	Holmfirth	2.32.43
50	181 Martin Holroyd	M	V40	Borrowdale	2.32.54
51	202 Andy Jebb	M	Sen	Bingley	2.33.04
52	315 Jane Reedy	F	LSen	Ambleside	2.33.14
53	29 Willie Bell	M	V55	CFR	2.33.22
54	275 Dave Nuttall	M	V40	Clayton	2.33.50
55	369 Martin Stocks	M	V45	Dark Peak	2.34.32
56	296 Adam Perry	M	Sen	Manchester Univ CCC	2.34.41
57	12 Neil Ashcroft	M	V40	Ambleside	2.34.45
58	415 Dave Ward	M	Sen	Borrowdale	2.35.09

59	158 Neil	Hardiman	M	V40	Clayton	2.35.17
60	432 Mike	Whyatt	M	V45	Bowland	2.35.26
61	110 Darren	Dunn	M	V40	Pannine	2.35.32
62	291 Gavin	Pattison	M	Sen	CFR	2.35.38
63	53 Geoff	Briggs	M	V50	Pennine	2.37.03
64	43 Vincent	Booth	M	V45	Cheshire Hill Racers	2.38.23
65	282 Steven	Oldfield	M	V50	Bradfield Airedale	2.38.25
66	341 James	Senior	M	Sen	Bingley	2.38.27
67	109 John	Dryden	M	V40	Settle	2.38.31
68	384 Philip	Taylor	M	V50	Rosendale	2.38.43
69	82 Jules	Coleman	M	V45	Lonsdale Fell Runners	2.38.49
70	147 Ben	Grant	M	V60	Harrogate Harriers	2.39.05
71	182 Jack	Holt	M	V60	Clayton	2.39.10
72	439 Jackie	Winn	M	V55	Ellenborough AC	2.39.20
73	149 Hodge	Grayson	M	Sen	Ambleside	2.39.35
74	33 Matt	Beresford	M	V40	Kendal	2.39.53
75	247 Tom	McGaff	M	V50	Cheshire Hill Racers	2.40.26
76	135 Alexander	Fowler	M	Sen	Preston Harriers	2.40.30
77	261 Lee	Morley	M	Sen	Ilkley	2.41.26
78	352 Craig	Smith	M	V40	Keswick	2.41.32
79	38 Brendan	Bolland	M	V40	Horwich	2.41.44
80	311 Nick	Ray	M	Sen	Ellenborough AC	2.42.00
81	95 Ben	Crowther	M	Sen	Todmorden	2.42.18
82	91 Michael	Cottam	M	V45	Garstang	2.42.42
83	426 Helene	Whitaker	F	LV40	Ilkley	2.42.45
84	357 Dave	Soles	M	V45	Pennine	2.43.24
85	427 Jonathan	Whitaker	M	V45	Ilkley	2.43.30
86	337 David	Scott	M	V50	Ochil Hill Runners	2.43.32
87	302 Huw	Price	M	V45	Bowland	2.43.35
88	370 Stephen	Storey	M	V50	Dark Peak	2.43.38
89	153 Ian	Greenwood	M	V45	Clayton	2.43.54
90	279 Hugh	O'Donnell	M	Sen	Ambleside	2.44.25
91	229 Jackie	Lee	F	LSen	Eryri	2.44.29
92	292 Martin	Peace	M	V40	Bingley	2.44.32
93	421 Ali	Welsh	M	V45	Bowland	2.44.47
94	375 David	Sykes	M	Sen	Dark Peak	2.45.04
95	398 Steve	Turland	M	V40	Ilkley	2.45.32
96	222 Nick	Kirk	M	V40	Dark Peak	2.46.12
97	83 Dave	Collins	M	V50	Todmorden	2.46.19
98	140 Ed	Gamble	M	V40	Cheshire Hill Racers	2.46.31
99	386 Roger	Taylor	M	V40	Preston Harriers	2.46.34
100	298 Martin	Pollitt	M	V45	Burnden Road Runners	2.46.45
101	238 Dave	Makin	M	V45	Achille Ratti	2.46.48
102	325 Hazel	Robinson	F	LSen	Ambleside	2.46.50
103	208 Anne	Johnson	F	LV40	Calder Valley	2.46.53
104	6 Terry	Aitken	M	V45	Ambleside	2.46.59
105	209 Bill	Johnson	M	V40	Calder Valley	2.47.06
106	218 David	Keeling	M	V45	Cheshire Hill Racers	2.47.28
107	342 Paul	Shackleton	M	V45	Clayton	2.47.33
108	257 Kieron	Mitchell	M	Sen	Clayton	2.47.59
109	25 Gavin	Baxter	M	Sen	Holmfirth	2.48.04
110	186 Brian	Horrocks	M	V50	Clayton	2.48.22
111	324 Andrew	Robinson	M	V55	Clayton	2.49.05
112	24 Neill	Barton	M	Sen	Dark Peak	2.49.08
113	246 Andrew	McFarlane	M	V40	Clayton	2.49.15
114	396 Richard	Topliss	M	V40	Pennine	2.49.29
115	273 Mike	Noble	M	V60	Pennine	2.49.30
116	401 Phil	Vincent	M	Sen	Tynedale	2.49.34
117	347 Neil	Shepherd	M	V45	Bowland	2.49.37
118	97 Chris	Davies	M	V55	Saddleworth	2.49.42
119	281 Declan	O'Duffy	M	V50	Bowland	2.49.43
120	Kirstin	Bailey	F	LSen	Bingley	2.49.52

121	30	Richard	Bellaries	M	V55	Clayton	2.49.54
122	297	Kevin	Perry	M	V45	Bell & Harp Hornets	2.50.04
123	180	Keith	Holmes	M	V55	Dark Peak	2.50.14
124	65	Andy	Butler	M	V50	Pennine	2.50.24
125	205	Lauren	Jeska	F	LSen	Todmorden	2.50.51
126	255	Martin	Mikkelsen-Barron	M	Sen	Borrowdale	2.50.58
127	360	Will	Spain	M	Sen	Dark Peak	2.51.05
128	404	John	Wade	M	V45	Bowland	2.51.49
129	87	Michael	Cooper	M	V45	Cheshire Hill Racers	2.52.17
130	274	Andy	Normandale	M	V50	York Acorn RC	2.54.04
131	69	Kieran	Carr	M	V60	Clayton	2.54.24
132	277	Mark	Nutter	M	V45	Clayton	2.54.31
133	350	Ian	Smallwood	M	V45	Acorn AC	2.54.37
134	379	Pete	Taylor	M	V45	Black Combe	2.54.43
135	410	Mike	Wallis	M	V50	Clayton	2.55.53
136	41	Pete	Booth	M	V55	Clayton	2.55.59
137	365	Dave	Stephenson	M	V45	Bingley	2.56.28
138	307	David	Ralphs	M	V45	Newburgh Nomads	2.56.37
139	320	Andrew	Roberts	M	V40	Congleton Harriers	2.56.40
140	224	Lisa	Lacon	F	LSen	Holmfirth	2.57.02
141	212	Robert	Johnson	M	V50	U/A	2.57.05
142	174	Andrew	Hirst	M	V50	Wharfedale	2.57.09
143	142	Robin	Gillespie	M	V40	Eden	2.57.12
144	226	Ian	Lancaster	M	V50	Tattenhall Runners	2.57.16
145	319	Greg	Rimmer	M	V45	Dark Peak	2.57.21
146	397	Jim	Trueman	M	V40	Pennine	2.57.23
147	414	Leigh	Warburton	M	V50	Bowland	2.57.26
148	78	Phil	Clayton	M	V40	U/A	2.57.29
149	169	Nick	Hewitt	M	V55	Bowland	2.57.35
150	98	Glen	Davies	M	V50	Mercia	2.57.41
151	225	Ned	Lammas	M	V40	Mercia	2.58.04
152	416	Michael	Wardle	M	V50	Calder Valley	2.58.10
153	328	Ben	Robson	M	V45	Dark Peak	2.58.20
154	77	Emma	Clayton	F	LSen	Scunthorpe & District	2.58.25
155	377	Dave	Tait	M	V60	Dark Peak	2.58.43
156	244	Graham	McAra	M	V55	Cheshire Hill Racers	2.58.46
157	178	Adam	Holloway	M	V45	U/A	2.58.57
158	72	Jon Paul	Challinor	M		Ambleside	2.59.01
159	3	John	Adair	M	V55	Holmfirth	2.59.10
160	34	Helen	Berry	F	LSen	Holmfirth	3.00.03
161	15	Simon	Bacsich	M	Sen	Dark Peak	3.00.22
162	70	Julie	Carter	F	LV45	CFR	3.00.31
163	92	Ian	Cowie	M	V50	Mercia	3.00.40
164	133	Anna	Forrest	F	LV40	Ambleside	3.01.00
165	249	Michael	McLoughlin	M	V55	Preston Harriers	3.01.12
166	295	Philip	Pearson	M	V50	Saltwell	3.01.55
167	290	Johnny	Parsons	M	Sen	Pudsey & Bramley	3.02.05
168	127	Natasha	Fellowes	F	LV40	Chorley	3.02.53
169	435	Holly	Williamson	F	LSen	Ilkley	3.02.54
170	388	John	Thompson	M	V40	Newburgh Nomads	3.03.17
171	161	Kelly	Harrison`	F	LSen	Ilkley	3.04.07
172	101	Heather	Dawe	F	LSen	Ilkley	3.05.15
173	441	Sue	Wood	F	LSen	Ambleside	3.08.13
174	280	Rory	O'Donnell	M	Sen	Eryri	3.08.33
175	349	Paul	Simpson	M	V40	Kendal	3.08.45
176	129	Andrew	Firth	M	V50	Clayton	3.08.51
177	27	Jim	Bell	M	V45	Dark Peak	3.10.02
178	187	David	Horrocks	M	V45	Clayton	3.10.16
179	113	Alison	Eagle	F	LV45	Ilkley	3.10.27
180	46	Peter	Bowles	M	Sen	Todmorden	3.10.31
181	267	Karen	Nash	F	LV45	Preston Harriers	3.10.34
182	287	Ian	Page	M	V45	KCAC	3.11.07

183	258 Tracey	Mitchell	F	LSen Clayton	3.11.47
184	107 Wendy	Dodds	F	LV55 Clayton	3.12.18
185	116 Barry	Edwards	M	V50 U/A	3.12.23
186	286 Bill	Oxley	M	Sen U/A	3.12.42
187	423 Tom	Westgate	M	V45 Dark Peak	3.12.44
188	141 David	Gill	M	V45 Denby Dale	3.12.48
189	294 James	Pearson	M	V45 Keswick	3.12.58
190	39 Simon	Bolton	M	V45 Cheshire Hill Racers	3.13.25
191	425 Jim	Wheldon	M	V55 Pudsey Pacers	3.13.38
192	221 Clare	Kenny	F	LV45 Calder Valley	3.14.02
193	381 John	Taylor	M	V60 Bowland	3.14.04
194	126 Martin	Farrar	M	V45 Skyrac	3.14.24
195	13 Paul	Atkinson	M	V40 U/A	3.14.28
196	146 Mark	Graham	M	V50 CFR	3.14.30
197	242 Sarah	Massey	F	LSen Bowland	3.15.36
198	94 Michael	Crook	M	V60 Horwich	3.15.46
199	175 Mark	Hobson	M	V50 Rochdale	3.15.59
200	185 Richard	Hopkinson	M	V60 Dark Peak	3.15.59
201	62 Stephen	Burthem	M	V45 Warrington AC	3.16.01
202	156 Richard	Hakes	M	Sen Dark Peak	3.16.05
203	7 Robyn	Anderson	F	LSen Preston Harriers	3.16.07
204	312 Tim	Ray	M	Sen Dark Peak	3.16.12
205	417 Steve	Wathall	M	V50 Retford AC	3.16.16
206	385 Robert	Taylor	M	V60 Pennine	3.16.18
207	80 Susan	Clough	F	LV40 Ambleside	3.16.22
208	67 Mhairi	Cameron	F	LSen Ambleside	3.16.26
209	353 Geoff	Smith	M	Sen Clayton	3.16.28
210	52 Kath	Brierly	F	LV45 Todmorden	3.16.42
211	177 Phil	Hodgson	M	V50 Todmorden	3.16.45
212	265 Andrew	Murray	M	Sen Keswick	3.16.50
213	372 Rod	Sutcliffe	M	V55 Calder Valley	3.17.03
214	137 Anthony	Fryer	M	Sen Valley Striders	3.17.06
215	47 Catherine	Bradley	F	LSen Wharfedale	3.17.15
216	84 Ian	Connell	M	V45 Clayton	3.17.40
217	166 Andrew	Hearle	M	V50 Mercia	3.17.44
218	160 Nick	Harris	M	V60 Rossendale	3.17.57
219	157 Kirsty	Hall	F	LSen Wharfedale	3.18.02
220	204 Rigby	Jerram	M	V45 Kendal	3.18.15
221	57 Tim	Brooks	M	V40 Calder Valley	3.18.19
222	424 Alison	Weston	F	LV40 Ilkley	3.19.22
223	192 Isaline	Hughes	F	LV40 Burnden RR	3.19.25
224	306 Jamie	Rackham	M	Sen CFR	3.19.47
225	237 Paul	Lydon	M	Sen Totley	3.19.58
226	355 Sharron	Smith	F	LSen Bingley	3.20.11
227	219 Anna	Kelly	F	LV45 Clayton	3.20.26
228	407 Peter	Walkington	M	V65 Horwich	3.22.06
229	171 Mike	Hind	M	V55 Borrowdale	3.22.33
230	227 Rachel	Lawrance	F	LSen Macclesfield Harriers	3.22.47
231	380 Jo	Taylor	F	LV45 Bowland	3.22.54
232	61 Susan	Burns	F	LV50 Clayton	3.22.57
233	154 Richard	Greenwood	M	V40 Calder Valley	3.23.14
234	343 Jon	Sharples	M	V50 Clayton	3.23.18
235	215 Ken	Jones	M	V60 Dark Peak	3.24.20
236	102 Graham	Dawson	M	V40 U/A	3.25.42
237	45 Dave	Bowen	M	V50 Pennine	3.25.43
238	66 Andrew	Callcott	M	V45 Borrowdale	3.25.56
239	344 Paul	Sharples	M	V50 Bingley	3.26.22
240	392 Dave	Till	M	V50 Helm Hill	3.26.33
241	358 Geoff	Somers	M	V55 Keswick	3.26.39
242	128 Peter	Ferris	M	V40 CFR	3.26.52
243	436 David	Wilson	M	V50 Todmorden	3.27.19
244	301 Christine	Preston	F	LV45 Todmorden	3.30.17

245	389	Katy Thompson	F	LV55 Clayton	3.30.26
246	63	Stephen Bury	M	V50 Clayton	3.31.20
247	123	Christopher Evans	M	Sen Ambleside	3.33.02
248	333	Nicki Rushton	F	LV40 Chorley Harriers	3.34.40
249	9	John Armstrong	M	V55 Rochdale	3.35.31
250	165	John Hazell	M	V50 U/A	3.38.38
251	348	Edwin Sherstone	M	V40 Southport Waterloo	3.39.01
252	335	Barbara Savage	F	LV45 Clayton	3.39.12
253	406	Geraldine Walkington	F	LV50 Horwich	3.40.17
254	402	Mark Vollans	M	V50 U/A	3.40.31
255	394	Paul Toman	M	V50 Clayton	3.41.41
256	170	Andrew Hicks	M	V55 West Yorks CDWA	3.42.49
257	190	Max Howard	M	V50 Retford AC	3.43.00
258	191	Ross Howard	M	V45 Dark Peak	3.43.10
259	210	David Johnson	M	V50 North Shields Poly	3.43.38
260	264	Linda Murgatroyd	F	LV40 Calder Valley	3.43.52
261	111	Lucy Dunn	F	LSen Keswick	3.44.00
262	437	Frank Wilson	M	V40 U/A	3.45.00
263	268	David Naylor	M	V50 Clayton	3.46.00
264	310	Dave Raward	M	V60 Ambleside	3.47.00
265	366	Jason Stevens	M	Sen Calder Valley	3.48.00
266	201	Peter Jagan	M	V60 Bingley	3.49.00
267	354	Michael Smith	M	V50 Bingley	3.49.30
268	48	Alison Bramall	F	LV50 Ambleside	3.50.00
269	299	Joanna Porter	F	LSen Calder Valley	3.50.20
270	235	Graham LLoyd	M	V45 Calder Valley	3.50.40
271	340	Britta Sendhoffer	F	LSen Ambleside	3.51.00
272	51	Alison Brentnall	F	LV55 Pennine	3.51.20
273	106	Stephen Dixon	M	V55 Valley Striders	3.51.40
274	269	Adrian Netherwood	M	V50 Bingley	3.52.00
275	420	Robert Webb	M	Sen Bingley	3.52.20
276	85	Paul Coope	M	V45 U/A	3.52.40
277	198	Paul Jackson	M	V40 Chorley	3.53.00
278	75	Christopher Clark	M	V55 Keswick	3.53.20
279	442	Tom Woodman	M	V40 Dartmoor Runners	3.53.40
280	49	Graham Breeze	M	V60 Ilkley	3.54.00
281	196	Thirza Hyde	F	LV50 Calder Valley	3.58.00
282	289	David Parke	M	V55 Scarborough AC	4.02.00
283	245	Ewan McCallum	M	V45 Liverpool Harriers	4.02.30
284	411	Martin Walsh	M	V60 Lytham St Annes	4.03.00
285	429	Martin Whitehead	M	V50 Calder Valley	4.03.50
286	395	Gail Tombs	F	LV55 Calder Valley	4.04.00
287	64	Graham Butcher	M	V50 Rochdale	4.04.30
288	419	Mary Green	F	LV50 Bingley	4.05.00
289	189	Lynda Howard	F	LV45 Retford AC	4.05.30
290	50	Alan Brentnall	M	V60 Pennine	4.06.00
291	271	John Nightingale	M	Sen U/A	4.06.30
292	145	Mandy Goth	F	LV45 Todmorden	4.07.00
293	138	Jim Fulton	M	V55 Dark Peak	4.07.30
294	323	Sue Roberts	F	LV45 Todmorden	4.08.00
295	368	Tony Steward	M	V55 Calder Valley	4.08.30
296	284	Kevin Otto	M	V50 Keswick	4.09.00
297	44	Colin Bostock	M	V50 Long Eaton RC	4.09.30
298	405	Trevor Wakenshaw	M	V40 Northumberland	4.10.00
299	378	Richard Tait	M	V55 Swaledale Outdoor	4.11.00
300	68	Roderick Campbell	M	V60 Staffordshire Moorlands	4.12.00
301	108	Keith Douglas	M	V50 Bowland	4.12.20
302	383	Karen Taylor	F	LV50 Rossendale	4.12.40
303	131	Stephen Firth	M	Sen Bingley	4.13.00
304	403	Bill Wade	M	V65 Holmfirth	4.13.20
305	132	Darren Foote	M	Sen Black Combe	4.13.40
306	76	Kim Clark	F	LV50 Keswick	4.14.00

307	11 Roger	Ashby	M	V65	Sale Harriers	4.24.00
308	96 Dave	Culpan	M	V45	Calder Valley	4.34.00
309	26 Brian	Belfield	M	V60	Staffordshire Moorlands	4.44.00
Ladies Team		1 Ambleside			1,4,12,17	34
		2 Ilkley			2,14,15,16	47
Mens Team		1 Pudsey & Bramley			2,4,9,11,13	39
		2 Borrowdale			1,8,12,14,20	55
		3 Dark Peak			6,7,16,19,21	69









